
**Survey Comment
Report**



**Centralia Correctional
Center 2023
MQPL Survey
Comments**

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Introduction

Centralia Correctional Center (Centralia) is a medium-security prison within the Illinois Department of Corrections (IDOC) that housed 1,142 people on March 27, 2023. Centralia houses the Prison Rehabilitation & Identity Sensitivity Mentorship Program (Prism), which is “designed for diverse individuals in custody who have historically been the targets of peer abuse or stigma based on their identity and others’ perceptions of their identity,” including transgender individuals. The John Howard Association of Illinois (JHA) conducted a modified short [Measuring the Quality of Prison Life](#) (MQPL) survey by providing enough survey packets (consisting of the [MQPL survey](#), an informed consent notice/instruction sheet, and a privileged mail prepaid business reply envelope addressed to JHA) so that every person incarcerated at Centralia had an opportunity to participate in the voluntary and anonymous survey if they chose to do so. JHA received 327 responses to the MQPL survey from people at Centralia through May 24, 2023, representing approximately 29% of the static population.

Below are the comments from the MQPL surveys for the open-ended survey questions followed by marginalia comments. Please note:

- All blank answers have been omitted
- Names and other personally identifying details have been redacted
- Spelling and grammar have been lightly edited for understanding and to account for possible transcriber typos

OPEN-ENDED SURVEY QUESTIONS

Q12. What are the most positive things about life in this prison?

1. Yard and gym, art class, yoga class, and school, but if you have time you can't get in school. They put people who are close to getting out priority over older people with time.
2. For me I find very little positive things about prison life.
3. The church bible study is extremely good to me and the Chaplain came bring the word of God with meaning.

4. Getting visits when you can, talking to loved ones when you can and getting in school or job to better your mind when they let you.
5. Some of the staff are respectful but not all.
6. Being able to come and go out of our cells from 8:00 am to 11:00 am + 12:00pm to 2:30pm, church. Warden **[REDACTED]** has concern for us! He actually reads letters and is compassionate.
7. The commissary is 100% better since "2021", we're not locked in the cells all day as other facilities, we have yard & or gym a few times a week even though we use to have yard & or gym everyday of the week "2021-2022". So you can almost always run into the "Asst warden/warden even though whatever problems you have still don't get solved
8. We're not confined to a cell all day as other prisons are, the commissary is pretty decent other than they run out of boxer briefs for bigger guy's
9. Keys to our own rooms.
10. There is a lot of movement, the commissary is OK, we're not locked down all day like other institutions.
11. For me, the longer I'm here, **[3+]** yrs now the more staff know me and respect me for my good behavior + work ethic.
12. The most positive thing would be knowing the past actions will not be a burden anymore other than having to parole and fines, stigma of being in prison with a record of a crime and having to find a menial job because of a criminal record.
13. groups of treatment, if you want them.
14. One of the most positive departments at the Centralia CC is the LTS Dept. LTS Workers **[NAME REDACTED]** & **[NAME REDACTED]** run and AMAZING amount of programs & employee IIC Workers who augment them are caring, supportive, and make sure that ALL IIC"s (Including those who are OFTEN bullied, marginalized, etc) are made to feel welcome and participate in the LTS Programs. Secondly Dietary Director **[REDACTED]** attempts to do MUCH with the little IDOC gives him.
15. shower one men
16. Hot shower
17. Nothing. you have to be a year away from your outdate to go to school for anything almost every interaction ends on a negative note. The mail room person/people like to open legal mail.
18. centralia correctional center has hot showers, single showers, key for cells
19. the amount of time outside the cell
20. My job.
21. The amount of time spent out of cell, school & work
22. Your not stuck in the cell all day or most of the day
23. The dayroom is fair.
24. My job.
25. Just keep your head down & move lightly...
26. My job.
27. The day you get to leave this prison
28. Chapel services. Inmates run most of the prison.

29. The food is not bad
30. Time out of cell is ample. Prison is clean. Staff is generally respectful.
31. It saved alot of people from themselves and others
32. That your breathing still & that you have an outdate other than that your fucked in here they do what they want...
33. The Prism program
34. Im happy to be able to go to library
35. Key to my cell; control of heater; separate sink and toilet; they sell a good hot pot and shaver; nice big yard
36. Im not in a cell all day
37. Access to the phone so we can stay in contact with our family and the time allowed outside of our cell.
38. Decent movement
39. I have a nice amount of time out of the cell being able to shower by myself, and time on the yard
40. Life in prison positive factor is God has a way improving us through pain
41. They haven't killed me yet like the guy at Mt. Sterling.
42. We are out of our cells most of the day. We have an ok number of yards and/or gyms. Property handles package delivery quickly. The prison is relatively safe compared to what I've heard about other prisons. Phone time is inexpensive. Body scanner for in-person visits. Good number of religious services. Free hygiene as scheduled
43. No bills/taxes, Dayroom
44. Yards—plenty of yards
45. The Prism program, but we have 3 bad staff members who make it hard on many of us unnecessarily. But I have time to work on self, in general pop—some houses have good staff who will work with you. It's usually other inmates who make things hard on ourselves.
46. My job
47. The church band and service are nice; Dayroom
48. Nothing I can think of. I know my positive thing is imma do better and geta good career. But nothing good about this prison.
49. The chance to review your charge take responsibility if wrong and make amends
50. You get 3 meals a day rather you like them or not.
51. Nothing in this prison
52. School opportunities and work-outs, fitness
53. You have a lot of time out of your cell
54. There are some good officers—some bad officers—and most are in the middle.
55. Nothing
56. Recreacion **[TRANSLATED FROM SPANISH: Recreation]**
57. nothing at all!!
58. You have ample amount of time to think and try to get your life together
59. The fact that I have an ADA assistant to help me w/parts of my disabilities
60. Nothing positive about being in prison with no programs!!!!

61. I am out of my cell more than I was in Pinckneyville
62. That you receive a lot of time out of your cell everyday!!!
63. The Chapel is good.
64. We're out all day, do our own laundry everyday, shower everyday. Staff are civilized, and even have manners! The inmates as tough as they'd like you to believe they are really don't wanna mess this up so for the most part its mostly just verbal altercations.
65. The positive things is the hours and time we are able to be outside of our cells on the regular and the good food.
66. It is not Menard C.C.
67. Good stuff in general
68. Church and yard and the plants and trees in and around the prison
69. Can't say due to the fact that what might be positive today, tomorrow, that same exact thing or situation is a negative!
70. You do get a lot of out the cell time. Dayroom runs almost all day. You have that luxury.
71. It gives you a chance to sit down & actually pay attention to my life & see where I went wrong & where I want to go in life & how much better I want for myself.
72. Survive and hope you don't get sick and look and think of why not to come back.
73. At times there are people that are concerned about you & your issues
74. food and commissary
75. The relationship I have built over the years with my Lord and Savior Jesus Christ, and the vocational skills I have accomplished in here.
76. N/A
77. There is ample amount of movement yard, gym, dayroom and so on.
78. We get a lot of dayroom time.
79. Nothing, except that it provides a roof over my head. There is no real structure or programs that individuals can utilize to truly rehabilitate themselves.
80. Get to go to yard, gym to get a piece of mind
81. ?
82. My job, it has separated me from negative things I was doing on the outside but not in a positive way
83. Gym & yard & Talking to my family.
84. Being able to work in the warehouse
85. yard time
86. To survive
87. Nothing
88. It offers life skills and opportunity for advancing.
89. Nothing no re-entry programs or groups or classes for people with real problems.
90. Commissary, mental health, physical well being
91. Green grass, no bars
92. They allow me to get in Magic the Gathering cards. Which consume large chunks of my day.
93. Time out of cell, and having a key

94. The only thing about Centralia Correctional Center is one day I will get out of this place.
95. One can continue to be a criminal and be "rewarded" for it. Here one, someone can rob, steal, rape, fight and kill or all of the above while the staff literally sleep in the bubble or turn a blind eye!
96. nothing at all ain't shit positive about being in jail
97. Time out of cell.
98. There are none here. I've been here for [2+] years trying to get a job or in a program and receive no response when I send a request!
99. Nothing
100. There is nothing positive about being in prison.
101. None
102. That one way or another I have an outdate and will be back with my family happy once again if not I will still keep hope to be out free with my loved ones.
103. Times for gym and yard. Library is nice.
104. You can really learn to understand yourself.
105. Phones, visit, yard
106. This is prison, its all about packing them in, no rehabilitation there is nothing positive about prison til that becomes what IDOC is about.
107. I have the opportunity to attend vocational school.
108. A lot of time out of the cell, and decent opportunity to be able to use the phone.
109. Recreation time. We need more here.
110. nothing at all
111. going to yard, video visit when they work, talking on the phone to loved ones
112. chapel service
113. I get a lot of time out of my room for dayroom.
114. video visit.
115. Family
116. it hurt to be and prison
117. It's nothing positive about been in prison.
118. out of the cell all day
119. I can use the phone. That's it!
120. Nothing
121. Nothing especially if your transgender
122. able to work
123. 2nd chance
124. that we can talk to our loved ones everyday because we out all day but other than that aint nothing positive about this place.
125. Time out of the cell. We get adequet movement
126. Church
127. None
128. You can basically get a shower anytime you want
129. Meeting a few other inmates and building relationships with them. They are people with feelings and goals as well.

130. Nothing really
131. Got me off the drugs for a bit.
132. We have our keys to our cells + can come + go
133. Nothing at all
134. N/A
135. Time out of the cell. Weekly commissary.
136. Is still a challenge I personally haven't seek or found.
137. phone time, yard time
138. Cable good, food good, shower hot
139. Your out all day
140. Lots of dayroom & yard... Lots of church, choir, band, music... Beautiful visiting room... It's clean, and quiet at night.
141. Nothing. There is nothing for me, no school, no good time, just sitting here dying slowly making the state money. I'm in my [15+] year and have [20+] years to go. Life with a number 4 class 1 feloneys.
142. Access to the dayroom.
143. There ain't none
144. Not being locked up all day.
145. Being out of the cell. Yards if you don't have a job.
146. We go to commissary every week. Staff doesn't go out go their way to harass us.
147. The opportunities that I've had to rehabilitate myself. 10 hrs out of the cell. Get to do laundry whenever your wanting to do laundry.
148. to me their is nothing positive about being here in this prison
149. school, work and we go to the yard & gym five times a week.
150. Nothing to say that is positive.
151. Aint shit!
152. Showers have hot water. Food is better than other prisons? No high walls like Stateville. Can see trees, grass ect. Cable is good. Could be better. Showers are single man!
153. Nothing.
154. Your out of your cell most of the day
155. Absolutely nothing
156. In my personal situation only chapel service, and the veteran's group are the most positive things. This is not saying much... they won't support the veterans group, and when I say they I mean the administration. You have at your disposal military veterans trained in a vast number of jobs that can benefit the institution or the community and you don't do anything with this resource of knowledge or skills is VALUE LOST!!!
157. I enjoy being here. I get along with others and they don't judge or mistreat me because of my crime. I have fun and love [IDENTIFYING DETAILS REDACTED]. It was a good idea for the prison to pay homage to the veterans.
158. nothing other than having family (if) you have family and a support system most of us don't.

159. Segregated, not that I'm prejudice its just easier to get along in the cell with your own race
160. Nothing it has no treatment for sex offenders and everybody treat each other like shit and always trying to get over on the next person.
161. Unlike most prisons **[ILLEGIBLE]**
162. I have an outdate
163. Single man showers
164. I only have **[3+]** years left.
165. i haven't killed myself yet lol
166. I have been given a single person cell status due to Covid related risk to my **[MEDICAL]** issues, but this status is conditioned on whether there is sufficient bed space to allow me to live alone.²⁴
167. Out of your cell—for over 8 hrs a day.
168. The amount of time I can spend outside of my cell.
169. Being around positive inmates + learning from them
170. It helps you be thankful for the smallest things like toothpaste or soap or TV or a book. I am now very humble and thankful for everything.
171. The time you get to reflect on yourself
172. Working, and being able to shop for commissary once a week.
173. out of cell time.
174. Other inmates help me to read better, other make sure I am not hungry.
175. Time allowed out of the cell is probably the best thing I have noticed at this facility especially considering peoples mental health state due to being in a cell constantly.
176. No positives in this prison for myself.
177. you get time off the drugs and alcohol to see what you really need 2 do with your life
178. Outside of cell time and availability of phones and video visits
179. Discipline, and hospitality
180. Time out of the cell
181. 1. Lots of time out of cells, 2. Single man showers, 3. Decent living areas
182. you can attend G.E.D or vocational classes if desired upon availability.
183. Not much positive.
184. Talking with my family. Family is the only way to feel positive.
185. Mental health, some school credits
186. Dayroom time out of cell...
187. N/A
188. Change your life
189. out of your cell 10 and a half hours a day, you will be able to get on the phone without having to fight over it, you have keys to your own cell and able to go in and out as you please, you know what to expect from security staff
190. Dayroom time.
191. The fact that I have a key to my cell door. And can keep the ones out that I feel may be a danger to me.
192. I got more time out of the cell in the dayroom.
193. None at all.

194. I am out all day
195. life in prison is NOT positive
196. Everyday is one closer to release! The opportunity to speak with my son on the phone when the service provider is working correctly.
197. That you can get good time
198. Waking up each day and being able to call family and etc,
199. The out of cell time.
200. I have a key to my cell. I get a lot of time out of my cell and a lot of rec time.
201. Well the most positive thing to me is that I get to go to chapel service and get to sing with a live band and other guys.
202. N/A
203. there isn't anything positive about this prison
204. Being able to talk on phone to loved ones. And getting a chance to breath fresh outside air...
205. Adequate dayroom time. Fair quality food.
206. It's a "key joint". I can lock my cell when I leave and not worry too much about theft. Food is good, just sometimes not enough of it. Understanding C/Os. They are quick to move troublemakers.
207. To better your self suppost to be
208. Nothing!!!
209. Key to your own cell. Option to be out of your cell most of the day. Having an industry job.
210. A lot of dayroom time
211. When I find something positive, then we "as a people" draw from it positive force. Anyone or thing, place or person that "restricts" an elevation of knowledge, wisdom, or understanding (is negative).
212. Counseling, schools, library, jobs, chapel, bible studies
213. they try to help you if they see that your trying to help yourself perform better acts.
214. Food & shower
215. there is no positive things here in this prison, is a one way prison is a no way out transfer until your outdate
216. I'm not caged inside my cell all day like a gaged animal
217. We are able to enjoy rec time more than most prisons. We have several LTS activities we can participate in. Commissary is getting better at staying stocked with items we need.
218. Well, I'm SMI and indigent. I finally got a TV state loan.
219. The sense of trust you are given. You get a key!
220. The outside
221. Showers and phone daily
222. your outdate
223. Its easy to stay to yourself—peace of mind and stay out of trouble.
224. NONE.
225. We have a little more freedom than other med. security prisons. A lesser of 2 evils.
226. Keys to cell + time outside cells. Access to yard, gym & other activities.

227. Opportunity to work or go to school.
228. inmates help each other
229. I am out of my cell all day if I want to be. I got a key to my cell.
230. The most positive thing about life in this prison is getting to church. That's it!
231. Having a faith group
232. Cant say need more good time credit options
233. There is nothing positive about Centralia the staff run it as a slave camp.
234. Yard, Gym
235. Dayroom all day.
236. Treated as a human
237. nothing positive about centrila
238. Their not much here but as a trans-person going to yard and church
239. Nothing
240. You get 3 meals a day and a roof over your head.
241. You get time out of your cell but little else is positive!
242. Relatively clean facility. Prompt (if makeshift) responses to maintenance needs.
243. Near to none, due to the fact that someone like me who is Gay with [20+] years at 100% can't getting into any programs.
244. you just being strong personally, physically, & mentally leaving it up to God
245. nothing.
246. Going to chapel multiple time a week for the positive treatment + sermons, especially to get away from all the caos of the housing unit! The chaplain seems to be the only person that cares
247. What kind of liberal, sheltered, pussy ass question is that? Just think, some worthless institution gave you morons paper degrees that means exactly Dick in Reality! Positive. Please do the world a favor and kill yourself.
248. There are none that I know of. Only for certain people!
249. The vocational programs, but there are only a couple going.
250. Talking to family on the outside for positive info
251. Very little time locked in cells
252. "Nothing"
253. Vocational school. Recreation.
254. Nothing, you have to be a suck up to get thing done
255. There are a few programs here that can help someone to better their life upon release!
256. Out your cell, yard. your look upon as cattle. Move them in and out. Your live stock to them. Out your cell, yard, chow, or pass call. It's all I look forward to.
257. Hot shower. Library
258. Nothing
259. 12 hours of cell daily!
260. None
261. Nothing—a warden under investigation for stealing.
262. KASKASKIA Vocational programs offered in this facility. Although these programs only extend to the few individuals who meet certain criteria, these programs are the

- most positive or beneficial part of this facility. More programs through this college should be offered and unfair discriminative criteria should be eliminated.
263. The officers here listen to concerns/problems that individuals have, and actually make attempts to help. The same cannot be said about remaining staff.
264. That we are out of our cells for 5 hrs a shift
265. No bills
266. Decent amount of time out of our cells
267. The time out of cells, and you can get jobs
268. Do my time and go home
269. They came up with a housing unit for those elderly & those with disabilities disorders!
270. I am RESPECTED who I am.
271. The movement.
272. Art work, which we cannot do at this prison as available art materials on commissary are for grade school children not artist.
273. Out the cell alot.
274. I would say that your not lock in a cell all day.
275. Staying clean from drugs, getting my mind back
276. 3 meals
277. Your out of the cell all day
278. None!!
279. Nothing
280. My most positive thing about my current life in prison is Ive taken the time to reflect.
281. None
282. Very few but some staff are good people. Theres not very much good things to say about this place. Even if I'm right im wrong theres no win here when staffs wrong there right even if you can show them with there rules im still wrong.
283. Focusing on changing only for yourself, because here at Centralia you are on your own.
284. The time out of cells. And if you want a job you can get one
285. 1. I have time to sit back and plan the life ahead of me after release, 2. Ive had the chance to workout and better my body and mind
286. Nothing, just going home
287. I'm learning from my mistakes
288. Nothing, rather you need help or not they try putting you on some kind of meds. They pick and choose who get into classes, rather if they need the contracts to go home sooner. They'll give it to one that doesn't get good time.
289. Nothing
290. Nothing
291. Nothing!

Q13. What are the most negative things about life in this prison?

1. The food is of the lowest quality full of starch and sodium old bread and low grade vegetables. Washers and dryers often breakdown and are out of the house for weeks, months. The ventilation is of poor quality.
2. The racist C/O's, the racist administration, how they treat Black men at Centralia C.C. The racist ARB no matter the grievance they always find reasons to deny, ignore or solve the problem even its medical.
3. the food; the telephone gangsters; the way the officers will curse at a grown man and the sergeants and Lieutenants will laugh at it. White officers call us Bud that means Boy!!!
4. How they treat us like we're not human, they take their authority to the extreme. They talk to us crazy and if we talk back we get in trouble. You cant go to the white shirts or wardens about any problem because the C/O's are always right.
5. The staff the way the officers, C/O's, LT's talk to you treat you like garbage
6. Staff uses people a lot here. There are not equal application of punishments. There are a lot of empty classrooms here not being utilized! Besides ABE, GED, Career Tech, Warehousing, Building Occupations there is nothing. The medical care here is the worse I've seen.
7. There are a lack of programs to rehabilitate someone re-entering society, the counselors don't like there job, they just started giving out or at least saying they're doing double, contracts but still haven't heard about anyone receiving one.
8. No programs, the counselors are lazy, there are really no job's. well not enough jobs because there are a lot of unassigned individuals verses working.
9. Doctors, employment, opportunities, commissary, phones are limited, limited education, substance abuse help/programs, programs in general.
10. there is not enough programs here especially rehabilitating programs, there isn't enough jobs, some of the maintenance supervisors don't do the job they get paid to do putting band aids when it requires surgery.
11. Staff members who make their job about making life harder for incarcerated people, instigating negative behavior. It's pretty sickening to observe the behavior of a couple of the Lt's here. The quality of the food being served. Lack of concern from the food supervisors who do not supervise how the food is prepared.
12. The most negative thing about prison life is seeing people have an opportunity of 50% of there time done, where 85% can no longer get credit for any self help like working, school, classes when credit (earned) is exhausted giving a sense of what's the point to continue to do anything other than doing time and losing ones sense of betterment, and feeling like a lost cause.
13. you have to deal with stupid people, that attack.
14. The HCU here is nothing more than a joke. They are in CONSTANT non-compliance with the Lippert Federal Lawsuit daily showing Deliberate Indifference save a few

- Travel Nurse's who of course were not renewed because they cut their pay. I was **[MEDICAL DETAILS REDACTED]** & told to go back to my cell with Pepto Bismal. Finally one Travel RN & a Female Sgt overrode them sending me via ambulance to the ER where I was admitted for **[SEVERAL]** days **[MEDICAL DETAILS REDACTED]**
15. HCU; to men cell small
 16. cell to small for two people. no doctors that help or care about us think we are all liars
 17. Being forced to live with another man, be around people who refuse to change. All the loud yelling certain individuals do along with walking around with their butt cheeks hanging out and touching themselves all day because it's "gangster". The mental health is a joke they ask the same stupid 5 questions every time and rush through as if they don't care because they don't.
 18. cells are to small for two people. Fights happen a lot. Health care is no good. single cell permit's from other prison not honored at centralia C.C. Nor are lower bunk permits honored. "people over 60 should not be on top" bunk!
 19. Healthcare is lacking. Chow food is bad. In order to go to a class I have to be 2 years to my outdate of **[DATE REDACTED, 8+ YRS]**
 20. Food, school, yard, — TV
 21. Food really sucks, not Healthy. Easy to become a diabetic.
 22. Being 5 hrs away from my family.
 23. Healthcare is terrible. No doctor to Help people. Not enough phone per wing. Control and bullying stems from this. C grade house creates a den of dangerous thieves and is a hazard zone.
 24. Healthcare. you are just a number.
 25. Staff abusing power & treating us as if all of us did something when clearly we have done nothing... & playing with mail taking photos from loved ones for there own selfish fetish
 26. very little yard, food.
 27. The staff treatment, the counselors are useless for anything
 28. Washing + dryer machines on unit are always broke. We went three months without a washer.
 29. Food is awful, supervisors don't care about quality of food
 30. Programs are for short times only, which means rehabilitation isn't real. Healthcare is a joke, people with real problems will likely DIE.
 31. The dietary department, the commissary is lacking in clothing and bedding, the in person visiting is very difficult to deal with.
 32. Slave labor
 33. They feel as if they can do what they want...
 34. No doctors, the staff stays on the unit for more than 90 days, staff is argumentative
 35. I can never get on phone, the food makes me throw up, and I'm on suicide watch in the same wing
 36. Top bunk gets a tiny shelf and has to put their towel and clothes on hooks over the toilet; I never feel safe, and I feel that placement consistently puts me in harms way. I

- follow all the rules but I'm always in a high aggression house. When I get in a good spot I get moved to a bad one quickly. The cell windows are WAY too long! People can easily see you if you don't cover at least half of it (when on toilet). I rarely get a chance to use the phone. Water is always hot as hell in the summer and cold, luke warm in the winter. They do this at every prison! LGBTQ+ inmates and sex offenders are treated badly by staff and inmates that know about them. Walking to breakfast at 5:30am! Mail getting returned a lot because of a foreign substance. I lost 3 magazines that way! Stuff I paid for that probably got rained on.
37. no programs
 38. There is no Substance Abuse program here and they don't allow us to double contract where we can earn good time at either working 2 jobs or working and going to school at the same time like you can at other prison's here in Illinois. So, it keeps us in prison longer, here in Centralia Correctional Center
 39. The way some staff act toward us
 40. Very few programs
 41. equal rights, for single cells, programs, commissary, and medical.
 42. You can become worse if you don't get help
 43. Can't count that High.
 44. Not enough programming for a facility housing all security levels (and therefore time left varies) all of the education programs are for "short timers." All programs have a waiting list and your place on the list is affected by your outdate. The non-GED track courses here are vocational; there are no college-level courses even though Kaskaskia College is nearby. Phones are mostly run by gangs, cliques. Commissary items are variably in stock. Communication is poor: all notices are not posted in the same place. No Wi-Fi in cells. Tablets are expensive to use and services poor quality. Mail is inconsistent. Low-level cable package and/or no mainstream streaming. Short in-person visits.
 45. How it's run, food, need bigger serving, need cleaning supply to be available to inmates, C/O's or staff need to communicate better & better channels & movies.
 46. Cell placement! These cells at Centralia Corr. have unanchored beds that can be flipped by cellies. Cells are logistically a nightmare for 2 people to get along with each other. Staff is unprofessional at their logic of placing cellies together in a safe manner.
 47. For the transgender female who are developed (all of us) still get treated as if we are male. (Example: Logan is a female prison who used to house both cisgendered males and females—so to now still treat us trans girls as males (have to still be housed as males in a male-only prison—shows we are still looked upon as males (please) note I said trans females that are developed—so at what point do we get be treated as the women we are?
 48. Other inmates who are inconsiderate of other inmates
 49. Mental health, counselors, healthcare are unreal and don't help anybody especially mental health. Prison should take this more serious than mental health in society, but it's not
 50. Medical, commissary, programs

51. Vultures. A system that is always right. Lack of an ability to contact your loved ones if you don't have one
52. No doctor on staff here. I'm a diabetic and ain't had or seen a doctor in over a year for my diabetes!
53. All the inmates are on drugs, staff treats everyone bad but the ones they favor, people are getting robbed for commissary, Inmates have shanks.
54. Being treated like less than human. We are treated like cattle.
55. Medical treatment, the staff & how they treat you, the LTs refuse to show of new movies, if you have over 5 years you can't get in school, you have to work for I/A telling on people in order to get a good job and the over charge you for items in commissary and the list goes on.
56. Several correctional officers find time to sleep especially during 1st shift (7am - 3 pm). Some officers tend to let the inmate (cell house porters) dictate the pace in the unit.
57. gangs
58. Super mal organizados en servicios y programas que tenemos derechos.
[TRANSLATED FROM SPANISH: Super poorly organized in services and programs that we have rights to.]
59. not talk to your family
60. Being in prison
61. The fact that staff intentionally misread my medical permits in order to treat me in a more restrictive and humiliating manner than is necessary and use those clear intentional misreadings of medical permits to punish me and limit my contact with my outside support and limit my ability to go to commissary and have put a stop to my ability to access any manner of exercise or rehabilitation
62. Staff treating me as a number/rapist! Staff are bias! Not enough phones! Not enough reentry programs! Not enough second chance programs! Wardens don't amend Major LTs **[ILLEGIBLE]** C/O when they are in the wrong.
63. You never know on who to trust
64. The dietary food and service is horrible and the food lacks nutrition... There are not enough job, schooling, and or program opportunities available here for the individuals in custody to participate in that will help and encourage rehabilitation amongst the prisoner population... which also help individuals in custody gain good time sentence credits that will lead to their early release from prison...
65. They have not enough programs here (vocation/groups). They treat the LGBTQ+ community with higher priority than the rest of us cisgendered individual. The commissary though frequent is subpar on a good day.
66. Legit I can't get into any school program, or rehabilitative program, because my M.S.R. date is **[10+ YEARS]** away. I'm on the wait list for Kaskaskia College Warehouse Distribution course, but Centralia is letting ANYONE with a M.S.R. date 5 years or under, sign up and get in for the very next starting class... My O.R.A.S. case plan calls for participation in anger management, and other social rehabilitative courses but even those are assigned by M.S.R. dates...

67. The negative is the way staff disrespect us by telling us to "shut the fuck up and get in line" or when they say thing like that and someone responds the automatically ask for your I.D. so they can write a ticket. Also every time a major ticket is written it's automatic C-Grade unless your a snitch. The C-Grade dorm is dangerous because there is groups of guys who rob people coming in and staff know and joke about it. This prison is enforcing pre-covid rules that take from us but none of the positive ones to help us. Also I have a lot of time and cannot get a job or get in school. Also phone access is a problem.
68. We are given 3-5 min. to eat our meals. The dietary does not have enough cups, often we must swallow our food without chewing and without cups of water this is difficult. Housing units have washing machines and or dryers that do not work causing us to hand wash. "Compliance checks" at 7:30am, when the rule book says as long as I am in my room I can have all my stuff out.
69. Commissary
70. Bullies. Staff could be more humble. Especially when don't do much. I have to ask a person in prison can I use the phone to call my mom
71. Visits! Video & in-person! The mail. Letters and especially photo's are almost always sent back because of some arcane or arbitrary reason! Why should I not be allowed photo's of my spouse but allow grown men to wear panties, bras, & make-up!?!
72. There are no programs for people with a lot of time (I have **[20+]** yrs left) and I can't go to school. 2nd would be phone access to call family, so many people, not enough phones.
73. Fighting, paranoia, safety from staff & not being cared for the way we're suppose to.
74. Staff they don't know how to speak to you. And cant go to school unless your short or get good time under 85%.
75. they don't take your request into consideration & sometimes never get back to you.
76. Staff and lieutenant **[NAME REDACTED]**.
77. Dealing with individuals who are constantly loud and obnoxious, and the negative talk that is spoken, as well as some mischief and manipulation done by some.
78. The healthcare is bad. It takes 5 plus months to see a doctor for anything, like meds renewed + basic treatment + meds. The rooms are made for two people but the space is so small it should only be one person per room. No air conditioning. Dayrooms to small.
79. Medical treatment + healthcare nobody listens to your problems or follows up on anything!!
80. Bully treatment by the officers, LT's!
81. The Warden **[NAME REDACTED]** and his staff are slack in their duties, and in their following Department Operations Manual Policies implemented by Springfield (I.D.O.C.'s main office). And are guilty of violating this facilitys security protocols.
82. We have to fight the gang member who run the phone
83. Racist staff, "Compliance Checks" are used as a tool of oppression not safety. They make a game of who gets the most tickets, confiscating Lieutenants are behind it and command staff support it. Snitches/C.I.'s are given power over others and abuse

- it. Inmate benefit fund is misused (I.e. Cable channels—gym, yard equipment)
Healthcare sucks!!!
84. I can not receive any medical treatment I've been waiting for 6 months to see a doctor, I am **[MEDICAL DETAILS REDACTED]** and cannot get any accommodation despite multiple grievances, request slips, and conversations with staff, the phones are controlled by the inmates. I don't get to call my kids and family
 85. everything almost
 86. No help for Release i.e. 1/2way house etc.
 87. Phones, 0 phone calls on restrictive housing or "C' Grade. People have right to 1 or two phone calls a month. Treated terrible by staff. No opportunities to earn good time like other prisons in IL. Medical treatment! **[ILLEGIBLE]**
 88. The staff
 89. Fights, drugs, harmful treatment.
 90. Receiving good time
 91. 2 month restriction, 1 month C grade, 1 month restricted housing, 1 month B grade, 4 calls 2 months
 92. Idk
 93. The sagging beds are killing my back. I have clausterphobia and no one cares. People smoke sometimes at lockup and it floods my room through the vents and I cant escape it.
 94. Very poor choices at Commissary, due to Springfields stranglehold on all prisons commissary choices.
 95. Staff conduct, food, deligation, of commissarys and rules
 96. The C-grade house is the most negative and how staff treat us like animals not people.
 97. Here they offer no programs, schooling or job. It's a huge warehouse and free, easy money for the staff.
 98. the officer & the way they treat people in jail.
 99. Medical Treatment
 100. No programs, no art, no art supplies, no domestic program, no drug program, nothing terrible
 101. Healthcare
 102. The negative things about prison are food, Healthcare and commissary. The food is prepared by people that can't cook. You cannot see a doctor if you are ill, because there is not a regular doctor here. Commissary items are over-priced and low quality.
 103. work release availability. Good time opportunity
 104. Healthcare. Being able to work for a fair wage. Staff treat inmates poorly.
 105. Alot mostly the way the system is set up for us to fail and we have to do a lot of hoping and fighting for our rights in here it is hard if you have no support or hope for the future and the help here is hard to find!
 106. Doctors are not present but once every few months and when they are they're not very helpful. There needs to be more phones due to there are only 4 phone for 48 people. There is only one washer for 2 wings or 48 people.
 107. Gangs and the drugs people can get.

108. Warden & staff, Healthcare, GTL Services & Wi-Fi, commissary, housing units, no A/C for summer heat.
109. they don't let you work for 60-90 days, then they interfere with your ability to get good time, state pay is not enough to survive on because the prices are too high at commissary, tablets should be free to everyone, not just those who spend their drug money
110. No help from staff about any situation and hand. If you call for a superior officer you have to argue and yell at staff to get it accomplished.
111. Getting to start working a job or going to school right away. Sometimes waiting for up to 90 days before being assigned.
112. Stress, Staff treatment
113. Nothing here helps me rehabilitate. I have been here for **[3+]** years and haven't gotten my GED nor any programs.
114. everything you have to be connected to get something
115. Healthcare here is terrible! You won't see a doctor for months or sometimes years because this place has no doctor. Staff here only know escalation tactics. No de-escalation is ever used here. They talk crazy to us then play the victim when you respond back. All of staff here is family so retaliation is what they use when you report them.
116. can't get into schooling or education and very hard to get a job
117. Lack of programs and classes for people who are not close to their MSR date. Also, they will not give people who are incarcerated for sexual offenses who can earn good time the chance to get industry jobs. The healthcare is horrible here. It takes 3-4 months to see a doctor and I have not had a chronic clinic for diabetes in **[10+]** months, commissary runs out of items all the time and there is a lack of choices. more yard opportunities would be nice too.
118. not enough programs for 85% so they could have a chance of getting home to their love ones
119. some mistakes
120. nxo
121. is not being able to be around your family and live life have you want to.
122. food, commissary, programs, schooling
123. Drugs, gangs, bad cellmates, deviders in the visit room, the C/Os are bullies. Plane and simple
124. no overnight visit
125. That the staff here feel like they can talk to you and treat you any kind of way they want mispronouncing LGBTQ+ community and they do this all of this because they want you to put your hands on them so they can get paid upgrade in rank time off work better truck better house
126. That first time offenders no matter the charges can't even earn good time credit but repeat offenders can
127. the staff here don't care about anything but making our life a living hell.
128. the medical situation. I have been having stomach pain and gotten no help then dr. **[NAME REDACTED]** sit and make jokes about my health.

129. Staff just don't care & inmates act like animals—well some of them
130. there's too much racism people and very disrespectful type of supervisors including LTS (white shirt)
131. 1. If you violate rules you are put in a wing where you will be robbed or physically abused by roaming gangs. 2. Alleged compliance checks at 7:30am when your in the cell. 3. Food.
132. Communication, there is very little. I need to speak with clinical services or field services and they refuse. They will only do it by mail, never face to face so one can ask questions. Also, as one who has a sex case, I am discriminated against on daily, by no opportunities for good time or certain jobs that all other **[ILLEGIBLE]** get, even murder cases can get good time here, but I cannot.
133. the adjustment committee, the disrespectful C/O's . No phone calls at all on C grade
134. Taken away from my family.
135. New rules every time we have a new warden. They have dumbbells in the gym, but they wont let inmates use them
136. Treatment by staff + warden
137. this prison is so misguided healthcare is extremely messed up it takes 3-4 month to see a doctor because they are always backed up by 3-4 months. I am under the Monroe v. Jeffreys lawsuit + have a lot of discrimination or harassment by office among other things
138. Degrading treatment by LT's. Plexiglass barriers in visitation room. Food C/O's wouldn't give to their dogs, being served to incarcerated people. Can only get in schools if you're about to go home. Not allowing me any college education.
139. Distance from family, visitations. Being hurt, create anger against society and system.
140. Not enough yard, gym
141. HCU not good, No doctor that cares. 2 men in 1 cell Not good, Fights all the time. No good time for 85% sentences.
142. that you be pick on by officers, because there having a bad day
143. If you are a lifer (like me) job options or programs are not available to us. You can't pick you own room-mate. There are not enough telephones...
144. Medical, being made to suffer in pain even after surgeries, because nothing is given for pain. No schooling, poor food, commissary is very poor. I went to nurse sick call **[DATE REDACTED]** to see the doctor and today is **[DATE REDACTED, 4+ MONTHS LATER]** and I have still not seen a doctor.
145. No doctor on staff in the facility. No programs, assignments for people with a lot of time. Staff allowed to let the cultural beliefs influence their job. No higher education for anyone, especially for people with a lot of time. There is no windows, or air in segregation. Plus, we are not allowed to have a fan.
146. The way we are treated. The way we are talked to. It is hard to get things done. No **[DOCTER]** here a long time to see a Doc.
147. Not having anything to do all day. The poor treatment from staff members. Particularly in North 5 house on the 7am to 3pm shift.

148. Not enough schooling. Not enough stuff at store. Not enough yard for workers. The food is not that good. No A/C in the summer.
149. They employ the use of “fear treatment” PRF devices illegally from the company uniguard.inc to suggest and control behavior. Phone # on device cover is **[NUMBER REDACTED]** I had them research by family to discover what they were—phone call recorded around **[DATE REDACTED]**
150. Not a good place for Transgenders because IDOC likes to give Transgender cellmates. Transgenders get harassed by other inmates.
151. Everything, Healthcare
152. For the staff to treat us like human being, we get treated like animals by some of the staff.
153. They never respond to your request & you can never speak to a staff member in person to get help or questions answered. They withhold your mail from the outside from your support system. They don’t approve visiting & phone list to keep in contact with you loved ones. They don’t approve your messages on the tablets so you don’t get you messages for a week. It makes it impossible to stay in contact with your loved ones. They don’t allow loved ones to bring in book during visits either. Which isn’t right.
154. Aint shit!
155. Two man cells to small! Living with a stranger! Forced to live with someone you would not!! Healthcare unit and doctor’s do not do their jobs. Worst healthcare in IDOC. LTS department let’s movie requests vanish. LTS Dept needs to show newer movies on institutional channel.
156. Too many to write about at this time.
157. The way staff talks to you
158. How prisoner are beening racial profiled
159. The fact that the administration has archaic and draconic rules that contradict IDOC Deptmental Goals to offer everyone the opportunity for self enhancement. Because, I’m a sex offender, I can’t work in industry or other positions, which I understand the argument for the female staff... The solution get rid of female staff! Hooters don’t have male waiters... no excuse! Stupid not every sex offender is a serial rapist and offends at every change he/she gets.
160. Inmates are still cheeking there meds for the inmates. Inmates are smoking in their cells and as a result the smoke gets in the vents and into other cells that don’t do drugs. I have to spray incense to get the stink out.
161. The food, how we are talked to and treated, the commissary, the good time, lack of programs, on c grade no contact with family at all no calls, racist C/O’s hating any other color but white people, showing favoritism to certain people and much much more wrongful things.
162. Cable, compliance checks, rude and loud young people
163. Everything that involves fair treatment or understandment or peoples rights cause were still people living human beings that have rights and feeling’s and deserve to be treated right
164. Medical care is very slow.

165. Not organized & not fair
166. cells are too small, causing fights with cellies, healthcare unit needs new doctors who care about prisoners health care needs
167. Staff, healthcare, dietary food. I have had a **[MEDICAL DETAILS REDACTED]** for over a year. I have been sent to hospital **[2+]x** I cant get surgery due to I'm not paying for it!
168. trannys get all the good time
169. There are not nearly enough telephones to accommodate everyone & staff allow inmates to control who uses the phones and when. This causes the most conflicts and fights in this prison.
170. the C/O's talk disrespectful—not all C/O but most Lt.
171. Lack of programs, difficulty getting in programs. Commissary variety, counselors dont help as should, transfers.
172. bullying, rape, rumors, not being able to make real life changing money for yourself or family
173. gangs run the phones the C/O's don't care, people bully me and it doesn't stop I never get to call home
174. commissary (little to no consistent choices, unreal price hikes, poor quality clothing) state pay (\$9-\$13 a month), horrible healthcare and mental health services and quality, no full understanding of officers behavior limits, rules and the channels for filling a grievance.
175. Staff, program, and inmates
176. Air quality in housing units, medical care, recreation for workers, administration.
177. They won't let me go to school to learn to read. Rules change every day.
178. Pettyness in certain situations.
179. I am denied mail, outgoing calls to family, my money is being stolen and messages are being deleted, visits are being denied constantly! (Staff has this control!)
180. being away from kids
181. The gangs run the phone lines and washer & dryers. and drills new comers on were there from and who they gang with
182. food and educational programs qualities
183. Security classification has changed
184. 1. Very few programs. 2. Horrible picks of movies. 3. Small selection of TV channels.
185. some staff members are racist, bias and will express it verbally as well as physically.
186. Lack of programs to rehabilitate. They feed you diabetes on a tray, also they go off calorie count (which isn't met) instead of nutrients in the food you need. It's like pulling teeth to get accurate info & get things done, usually the counselors & grievance officials lie to protect each other. They give trans offenders special treatment, while gen pop gets shafted, they don't meet their DEI mission.
187. Not being able to go to school. And ways to rehabilitate your self.
188. Staff, food, transfers
189. Pill line, having to walk 2 city blocks in rain, snow, cold and wait in line in weather.
190. Extreme prejudice, anxiety, stress, depression
191. bad people sometime

192. The extra open environment. People able to go in and out of each others cell for sexual reasons. commissary could be much better. The hierarchy among inmates can choose who is a porter and what not regardless of what staff say
193. When request a cell change cant get one through Placement.
194. The fact that you can't see a doctor, and the fact that when you do, your treated as just a complaining person or someone thats just trying to get drugs. After time your just a nocents. the fact that they put all one type of gangs in a house which give them numbers to control things like weights, phone, tables for cards, line movement, washer & dryers. Deliveries of toilet paper, soaps etc.
195. Not enough time for the phones, I'm far from my family, and the C/O's are assholes.
196. Poor help, you cant get anything done, wardens department heads walk around every two months asking for help/suggestions and they don't help us.
197. The prison
198. Nearly impossible to get answers, help with life outside of here when released and impossible to get things done timely
199. Lack of; healthcare expediency, availability, resources for programs, education, EDSC, SSC, DC, job opportunities, multiple contract programs... ect...
200. That 85% cannot get nothing no good time or nothing not even if where trying to change
201. The administration will lie, falsify documents and cover up illegal and illicit violation of our civil rights on a daily basis. Having **[NAME REDACTED]** as a warden or CAO at this facility.
202. They need to crack down on the drug in here
203. Medical!!!!
204. Commissary is terrible at keeping things in stock and only gets the lowest quality items. Healthcare is so backed up you wait months to see Dr. for serious issues.
205. you case is talked about here
206. N/A
207. that if you are black, you get nothing. The only people that get it all is transgenders, white, and Latino inmates.
208. Waiting so long to get good time going...
209. No air conditioning in the summer. Only small 6" fans available at commissary. No shorts or athlete shirts available for purchase at commissary. C-grade house is a terrible place with robberies and shanks.
210. Limited options for commissary and they run out of things. Limited options for TV channels. Angry C/O's. Does not offer the classes or programs I need.
211. good time & jobs
212. They put you in cells with people who puts you at risk of trouble and make you walk you're self you get in trouble anyway.
213. No yard for workers! Spending money through inmate benefit fund and not getting what we paid for. No decent healthcare! Being forced to buy cheapest and worst items on commissary. Admin. employees. Constantly being punished for things I am not associated with or have anything to do with.
214. Everything else especially the healthcare and commissary

215. "White" is right even when shown "to be wrong." How do a people, identify with someone other than his or her kind? This is century's of an "inferior" conditioning. "That is the negative!"
216. Healthcare is slow, we dont have regular doctors, we are not getting food in 4oz portions as required, and we leave just as hungry as we came in. Foods are overcooked or burnt.
217. the way the officers talk to inmates when trying to get things done.
218. healthcare
219. Very unfair treatment, based on sentence % and charges people with sex cases are being discriminated, no good jobs opportunities nor good time for good behavior is taking in consideration
220. Being far away from my love ones and not given more opportunities to reach out to them more
221. The way the phones are utilized by inmates, guys being on the phone for 40-50 mins at a time. The way some officers speak to incarcerated people.
222. Healthcare, Staff needs to get on the same page
223. The drug use and smoking is too much
224. Administration treats offenders as if there is no redeeming qualities. Charges 20 and 30 years old are used against offenders as if their the same person today.
225. Staff conduct
226. unsavory food, poor health and eye care, unacceptable commissary.
227. They play race cards they say they don't mix races + they put any one in the cell with you wich creates more chaos + termoil rather than peace
228. Food, YARD
229. When you are right you are still wrong.
230. You cant get anything done, when you ask about something they never know anything. To see a doctor it takes at the least 2 months.
231. Dealing with medical staff and individuals in custody that work for internal affairs that are allowed to lie, cheat, steal and undermine the authority of staff members security/non-security, so much so that these individuals pose a threat to the institution in part + as a whole.
232. Lack of programs to help, guide and teach long term re-insection in work environment. computer skills, etc.
233. Poor medical service, poor food service
234. No services. I am **[MEDICAL DETAILS REDACTED]** No help or permits nothing. Total discrimination
235. Staff is always trying to degrade individuals in custody. Medical Staff has no care or concern for urgency or consistency. It is difficult to get job assignments unless you are buddy buddy with C/O. No one ever has any answers or solutions to questions or problems.
236. The most negatives about life in this prison are the staff who show favoritism to certain inmates. Theres a whole lot of passing the buck by staff can't get the answers you need getting ignored for employment and school. This place is NOT fair at all.
237. Bias, prejudice, discrimination, racism

238. People are put in danger at the C grade house that are good people like me. Example this **[NAME REDACTED]** guy tries to rape people like I seen someone else get raped, not by him doe.
239. In Centralia inmates who are low risk are not eligible for goodtime programs, the counselors are former C/O's who were once writing inmates up for false incidents. The Warden doesn't try to create programs for first time inmates an if we try to ask for the EDSC after 61 days the counselor will deny anyone and say it was Springfield even though a person never been incarcerated.
240. Programming sucks they're just now doing double contracts unlike other prisons
241. Staff behavior, the way inmates with lots of time is being treated.
242. Job assignments
243. the staff here don't help no one, mental health or high ranking officers, and school teachers
244. Being bullied for being transwomen, and always being a target by officers and other inmates
245. Everything here is negative it's prison l'm in the LGBTQ community I don't feel safe here
246. Prison don't rehabilitate people, especially people with 5 years or more to their MSR date
247. There is no opportunity for taking any voc classes or college unless you are very close to your release date! Guys like me with **[10+]** years have nothing to do. Quality of items in commissary are awful!!
248. Horrible, nearly non-existent healthcare treatment. Lack of healthcare staff, including lack of mental health care. The commissary has poor inventory, little options (no hats, shorts, decent pens for > a year).
249. The homophobic, transphobic environment that is encouraged by staff along with the incentives for bad behavior mainly not punishing the people who smoke spice.
250. People are miserable here staff, and inmates, certain ones
251. The grievance process.
252. The way the staff in charge etc., LT., Sgt. helping solve a situation you approach them with.
253. The officers do not do the job proper. They overlook way too much from the young, mouthy, & completely disrespectful people whom truly need punishment + order. Most of the time the C/O's sleep, chit chat, play cards instead of paying attention to the problems going on. The worst part of being here is lack of healthcare!
254. Well, I understand n****r ghetto talk now. Love hearing the English language get butchered by illiterate urban parasites, I know now without a doubt that Chicago is an abomination, and I can make meth now!
255. Dietary food. Cell mates, putting young inmates with old inmates. Putting non-sex offenders in with sex offender exs. child sex offenders.
256. The healthcare and the jobs.
257. People who live for the drama causing problems for people who want to just do there time and go home.
258. Lack of programs

259. Discrimination, racism, disrespect
260. Healthcare — poorest I have ever experienced
261. Being a suck up with the C/O's, Lu's, and Sarg
262. Cold showers sometimes in the winter time and hot steamy showers in the middle of summer! No detergent big bottles on sale in the commissary, must use shampoo!!
263. Horrible food, staff ignores to fix problems, dangerous environment. Wardens come and go never fix anything, dietary funding stolen, clothing horrible, commissary price gouge, unfair high prices. Refuse to end unfair contracts with inmate funding.
264. Medical not good, no single cell, cell too small for two people
265. 1. Officers don't do cell check every 30 mins. when you have inmates are either doing drugs or self harm. 2. Both of the warden doesn't come to the housing units. 3. Centralia CC declined to fix the tablet issues. When inmates write to either LTS or both Warden.
266. Food under cooked! If new person in cell house, its hard to get phone time! Food menus are not dependable, always wrong!
267. I have to watch my back
268. The doctors and medical staff
269. The way certain white shirts and C/O's act, talk to people here
270. 1. Unnecessary compliance checks that place our health at risk during Covid restrictions. 2. Too much idling time due to a lack of sufficient rehabilitative programming that all can participate. 3. Too many manufactured security concerns which hinder programs and leisure time activities. This causes the existing programs to operate poorly and discourages individual full participation.
271. There are waiting list for everything here. (Medical services, schooling, programs.) Some that are close to a year long wait. There is also a great neglect of equipment maintenance, my housing unit has been without a working dryer for months.
272. That they treat homosexual with disrespect and they don't care about our well being
273. Police as inmates
274. Healthcare is inadequate. And no real programs
275. Healthcare. The amount of food given on trays. The commissary. Not letting long term inmates go to trade school.
276. They don't respect each other, LT. not all LT. but some don't respect their self. They don't show respect. They should get training in Springfield IL.
277. The way staff treat you and half ass do their jobs! They don't really care if it don't benefit them!
278. Disinfected cleaning supplies
279. If you do not know anybody it might take a little while to get a job outside of dietary.
280. An art class that is a front for LTS staff to work overtime. Art class is a joke.
281. You almost have to fight to use the phone.
282. The C-grade housing unit because when you move back there with food in your box the other inmates rob you pull knives on you and try to harm you
283. Zero productivity... being housed like cattle
284. Healthcare
285. The disrespect from officers

- 286. Drugs, staff conduct
- 287. everything
- 288. The most negative thing about my current prison is no programming for re-entry & rehabilitation
- 289. all
- 290. Alot of staff don't know or do there jobs correctly. Enforce rules how they see fit not how Springfield sets them. They do whatever's easier for them. The lazyness here creates a dangerous environment some guys cant even call home because of phone bullies inmate bullies period
- 291. It is very, very hard to rehabilitate yourself. You have to be known to people in order to get a job or program. I want to change but receive no help.
- 292. Healthcare. The amount of food put on trays. The commissary. Not letting long term inmates go to trade school.
- 293. In C-Grade house we are treated like animals, its sad C/O's make up their own bullshit rules, regulations
- 294. There's no help really
- 295. with proof of a diploma you still can't take college class cause you failed they GED test (possibly cause you didn't want to take it again.)
- 296. The staff
- 297. Not enough good time!
- 298. Everything
- 299. Bullying of inmates by inmates of their offence, and how small and weak they are.
- 300. Staff lies about everything. Healthcare is non-existent. Staff is totally incompetent.

Q14. What suggestions do you have for improvement?

- 1. I don't believe negativity breeds positivity. Need more focus on education and self weath. Why just lock people up, instead of helping and finding out why and how to help and change people.
- 2. At Centralia I feel it needs a new administrator/administration. Better none racist C/O's. Better healthcare staff that knows how to be non argumentative and or not rude when we are being kind and respectful.
- 3. Change the wardens, the majors, the lieutenants, the sergeants and get new food supervisors that care about the quality of the food served here. Get more quality programs and the counselors and Grievance Officers stop being so pro-administration to sweep everything under the rug!
- 4. What improvement can you possibly make in a place that was designed to oppress "criminals" or so called "criminals".
- 5. More programs, give double contracts, and tell the staff they shouldn't write tickets for every little thing

6. More college, self help, no c-grade housing. No c-grade for miner tickets! A system for suggestions for us with meaningful dialogue, restorative justice practices. Medical care overhaul
7. More programs that'll compliment everyone re-entering society, for them to start giving out double contracts like most facilities. And for them to stop putting individuals with lengthier sentences at the end of the lines for school when they've been on the waiting list longer than the guys who just arrived
8. Fix things right the first time around that way you don't have to be worried about having to come back again, for the counselors to do the job they're paid to do
9. More programs—Every IDOC institute should work with communities for work programs + integrating back into society. Healthcare
10. to bring more programs here, create better jobs and things that need to be fixed, fixed instead of just doing half ass jobs and then have to turn around and fix the same problem over repeatedly
11. To treat each person as an individual and not just one of a mass group. Rewarding individuals for good behavior. Better food. More yards. Cameras in staff offices, C/O's "Bubbles" if we have cameras monitoring us. Who monitors the staff to make sure they aren't ignoring their duties, Mainly food supervisors. Because they do not supervise the making of the food to ensure quality.
12. My suggestion for improvement would be to give telephone access to tablets to give an opportunity to contact family without butting heads, four telephones, also give access to learning tools that give people who cant get earned good time credit a positive outlook on life after prison, where only 2 years before a release can you join a class, more apps on tablets, like books, learning apps, languages, math, science, business, mental health, games, would help
13. I don't have any. But race. And commissary prices
14. Ban Dr **[REDACTED]** from treating ANY patients in the HCU. At best he is incompetent worse her purposefully denies patients the MINIMAL level of care that they are due. I'm not talking Mayo Clinic type care... I'm talking BARE BASIC MINIMAL LEVELS to prevent the undue suffering and pain to not only myself but SADLY numerous others! When the Dr. doing Tele-Psych knows more about basic/primary care & has to intervene you know it's bad!
15. one men in cell. Good doctor
16. better doctors, single cell's for everyone
17. One man cells. Stop mixing race's. Let people go to school regardless how much time they have. Mental health needs better staff. Crisis teams should not be C/O's. Individuals should not be cuffed up or stripped naked because they ask for help when they feel overwhelmed and left locked in a cell with C/O's hazing and harassing them because of their mental health issues. And reallow library clerks and not individuals in custody pretending to be lawyers picking and choosing who they want and don't want to help
18. single cell, better healthcare doctors who care about or needs. More programs such as vocational classes geared toward future employment and or career.
19. Have classes for sex offenders. Stop alienating sex offenders.
20. more schooling
21. More programs, and more phones.
22. No morning appliance checks to alarm and disrupt individuals sleep. There should be more shakedown instead. More jobs in IDOC statewide
23. more schooling all around

24. Give these people a higher ups to answer too. That way they have someone to answer too. cause other than that they feel like they can do what they want...
25. more yard, better food, more schooling
26. Treat everyone equally Dont have favorites
27. Counselors need more training. They are C/O who have been promoted to counselors. They need Mental Health training.
28. Program for all people whether short or long term sentences. 100% + 85% should be able to earn good time.
29. Food preparation is terrible. Allow inmates to better prepare meals. Healthcare needs vast improvement. Its very poor.
30. Hire more certified staff to run programs that should be mandatory for everybody incarcerated
31. Give them somebody to answer to for everything, mail especially
32. Get more LGBTQ+ friendly C/O's and staff. Get more doctors
33. More phones, phones on tablet, better doctors
34. All sex offenders should have the option to go to a safe cellhouse with only others like them and kind staff. LGBTQ+ should have that same option at every prison. Here we have the North 5 program staff makes fun of. All sex offenders and LGBTQ+ inmates should only be celled with people like them to keep them safe. Hook up the cold water line in the showers so we can choose the temp of our water and not burn ourselves. Top bunk should have the same size shelf as bottom bunk and one set of hooks should be next to bottom bunk, not over the toilet.
35. They need more programs
36. Having a substance abuse program here at Centralia Correctional Center that would allow the ones that are court mandated to attend a substance abuse program to complete the mandated program, and that would allow us to receive program good time for attending. There isn't any substance abuse program here besides AA/NA meetings, which isn't sufficient to complete our substance abuse program mandate by the court
37. More phones on the units
38. Add programs and more commissary
39. A better medical service, mental health services, programs to combat recidivism, and ways to stay productive
40. More programs inmate council and positive functions instead of punishment
41. Close it down. Fire all IDOC staff.
42. More programming. More phones, phones on tablets. Wi-Fi in cells. Better tablet services. More consistent communication: all notices should be posted in-unit, on the info channel, and on the tablets. Commissary on tablets. Certain items should be on commissary that aren't now: booklight, stocking cap, gloves, better blankets. A pipe-dream would be all one man cells. A majority of fights here are over the phones and they know that but won't do anything about it. Tablets should take photos for the documentation of conditions.
43. Better structure
44. Re teach staff on respect, ethical treatment. Need equal opportunity for all jobs, education, regardless of time. Overhaul all medical staff, training. Commissary.
45. For the Prism program—for them to follow the same rules as population—rotate all officers out every 90 days. Teach staff to actually only write ticket's when a broken rule is affecting others or the institution in an actual way. And stop all the petty-ness from the staff who don't think individuals deserve fair quality of life. Lastly go back to

- 90s and put actual college for education back into prison, so we may find real employment once relieved.
46. Make everyone obey the rules as are listed in inmate handbook!
 47. Investigate the above to see the state is likely burning through millions for nothing because the help is not there
 48. Have better medical help and staff. Get more programs for people. And order more commissary items. I can't even get headphones for to listen.
 49. An outside entity taking over with an independent review
 50. get a doctor, better food at chow hall. And allow us with more than 2 years left to do to be able to get in school. I file a clemency, but can't say I have been in school because of the time I got left to do.
 51. Stop the drug flow in this prison and fire some bad C/O's
 52. I've been trying to get seen by mental health for MONTHS—Also waiting on doctor forever.
 53. How about making doing time out here about rehabilitation rather than trying to keep us incarcerated.
 54. Correctional officers need to consistently control the operation of each cell house unit. They need to effectively apply the rules and delegate (or) dictate the pace of things (operation).
 55. more one on one treatment
 56. Mejor monitoreo en general, en especial las reglas y politicas porque implementan casi solo las que nos irrita y escluyen las que nos favorecen **[TRANSLATED FROM SPANISH: Better monitoring in general, especially rules and policies because they implement almost only those that irritate us and exclude those that favor us]**
 57. more school and programs
 58. It needs more programs of self improvement
 59. Hire more staff for the law library so its hours can be extended and more legal research hours are made available to the incarcerated who are working to reduce their sentence, overcome their sentence or uphold their constitutional rights Have a physical therapist for all of us disabled and allow us to exercise
 60. More behavioral programs! Team building skills other than sports! 1 on 1 staff & individual in custody resolutions, conflict sessions!
 61. Better medical
 62. Bring more vocational, educational, programming and job opportunities for individuals in custody to participate in here at this prison; Allow individuals in custody to receive double good time contracts for working a job, attending school, etc. etc., as long as one does not interfere with the other one; Train the staff on how to better interact with and treat individual in custody with respect and hold them accountable when they don't; Have a real medical doctor present five (5) days a week here at the prison who is actually administering medical & healthcare to individuals in custody who need it; Serve real food packed with nutrients in the dietary...
 63. Since there are so many sex offenders here, why are there no groups or programs for them, its a stipulation of release. More checks and balances on the Lieutenants they are verbally reckless because no one stops them. More mental health support other than "Crisis teams" by then it's probably too late
 64. Please let inmates get into school (college) without regarding their M.S.R. dates. I'm only able to land a \$17.00 a month cell house porter job and I can't get into ANY PROGRAMMING!!! I'M TRYING!!! I'M STILL WRITING SEVERAL STAFF MEMBERS HOPING I'M DOING SOMETHING MORE THEN JUST BEING ANNOYING

65. These officers need to stop thinking so negatively about us and feeling like they have to punish us more than what we already are.
66. Staff should hold each other accountable for not following their own administrative directives.
67. More phones on units and yard. I shouldn't have to cell with bad people who are known to be trouble when I wish to do good for myself
68. Be like other prison's in other states where they're allowed better access to up-to-date better & less restrictive communication technology i.e. video visit and phone calls through tablets with less silly & oppressive rules! More common sense and just not trying to make it harder on us & our families out of spite and power!
69. Better trained staff to address the growing mental health issues here. Add more phones to each unit, so guys wont be bullied, or to avoid conflict. Offer school or programs to those who still have time left on sentence.
70. A thorough investigation + deep training
71. let Springfield take over and review the staff that work here.
72. get more programs
73. (food, yard, gym, privacy) and more phone time
74. There should be more control on the jobs being given and the favoritism with certain jobs such as industries. Sex offenders are not allowed to work in a lot of places like Industries.
75. Longer yard time, internet needs, for the staff + warden to not interfer with medical. Doctors say they can't work under these conditions! + Quit.
76. more positive interaction between inmates and higher up staff such as wardens, majors, etc. and they actually listen to or attempt to do something about issues & concerns!!
77. Officers should wear body cameras
78. That they remove the transgender persons from this facility because it causes nothing but problems and tension in what is supposed to be an "all male correctional center" that has been changed into a transgender friendly facility previously! Look at Centralia Corr. Center's website page...
79. Put the phones on our tablets like they said they was going to do
80. "Proper" medical care. Make programs available. Stop limiting how many good time contracts we can have (1). Keep commissary stocked. Supply supplements to maintain heart, joint, and physical health. Hire counselors that were not prison guards! We need advocates. Educate those that want it not just those with short time! Add more phones & washers and dryers. Create a way for people to get out of bad cell situations without going into crisis or seg.
81. Better staffing, it needs a doctor, the phone situation needs to be fair for all inmates, more programs and make it easier to get into them there are ridiculous wait lists for all treatment and programs I am refused good time because I cant get into treatment because of the waitlist.
82. Commissary to be cheaper & better food at chow.
83. Counselors need to have some credentials, training
84. Double, Triple contracts. Condiments w/ Food. More phones, phone tim. better supported staff for medical attention currently takes 90 days to see a doctor After multiple visits to nurses.
85. Train staff to respect inmates as they want inmates to respect them
86. Fire all staff, replace with new staff
87. Provide more opportunities to get good time where needed.
88. Disciplinary Procedures

89. ?
90. They allow people with a lot of time to get high paying jobs. (Industry). Better commissary.
91. Remove all staff against rehabilitation, all racist staff, any Warden against the New Mission Statement and good time policies including staff
92. hire all new staff with better people skills and all around better people.
93. Since there are so many blacks and latino offenders, they need to employ more black & latino officers.
94. more programs
95. Need better medical care provider
96. Art supplies treat white people fairly, commissary is terrible, chow hall terrible more salad leafy greens
97. Shut it DOWN
98. Improvements in this prison can be made by releasing people early that are eligible.
99. have Springfield come to prison and talk with prisoners
100. More interaction between staff and inmates. Less gang activity. Staff kiss gangs asses. Better healthcare. It is understaffed.
101. A lot needs to change especially the way we are treated like we are all here for murder or rape which some of us are here trying to figure out our lives all together so we can be successful in life and do right!
102. Permanent doctor. And better healthcare in general. Need to be healthcare transportation when emergency is in action.
103. More groups, let inmates meet and talk to one another more.
104. Shut it Down!
105. give tablets to everyone, add the phone to the tablets, be like Sheridan give TVs and fans to everyone, take away those worries, give our families a break financially. We shouldn't be denied visits because they were connected at a crime before, they are off parole in probation they should be allowed to visit. Raise state to \$20
106. Better training of the staff.
107. E-cigarettes, Electric cigarettes. Or smokeless tobacco. And better commissary items, such as coffee.
108. More yard & gym, more jobs, more school & programs. Psychiatric exams for C/O's
109. Officers who can relate to the people!
110. They need to make it easier for us to communicate to family
111. Shut it down! Or bring back Warden **[REDACTED]** because he actually cared about helping inmates do better. I don't even know what this Warden even looks like! We've never seen him!
112. Needs improvement on staff availability throughout the whole prison
113. Stop denying people opportunities to better themselves or earn good time because of the case there incarcerated for or because of the amount of time they have left. Have more programs that we can take to learn skills. Allow us to put our arms around family members for visiting room photos. Other prisons allow for more movies to be shown each week. Here there are only 3 a week. Allow more movies to be shown.
114. Good time for every individual regardless of offense or background. 85% is being overlooked for what reason?
115. Make better decisions
116. n/o
117. Nothing good about prison

118. offer more vocational school classes and more variety of academic classes and programs
119. E-cigs on commissary. Like all surrounding counties.
120. overnight visits, newer programs. Better staff
121. That they definitely need to treat LGBTQ+ inmates better than they do and be more mindful of our safety and security
122. Have more incentive programs exp. work assignments should be equal to educational programs when dealing w/ good time.
123. we need for ever one to have equal opportunity on all levels.
124. Better access to commissary items. Please and thank you
125. One men cells, more classes, & phone on tablets to reduce fights.
126. Staff to have more professionalism in their jobs instead of taking their personal issues on us.
127. Change the things I mentioned in Q13 1 & 2 and for 3. Allow good cooks to keep their jobs for more than one year
128. Don't discriminate by case labels. I need a class "sex offender" to get any good time started, but it's not offered at my facility. I have put in for a transfer to a facility that offers that course, but that was 9 months ago. I'm still here just wasting time. Transfers for courses should prioritize over just wanting a change.
129. give our calls back on C grade, what if we got serious situations with our stuff on the outside
130. Jobs for Everyone. No matter how long you have left.
131. Let us use the dumbbells in the gym and get a Dr. who knows what he's doing
132. Springfield really needs to send someone to investigate what's going on down here
133. they need to let people work any where whatever there TAP test says. Thank you.
134. N/A
135. Daddy-daughter dances. Remove Plexiglas from visiting room.
136. The guys in custody serving on 85% sentence is unconstitutional. No good time.
137. Add more phones
138. get good doctor who cares. Put only one man in one cell. More TV channels HBO ect.
139. for the officer to treat inmates like humans not animal
140. Allow inmates to pick who they want to room with, and add two telephones to each dayroom.
141. Allow everyone to go to school and receive good time. Fix the medical problem. Get rid of truth in sentencing.
142. On staff doctors, better medical treatment. Education (college), programs, and jobs to be equally available to everyone. Staff talking to us in a respectful manner.
143. Get a doc in here. Get treated better. Get talk to better dont be an asshole
144. Listen to the incarcerated people voices, concerns of the staff that we have to be around.
145. More channels for the TV. A/C in the summer. Yard for workers. Better food & more at store. More schooling and an easier way to get in for long term incarcerated people.
146. Is there a way to set up a class that the cooks in the kitchen have to take so the food ain't so crapply made.
147. Take a stronger stance on the fight against the rampant use of K-2 used on the gallery

148. A “corrections board” that meets with each inmate once every 6 months for 30 min to establish a corrections plan for each individuals incarceration that can help them with parole board and use their time wisely to earn skills for the outside (or education)
149. For more chances to be in a full time in patient program that has caring staff members.
150. Better healthcare better food—and a doctor, Being able to do more programs for people with 5+ years
151. Stop changing the rules on the fly, one day as this and the next day it’s something else.
152. Hire more people to keep mail & messages going at all time. The medical shouldn't take months to get your teeth or a medical problem fixed. People should be able to get books to you not through just shipping.
153. Open up opportunities for everyone.
154. 1. Designated single cells for individuals in custody: Fire Wexford 2. Get new doctors who really care and are not mean and vindictive. 3. New more modern type of Wardens to deal with issues not avoid them. 4. More movie channels on cable, HBO. Show. 5. Sony Playstations & games.
155. None.
156. Work together not against each other
157. Equality
158. Quite the discrimination for jobs and programs... I have an [REDACTED] degree and tried to get a job in [REDACTED] + I’m a [REDACTED] from military... they didn’t hire me because I am a sex offender and that inmate got electrocuted and died here. See I put safety first! Oh, did I mention I also taught at a community college the [REDACTED] trades and work as [REDACTED], but they still discriminate.
159. More walking around the cell house or watching cameras for inmates going in other cells in groups. They do it all hours during the day.
160. Much more than I can write to begin the way we are talked to and treated, the amount of food being given, more yard and gym, calls on C grade and B grade, and able to buy food on C and B grade, non less racist C/O’s, less C/O’s bringing drugs in, less C/O’s messing with transgenders and being in sexual relationships with them.
161. Older people in 1 house, Im the [JOB REDACTED], they need more opportunities for guys. Welding, mechanics etc
162. They need treatment for sex offenders and better mental health help other than sticking someone in naked room and calling them crazy and also need better sycation medication to actually help people
163. Separate the young from the old. Making it possible for the older [ILLEGIBLE] all together. Medical care to get better and mental health to be more [ILLEGIBLE].
164. Fire Warden & bring in more respectful one
165. Single cells, less fights over cell issues, better healthcare
166. No pay restriction due to low scores on Tape test, 13th Amendment, 14th Amendment learning disabilities protects this.
167. give me my 6 months dammit and food
168. Stop letting inmates control the telephones. Add more telephones to the units and/or place telephone apps on the tablets. Place an app on the tablets that allow inmates to access legal information, IDOC rule & regs.
169. Have all the clusters go to yard at 8 am come back in at 9 then when they have 6 pm yard same thing. Everyone goes out from all clusters. North, East, and South from 6 pm till it get dark out. Oh make these cells back to 1 man cell.

170. Programs for men who are serving lots of time the opportunity to earn good time
171. To have Springfield come through and go house to house asking questions and talking to inmates.
172. More diversity its only seems all or mostly white staff not to many people of different races
173. the staff should monitor & controll everything
174. Proper commissary management: (there's no way a 24 in NON HD/HDMI basic tv should cost \$300 or a bottle of vaseline lotion should be \$5 even, or a box of generic cake should cost 3.75 when in the world their 89c) We should receive a C/O + inmate rule book and better understanding
175. That the staff has a mental evaluation by a federal government agency and not have one done by one of their own.
176. A/C units installed, vents cleaned every 6 months.
177. Reduce stress by a lot. fix commissary.
178. Better movie selections on TV rather than cartoons or stuff kids watch. Its a facility for grown men, not children. Allow phones on the tablet for better contact w/ family. & a faster process for sending messages on the tablets.
179. Restaff entire prison! (Wardens all the way down!)
180. more programs
181. for the inmates with few tickets in the file. Keep them from trouble makers.
182. Increase number and availability of educational programs and food quality
183. Certain things for sale in commissary. Winter hats in the winter for example. Better management in keeping things in stock to buy from commissary, half the time they are out of stock.
184. more programming
185. 1. Rewards for positive & good behavior. Honor dorms etc.
186. bring someone in the prison as a inmate to monitor staff's actions.
187. Stop letting former security become counselors. Feed us right. Stop lying to cover for staff. Bring programs & reentry resources. Grievances shouldn't be handled by staff members who go out & drink & BBQ w/ each other on the weekends when the grievances are on their buddies, as it nullifies the grievance process.
188. They should help you better your self for when you get released. Like programs.
189. ADMINISTRATION CHANGE
190. Coffee on commissary. Straighten out pill line where pill line delivered to cells.
191. Increase in staff for vocational, academic, and programs regarding reentry.
192. learning everything I can
193. For the program to be more structured. Transfer requests to be taken more seriously when one meets the criteria
194. It should be more jobs for 50% people.
195. To make a secure way to talk to someone that the inmate can't figure out what it about for staff to pay attention. For staff to keep none gang members housed with none gang inmates. To look at the inmates who serve our food and treat none gang member or black with better food as not burnt or in more amounts.
196. For them to listen more to the inmates and to have productive programs in the facility
197. Living condition are poor, as a shower they all full of mold, black mold.
198. Someone need to come see whats going on in the prison.
199. I dont know but this sucks, there's no resources, no real help, no real way or resources to better yourself to become a productive member of society.

200. Reduce overabundance of overtime from overpaid C/O's and appropriate allocations to programs and stuff + dietary compliance!
201. That we all get treated the same 50% or 85% or 100% we need some change in all prisons
202. Hire administrator and personnel who really care about us as persons. We will be released back into society someday and a reflection of the treatment we receive will be in view.
203. Better help and groups to help people.
204. Medical!!!!
205. Better options for commissary, better food from dietary, remove restrictions on vocational school so those with more time left can get into a class to better themselves.
206. x
207. N/A
208. treat everybody equal no matter sex, gender, race
209. Receiving DOC \$ sooner from Stateville
210. More gym and yard time. Better quality items at commissary. Better food at dietary. More dayroom time. Air conditioning is needed.
211. Coffee is a high priority item for inmates. There is no reason to limit quantities or to keep running out of it. Buy more and don't limit us to 1 bag. There should be an official channel for inmates who are leaving to give their property to those who are staying.
212. Give goodtime & jobs & school
213. improve dietary and commissary. Offer more down time activities (LTS) like Magic tournaments or Dungeons + Dragons groups
214. Stop putting people in cells with guys they don't get along with and put the phones on the tablets. It will stop 99.9% of fights in I.D.O.C. Stop keeping guys in cell 23/1 Bring programs for everyone, long term individuals all well.
215. employ the front offices with people that actually want us to do better & go home. Hold employees accountable, realistic programs. Remove inmates that constantly break rules. Break the union! Give everyone a chance at goodtime based on behavior regardless of when they got sentenced (Truth & Sentencing)
216. Respect us because not all of us are pieces of crap. Improve healthcare and commissary
217. You don't improve a plantation, that is "by design" geared toward a certain outcome. Improvement starts with dismantling a "superiority complex." That mind set is tied in the inception of this country.
218. Better dietary supervision on food quality. We need better selection to choose from in dietary and prices not 3x what they should be and if not, at least raise **[ILLEGAL]** pay on jobs so we can afford them.
219. Better attitude from the Lieutenant and Warden, trying to be better communication from officers.
220. Cell for one
221. Have enough programs that will serve any kind of charges and requirements that any individual must complete before getting released this prison lack of needed programs is unbelievable
222. More programs for the individual in custody who has to serve a hundred percent of their sentence. Because now this facility mainly caters to people under fifty percent sentences.
223. The monitoring of the phones and the calls being made. The way officers conduct themselves. The disciplinary actions we receive.

224. Change healthcare provider. Get on the same page.
225. More walkthroughs of the units. Shakedown don't do anything. Walkthroughs are more effective.
226. Classify offenders by offenses and outdates, I have a short time before I go home but, I'm housed with offenders who are never going home
227. Yard for workers or gym, in the evening just for workers
228. Better communication between staff and individuals in custody
229. If you have people wishing to be in the cell with each other, allow it as this is for certain less problems times two, its peace and it gives a better atmosphere to be in
230. To make it home!
231. For starters you need a doctor, then staff needs to care about their jobs. They have no fear of reprimand.
232. More programs directed towards individuals with more time there is none. Better medical physicians, dietary, commissary. Create better opportunities for re-entry.
233. Free tablets, pictures through tablet/email, better cable, and access to better shoes— Educational program, computer skills etc. Better doctor access.
234. Better (Quality, Quantity) food. Professional mental health service. Better medical (staff) service.
235. Record staff behavior and expose to the public.
236. Healthcare needs a complete 360° overhaul. Correctional staff needs to begin answering questions to our inquiries rather than the typical "I don't know"
237. Everyone should have a fair **[ILLEGIBLE]** at employment, school or anything else regardless of their crimes. There also should be timely responses by staff instead no response or passing the buck.
238. Shut down
239. more additions to commissary like coffee an cigarettes
240. To put more phones
241. For Springfield to actually come and talk to inmates instead of us writing grievances that the Warden or counselor deny so that we can't send them to Springfield to inform Springfield of the wrong doings this prison is about. We should have the choice of fruits or cakes but they give us what they want too.
242. Fire a lot of staff get some that actually like the job instead of love making it hard for incarcerated.
243. Treat us (inmates) as human beings. Treat us equally and not treat some inmates better than others.
244. Work **[ILLEGIBLE]**
245. we have no dumbbells but have them in stock but don't let us use them med-max faculty get them but we can't and we need improvement in dietary.
246. Being a transwoman they should have a house unit like N-5 Prism Program to where we don't have to be in a program and be where we (LGBTQ) community feel more comfortable. To also have more classes and better and less expensive food from commissary, store.
247. Listen to what we have to say and take heed.
248. Everybody needs equal opportunity to take some classes to prepare them for that cold world.
249. Have some educational opportunity for guys in A-grade who have long sentences! Change IDOC rule that All commissary items must be lowest priced available this means some items are plain garbage. \$1.35 coffee Undrinkable Shampoo does not clean your hair

250. Add more healthcare staff. Open educational opportunities to individuals with release dates NOT in the near future. Add law library staff. Have library open more than 4 days a week.
251. More accountability place on staff along with allowing more people to participate in programs.
252. More re-entry programs, they need treatment classes, and also more job openings ASAP to help people at 50% get out faster
253. A fair and balance grievance process..
254. Make the officers wear body cams with audio. The officers don't care about taking the time to do what needs to be done to prevent a problem.
255. To restaff the whole facility, Warden, C/O's, & Healthcare. To be treated like a human, instead of a animal! Add proper programs to assist people to become better people!
256. Go fuck yourself! You liberal twits. IDOC can't be helped its been crooked since before my parents were born!
257. Inmates over 70 should be by there selfs. Younger inmates take advantage of older inmates. Including taking there food, taking over there TVs, hot pots, fans, etc. — Child sex offenders should cell with child sex offenders, other inmates should not cell with them. It puts there life in danger. etc.
258. Better healthcare and the opportunity for more job placement and voc school.
259. Significant rewards for good behavior. Honor dorms, good time etc.
260. It should be like Kewanee Life Skill Center
261. Healthcare needs major improvement & prompt responses & actions. Dietary needs more variety.
262. Not a Fucking thing
263. Better clothing, more variety in food in the commissary, and more affordable shoes in the commissary, and we do not get to see new movies as other prisons, so new movies
264. Separate old inmates from youth. 40 & up should be housed separately. Anyone served over 20 years should have a one man cell. Stop staff from robbing state funding from dietary, clothing, medical, leisure time services, commissary, cable contract.
265. One man in one cell. New overhaul of medical staff and procedures
266. 1. Have officers & staff members to listen to inmates more & stop lying. 2. Having both Warden need to visit housing units & talk to inmates about issues.
267. 1. Limit calls for inmates to minimum of 3 calls a day! 20 min long. 2. Cook food longer. Have what menus say!! 3. Have a 50 years old and over houses! 4. Have houses for 18 to 30 years old! 5. Have houses for 30 to 50 years old!
268. The food, the way we are treated, more lessons to the correctional officers that we are humans too!
269. Come in under wraps do not let them know who u are and investigate everything here.
270. 1. End improper use of punitive compliance checks. Departmental rules require individual cells to be in compliance when individuals are away from their assigned cells on assignments, call passes, leisure time E.T.C. However, staff here at Centralia conduct compliance checks while individuals are still in their assigned cells at 7am. This inhumane treatment causes conflict unnecessarily amongst staff and individuals in custody. 2. Staff conduct needs much improvements—particularly, Lieutenants and sergeants of this facility. Very unprofessional... 3. In-person, family

- visiting scheduling policies to incarcerated individuals needs much improvements since these policies are too restrictive and discouraging and keeps family distant.
271. More programs. There is a lack of programming for individuals in custody. The prison environment can be very stressful and there is no mental health programs available. Also there are no programs available for those with longer sentences. We have to wait until we are closer to release dates to be placed in programs, school.
 272. I suggest that this prison respect EVERYONE not for their sexual preference.
 273. better TV, better food, better bed, more phones, more yard & gym time, better C/O
 274. This prison should mimic Kewanee life skill re-entry center.
 275. They need to get full time doctors here. They need to put more food on trays. Get better staff on commissary. They need to get better cable. They need to let inmates with a long time to do go to college courses and trade school.
 276. Give LT. more training in Springfield about respect for their self and others. It is all about respect for each other.
 277. Please "DO YOUR JOB"! Fight harder for those who is trying to help their self!
 278. Church staff to freely move in the wards for private conversation
 279. More programs and schooling for all.
 280. Put in stock commissary items that are available at all other IDOC facilities. Reading desk/lamps/bulbs. Real coffee/freeze dried. Example: Centralia Com. has not sold refried beans in over a year.
 281. Give us phones on our tablets.
 282. Stop the C-grade wing before someone get hurt or killed. And add more programs and allow inmates with alot of time to enter school.
 283. More programs that bridge inside/outside life
 284. Change all around
 285. None
 286. Free food healthcare mental health, better counselors
 287. Better staff, more programming, better food. Better commissary vendors, counselors who actually do their jobs!
 288. better training or professional training
 289. Surprise visits by you Springfield see what really goes on here. You come Springfield comes announced you see what they want you to see. You should talk to us directly **[IDOC DIRECTOR]** also we all don't lie.
 290. Better contact with family. Equal opportunity in programs for everyone, especially good time programs for the ones who are eligible.
 291. They need to get full time doctors. Better commissary. Better cable, let long term inmates go to trade school, drug classes
 292. Make all security staff go through a mental health screening, and to be taught that we are people too!
 293. More help, more communication, more programs
 294. As long as you have proof of diploma you should be able to take college or another course etc. Even if you failed their prison GED test and prove you've got a diploma you should be eligible for college class, etc.
 295. To be judged by the case they're in for now, not the ones years ago.
 296. Shut it down
 297. Stop other inmates from looking up other inmates like they do when they call people outside.
 298. Do a forensic audit of IDOC.

Q15. Please write any other comments or feedback on this survey below.

1. The prices on the commissary are constantly going up and they spend money on 11.00 deodorant, but we can't seem to get coffee, they seem to punish us not reward us for good behavior.
2. Most all inmates that I've talked to have discarded this form feeling as though JHA don't really care about the conditions and conduct of I.D.O.C. However, I'm holding on to a open mind. I strongly believe that the ARB, PRB, TC0, **[NAME REDACTED]** Acting director are all incapable of being fair in Dept of Corrections. Mostly all these people are either x correctional officer or others who have been promoted to these positions and lacks the true understanding of corrections. In fact these people don't care about the meaning of the mission that they put at the bottom of every memo that they post where they say: Mission: to serve justice in Illinois and increase public safety by promoting positive change in individuals in custody behavior, operating successful reentry programs and reducing victimization as well as recidivism. Warden **[REDACTED]** here at Centralia is an awful warden.
3. The medical & dental is horrible! It's a real Joke and Wexford and IDOC is fully aware of the problems. The dentist is known for doing real horrible work just so he can extract/pull teeth where the dentist will get extra money. Its time for something to be done with the quickness. The law library is horrible. more time is needed than One (1) hours time. But this is done on purpose. The dentist botched the fillings! I have a dental phobia of the dentist. The Wexford contract #1.7.2 authorizes Emergency Dental treatment. Therefore, I should be allowed to be taken to an outside dental facility for emergency dental treatments since I am in excruciating pain, I have filed Emergency Grievances and the grievance officer said that the outside dental facility was due to be utilized over ten (10) months ago. But all of that was ignored!!! Help! Oh yeah, the transgenders are catered too and it's a program strictly designed for those
4. We need new blues everybody walks around with ragedy used blues, better food and more sneakers to choose from. Your gonna find a lot of strongly disagrees behind these surveys because this place displays a high volume of racism. The transfers are not going the way they should if a inmate submits a transfer and has no major tickets why can't he transfer.
5. It would be nice to see change here! There is potential if those in power could foster the energy to do so. A lot of us would like to see us being able to work to better this place. The state as a whole could use us as a cost saving means. I hope this survey could/can change this place, and others.
6. The maintenance men who repair the washers and dryers to actually do the job they get paid to do, for the warden to respectfully, professionally return phone calls and stop lying to individuals in custody.
7. I feel that the warden needs to be more professional as far as returning important phone calls from guy's love ones, the maintenance men to fix "washers/dryers" right the first time, fix the "ice machines" because it's too hot here to have to walk to other "housing units" for it and fix the shower because we can't adjust the temperature of the water!

8. Every C/O is just batsh- crazy, the personnel here use their own life prejudices + experiences to determine how they handle situations—their political views and regions determine how they view us as individuals. Racism and ignorance runs rampant with the C/O's the state deems competent—they are not. From C/O covering up for other C/O's lies, drug use, and incompetency. Staff sneaking in drugs, phones, sex with other staff in the "Bubbles," masturbating getting caught. How the hell are we supposed to better ourselves when our superiors act like criminals + idiots themselves.
9. this place really isn't that bad as other facilities other than the negatives and improvement I pointed out and I feel like guys who are incarcerated here who's families have to drive more than 4-5 hrs just to visit should be given more than a 2 hr visit and the Warden can be a lot more professional!
10. Over all this prison is not bad. The last **[3+]** years through my positive attitude + behavior I have made life here a decent place, as far as prison goes. I've taken a lot of time doing things for self improvement. Spiritual courses, working, learning Spanish, exercise. The 2 Biggest problems here are food quantity + quality and lack of access to the yard. It conflicts with my work schedule.
11. Please help us! Thank you.
12. Firstly, THANK YOU JHA for doing what you do! It is funny that whenever an organization like yours visits here they "shape up" to make sure that all of the things you've asked about are either "covered up" or not to where you can see them. PLEASE be vigilant and if possible, make as many inspection trips as you can to both this facility as well as the many others under IDOC's care. Healthcare is a basic right in that we have NO OTHER means of getting help in here and ESPECIALLY here with no permanent Dr./NP/PA it is and has been VERY VERY lacking!
13. Help us get out sooner, Bring back 50% No more 85%, Should be life-25 years then parole 35% and 50%—all other crime
14. no good two people not alike in same room a lot of fights.
15. Video visits should be longer than 20 minutes free or paid for. Some peoples family live in other states hours away and 20 minutes is just not long enough. Better food. We starve for the most part and state pay is definitely not enough to get by on. Better mattresses not foam filled with air that goes flat. And the price gouging needs to stop almost 300\$ for a TV that costs less than 50\$ outside of prison. And it would be nice to have privacy when showering so inmates and staff can't look at you right along with going #2. We try to cover just half of the window and staff either opens the door or demands you remove whatever is blocking the window and looking at you. It's just not right.
16. It should be against the law to make someone live with another person they do not like or get along with. Someone could be killed while they sleep by their cellmate. Some nut case creep freak show. Christian living with saten devil worshiper not good ect..
17. Truth in sentencing, People need reasons to be good.
18. Everyone should be one man celled to stop bullying, rape, and consensual sex. Along with any other violence that happens without staff awareness, this would honor IDOC's code for zero tolerance for sexual conduct. And aid prea to eliminate sexual violence
19. Thank you for any help you can give.
20. Staff they do not care & then get attitudes when you ask to be treated like a human being. like bro im here for **[REDACTED]**. the way staff conduct themselves shouldn't be tolerated not one bit... cause its to get a reaction Hate on Hate is no good...

- Change is for the better i've learned that on my own... It should never be nervous feelings from the ones looking over you or that you have to worry about them coming in with worldly problems & taking it out on you when your already sleeping & living your punishment out for your intentions/mistakes which ever... Please Help if you can **[NAME AND ID REDACTED]**
21. Thank you for your help.
 22. This prison is a joke. Everyone here gets denied good time for "criminal history" when every other institution is granting EDSC. The staff here are unprofessional to say the least.
 23. Sex offenders are discriminated against in the prison system. We cant earn "good time". We cant have jobs in industry. We cant have jobs outside the fence. We cant go to work release. Something needs to change.
 24. Need more programs, class like language for English and Spanish. Need more phones. Cells should be one man
 25. The visiting process (in-person) is flawed. Visits are being canceled. Paperwork on file is being lost. Families are driving hours to visit inmates, then being told they aren't in the computer for a visit. Even though IDOC has sent confirmation emails.
 26. How is it fair to deny a person from classes just because how much time they have. The guys with the short time get a chance to get out and commit another petty offense and they'll get another opportunity to get in class before the people with more time.
 27. HELP US!!! They lying & doing what they want They follow & make their own rules at Centralia They are criminals that just don't get caught investigate them & you'll see They can't cover there asses forever
 28. Please, I don't have help contacting my family. And I seen a doctor, but he gave me aspirin then sent me back to the housing unit.
 29. Commissary is unpredictable. Every shop you never know what they have and some things change a lot, they run out of stuff all the time. They list multiple flavors of cereal, but only stock one at a time. The candy bars are different almost every shop. They run out of coffee a lot and it takes them forever to restock. They only sell the cheapest coffee and it's awful. People that drink coffee would rather have good coffee that costs a little more than this cheap stuff. Even guys with very little money would pay more for decent coffee. They tell us Springfield makes them buy the cheapest option available on every item. We used to get a jar of peanut butter for \$1.80. Now we get 10 squeeze packs of peanut butter for \$3.84! They only equal half a jar! To get enough to make a whole jar would cost almost \$8! That's INSANE!!!! Why can't we have a jar? It's half the price with twice the peanut butter! Worst commissary I've gone to! I've been to **[3 OTHER IDOC PRISONS]**, and here in Centralia the commissary is run the worst!
 30. None at this time, thank you!
 31. Single cells for safety purposes, Being able to request cell placement without going to segregation.
 32. If they would give people under truth in sentencing a chance like 25% or 50 instead of 100% or 85% which is over serving with additional parole which most people have aggravated offenses those who do more than ten years should see parole board to see growth and are statistically more successful
 33. Healthcare is a joke. Food sucks. Can't trust anyone who works for IDOC
 34. If our tablet services were better, this could be digital which would save postage and man-power for analysis.
 35. Hope things change with this place!

36. Not asking questions about safety from cell space(s), drugs, (K2). Not asking about horrible medical.
37. Overall, I'm writing from the PRISM project (program) perspective only, we've had a big change of correctional officers since I came from population. So I can not speak much about population, outside of HCU and commissary. HCU is the slowest I've ever seen and everyone refuses to hire help to catch things up. it as of now takes upwards of 2 1/2 to 3 full months to even get in to see the doctor and you cant see him for any issues that's not listed by the one whis makes there appointment list. The last time. I seen Dr. **[REDACTED]** he had no ideal what was written on his schedual—so I finally got to ask about (2) need issues for almost 1/2 a year. Even now I conplained for nearly a full year (**[DATE REDACTED]**) about **[MEDICAL SYMPTOMS REDACTED]** so severe that they often make me cry (literally) and I've still yet to receive anything to help stop them. Healthcare in Centralia is bad (but its so bad here that it gives the term bad a bad name.) #2 Then commissary - although it's started to slowly improve—they still refuse to order transfemale products like (soaps, mild deodorant, plastic tweezers (allowed at Logan), emery boards (allowed at Logan). Femer shoes (although requested - 4 or 5 times now), we cant get body scrubbers no more (because of this so called stupid must use cheapest suppliers rule) Because of Springfield attempting to find ways to defy there court ordered transgender clothing to all of the prisons—so they use an excuse if we use only a universal ordering format and buy only from cheapest vendors we can get around supplying as the court ordered. Because they simply say we couldn't find a cheap vender who carries any of these supplys. So this system (a universal) has totally screwed everything up.
38. Are you aware that for several months commissary has sold a coffee that nobody wants to buy. Therefore making tens of thousands of dollars forcing us to by it, saying the only way we can have something better as if we keep buying it until its all gone. This is pure robbery and wrong. PLEASE HELP!!!
39. God bless **[NAME AND ID REDACTED]**
40. Please publish my comment from Q13. Because I was out of my **[REDACTED]** medication awhile back for about 14 days or so it messed me up so bad in my private area I had to start drinking one cup of water a day, not eat normally! Would like this published. Also you can come interview me about this I'll show you all my documentation if you want to! Just let me know in advance so I can have my paperwork ready for you to review. **[NAME AND ID REDACTED]**
41. Worst prison I've seen with the most drugs in it.
42. Staff at this prison falsify records and cover their deficiencies with bogus paperwork. Healthcare staff are lazy and they falsify records to maintain their false claims of completing duties + paperwork!
43. I really hope & pray that the John Howard Association can really help to improve our situation here at Centralia because doing time here can be very stressful.
44. My NEUTRAL response means that sometimes those things occur and most times they do not occur. Gang members effectively acquire the cellhouse porter positions. They collectively kiss up to the officers to make them feel comfortable so they (officers) will give the cell house porters (gang members) the benefit of the doubt. Hence the officer because relaxed and will allow the cell house porters to run the cell house "their" way. The officers will then "sleep" while the cellhouse porters (gang members) control the operation of the cellhouse. It then makes for an unsafe environment.
45. Is this survey going to help anyone?

46. Nos estan aplicando las reglas que abia anters de la pandemia, como restinsiones de C y B grado, pero esclullen llardas y otros programas como por ejemplo acceso razonable a el material de arte. La ropa casi siempre nos proven ropa usada en mal condicion. Cuando nos cambian la ropa tenemos que regresar todo incluso los calsones y las toallas sino no nos provehen nada. tampoco nos dan recivo de los que nos dan y cuando nos quejamos no tenemos como comprobar nuestra demanda en mi caso ellos agregaron ropa en el pape, pero ami nunca me la entregaron. escrivi Grievance pero no sirvio de nada. no tengo forma de comprobarlo. Gracias. Uno mas: El detergente que nos dan para labar ropa, nos dan 4.oz cada semana y supuestamente nos deben dar mas de 8.oz y lo peor estas 4.oz es casi pura agua lo cortan y casi no sirvi nos sirve ni para una labada.
[TRANSLATED FROM SPANISH:They are applying the rules that existed before the pandemic, such as C and B grade restrictions, but they exclude classes and other programs such as reasonable access to art materials. Clothes almost always come to us from used clothes in poor condition. When they change our clothes we have to return everything, including the underwear and towels, otherwise they don't provide us with anything. They also do not give us the receipt they give us and when we complain we have no way to verify our request. In my case they added clothes to the paper, but they never delivered them to me. Grievance written but it was of no use. I have no way of checking it. Thank you. One more: The detergent they give us to wash clothes, they give us 4oz every week and supposedly they should give us more than 8oz and the worst thing is, this 4oz is almost pure water, they cut it off and it is almost of no use to us for a wash.]
47. need Help
48. Overall this prison is not that bad, way better than Henry Hill an investigation needs to be done on that place ASAP
49. More food at chow some people are less forchant people! IDOC need to be focused on staff being bias! IDOC needs more reentry programs for everyone! IDOC needs more team building exercises! IDOC needs less time inside the cell it cause frustration, anger & sadness which could led to mental health problem... something staff LTs Stg C/O don't care about. They don't pay attention to detail. They are literally babysitter that don't give af. Mental health is important! MED STAFF ARE VERY BIASED TOO! SOS HELP Please! IDOC is inhumane! Any questions send more surveys please!
50. This survey is good, but I can't see how it would help me.
51. I.D.O.C. needs to stop allowing its security staff members to transition from security staff to counselors at the facility that were employed at as a security member. That creates a conflict of interest, for how can someone who was just in charge of insuring that I remained incarcerated and disciplining, punishing me for alleged rule infractions. Now advocate for me on any level in regards to my rehabilitation process and early release, or timely release from prison!? That's insane!! Security staff members turnt counselors are very indifferent towards prisoners which prevents them from doing their job efficiently & sufficiently for the prisoners. Prisoners have to fight/argue with the counselors just to get them to do the simplest things for them. The counselors are always manipulating all of the processes that the prisoners have to grow through like reclassifications, transfers, schooling, programming, so the prisoner can be denied opportunities in the areas listed above for one false or purposefully misinformed reason or another in order to keep the prisoners stationary or stagnant in their rehabilitations process. Which needs to stop.

52. Just a general IDOC thing, 85% sentencing should be allowed to receive good time credit like everyone else. It's the crimes that are 50% that have high recidivism
53. Centralia is not a bad place at all!!! We have to much movement if anything and they inmates, there are good guy's here behind the fences! Even the more problematic ones are low grade minor trouble makers for the most part. My ONLY complaint is the limiting of programs/the assigning of programs by M.S.R. dates. For someone like me I'm kinda stuck in situation where I just can't get into school! I'm literally begging my Warden **[NAME REDACTED]** to let me attend college!!!
54. Access to phones was not addressed and Phone Access cause 75% of problems here. The phones need to be on the tablets
55. 1. Healthcare don't have a doctor here on a weekly bases. And when they do, they don't help you. No is the answer. 2. Should be a honor house for people who are doing good. 3. The C-grade house is bad because people are getting hurt daily. 4. More jobs for us, with better pay! Like industry work to help the economy for our country. To save. And rehabilitation for us. 5. Please take these survey serious. You are needed!!!!"
56. It would be more helpful to really see concrete change! For the better thought! I understand we're being punished for breaking laws, but a lot of guy's were caught up in uncontrollable situations so to just continue to punish with no chance to feel human and gain redemption is not helpful to anyone.
57. Thank you for doing this survey. Your work makes a difference to the future we are living towards.
58. Please look into this place and healthcare.
59. its unfair that these transformers get all this make up, panties & bras. So why can't us strait guys get get pussy pockets or/and blow up dolls (Chinese, Black, Mexican)
60. The healthcare is very slow which is causing a lot of pain and suffering, and there is a lack of support for veterans locked up. The way they are running schooling and programs is wrong, as people who are short to their outdate go first and those who have a lot of time can't do anything.
61. Way to far from home. I have bad asthma and need air cond. Concrete sweats in summer. Ants all over. Mattress to thin to sleep on + hurts.
62. I have had several medical issues, I am diabetic and need **[MEDICAL DETAILS REDACTED]** I've had doctors order orthopedic shoes 3 times in the last year and half? But never receive them?? After **[5+]** years of incarceration I finally saw **[REDACTED]** specialist about 2 weeks ago, whom immediately told me that I either need **[MEDICAL DETAILS REDACTED]** or be a cripple!! But as always got to wait & see IF can get approval by this place? Also, there are instances of certain officers & staff writing tickets and outright lying to create inmates unnecessary suffering!!!
63. Even though the Covid restrictions have been lifted in as far as visitation is concerned, this prison still have "glass dividers" on the visiting room tables, making it difficult to hear our loved ones. This makes loved ones not want to visit due to uncomfotability.
64. All of the staff from the Warden **[NAME REDACTED]** on down make it impossible to know the rules of this facility because then change them as they go along day to day. They also catch 22 types(s) of situations by punishing people (individuals-in-custody) whenever they force them into non-compatible cell assignments, and tell them refuse housing or fight, there are no other alternatives!!! So, now that JHA is armed with this information, what are they (you) going to do to correct problems like this? I would like to talk to your lawyers "in-person" about some other matters if possible. **[NAME AND ID REDADCTED]** Centralia Corr. Center!

65. Cable. We spend money, our money, for channels we do not get. We are treated like children when it comes to cable and movies but we can have porno mags but game of thrones is to explicit? Staff gets food on the state dime that we are not allowed ""lil smokies"". We pay for GTL subscriptions but Wi-Fi does not work in the cells and if you get C-grade you lose access to your tablets and your money is essentially confiscated. Educations, I have been locked up since **[DATE REDACTED, 20+ YEARS]**. I earned my GED in the county jail and since **[DATE REDACTED]** I have not been allowed to further my education. All because of my time and the fact that at the time Stateville did not offer anything above a G.E.D. Now that i've been informed that my TABE score was changed **[DETAILS REDACTED]** because of a new test and new scoring method even with my G.E.D I no longer qualify for higher education or vocation training. How does this prepare me for a life How does this promote justice? I know this is supposed to be anonymous but I need to be seen. **[NAME AND ID REDACTED]**
66. I have been completely isolated from my kids and family at this prison, the inmates control the phones 100%, I have been incarcerated for **[# REDACTED]** months. I am a first time offender at 50% I can receive good time as long as I do sex offender treatment but the waiting list is to long to get into treatment plus in receiving and placement they sent me to a prison that doesn't even offer treatment, I'm trying to be compliant and productive but the prisons are overpopulated and understaffed.
67. Let me go to work release since I am a minimum security risk & have 2 years left. The counselor wont put me in, all because I got a ticket last year in **[MONTH REDACTED]** that was a major ticket. Why cant he put me in to go to work release?
68. Sex offenders + people w/out \$ have a harder time, Finding options for release/help from anyone!
69. When disciplined they don't take situation into consideration, multiple tickets for incident. Max penalties for tickets you didn't commit. Ex. I got in a fight and won so my face showed no marks and the aggressors face did. He lied and said I didn't hit him and he did. they gave me assault even though there is no video evidence. they used him as confidential source. they took **[REDACTED]** days from me, **[REDACTED]** months "C" grade, **[REDACTED]** month yard restriction. No real judgment. they come in pre-determined punishments before tickets are "HEARD".
70. We Need Help. and women. Contrical visits.
71. I think all races should be treated equally, especially in healthcare unit where whites are placed on pedestal health concerns and issues with all treatment.
72. I have a 50% case, so I can get good time... I worked and went to school and earned a year of good time, but they say I must take a sex offender class first to apply my good time, yet this prison has no class and I have been approved for a year to go to one that does have it, but I'm still here. They say they usually transfer when you have a year left, but the class is a year long, so they are giving you false hope. All that good time can never be used. It's not fair to my family who has prayed I could get home sooner.
73. this institution could be a great tool in rehabilitation but because of regressive policies, and poor administration and no real oversight, all such hope fail's at this institution, This camp is run daily based on a book called "The Willie Lynch Letters"
74. Mental Health Staff is very poor and need to be checked. None on weekends.
75. **[NAME AND ID REDACTED]**
76. Healthcare is terrible Ive had a **[MEDICAL DETAILS REDACTED]** for a year and a half here, they have no doctor the one I did see after months of waiting told me that this facility does not do nothing unless **[REDACTED]** which is dangerous, Im still

- trying been waiting 6 months to see another doctor, they cancelled my yearly physical and never rescheduled, took my blood for my cholesterol level and don't even tell me the results, so I dont know if its good or bad am allready on cholesterol meds!
77. Nothing will come of this SURVEY!
 78. **[PERSONAL DETAILS REDACTED]**. Currently there are students in school that don't care to be. As far as I am concerned, these people are in the way of others that really want to be in school. The policy in use here only allows those with 3 years or less to be admitted to take A.B.E. or Advanced A.B.E. classes. It's not fair for an individual to be denied basic education because he has more than 3 years remaining on his sentence.
 79. This place is poorly maintained by maintenance, ice machines don't work, washers and dryers broke, plumbing and heating not good. Electric fans are not available. Staff treat inmates bad. It is bad here.
 80. I hope that some good comes out of all of this because we are treated very bad in prison even tho some of us arnt here for being bad ppl weve just let drugs or bad people influence us into doing crimes!
 81. There is often complaint about this prison is under staff when in fact it appear to be over staff, due there are many times when no major line movement is happening. You can find anywhere from 6 to 13 officers just standing in a circle hanging out talking about hunting and other nonsense.
 82. Centralia need more groups like Hill C.C had. I transferred down here and still haven't been able to get in mental Health groups.
 83. Help make a change!
 84. Make the decision on an offenders transfer solely Springfields decision, the individual prisons should not have the responsibility, truthfully it should be an independent board away from idoc. Stop violating peoples parole, give them house arrest for the duration of their parole, fine them for petty violations if they aren't convicted yet like me, let them fight their case and see what happen, instead they violated me, caused me to miss court, and now I'm serving my parole time, then have to go right back to jail to fight my case. how is that fair.
 85. My Name is **[NAME AND ID REDACTED]** I really do appreciate the opportunity to voice my opinions. Thank you.
 86. Statistics from surveys doesn't always show the problem
 87. Thank you for letting the inmates tell the truth about this place finally!
 88. They are not transferring inmates outside of Centralia. There are no programs or anything here to learn or get into to stay productive.
 89. At what point do covid regulations end here? We are still limited on visits, our families have to schedule visits online, wear masks and we still have glass partitions in between us on the tables. There should be no time limits on visits anymore. Limits were instituted because of covid. Please end the covid restrictions and regulations, that were put in place back when covid was out of control.
 90. What is the purpose of this survey if there is not real help coming from this. Why do these if there isn't any chance of change coming from this. How many survey do we have to go through before something is done.
 91. Free me **[NAME REDACTED]**!
 92. Thank you for the survey
 93. Need to bring more program and school.
 94. Help! For real this time!!!
 95. Give us overnight visits, better food, more programs, like trades and degrees

96. They also have a LGBTQ+ Prism Program here and they are not running the program the way they should. Instead of having a housing unit or units specifically for us when people mess up in the program they put us out in general population where we are bullied, assaulted, telephone being kept away from us by inmates and when we report these things to staff they be trying to put us in seg and write us tickets and wanna put us in E-5 C-grade house even when walk ourselves off units in gen pop to try and avoid situations they still punish us and they also have a lot of transgender inmates in population who messed up in the Prism Program or signed out or kicked out for bogus tickets written by officers or officers who have personal grudges against inmates letting the same officers work in the programs for months & years at a time because they don't want to leave so they keep doing what they are doing and administration honors this and they are supposed to rotate all officers around every 90 days but if an officer wants to stay in a certain housing units or go to a certain housing unit every 90 days the Administration honors all this in Centralia C.C. Springfield comes down here they will lock us down in our cells and won't let people walk to the wings to talk to us. they will bring them to the dayroom or outside the officers foyer this prison is full of shit
97. The prisons are starting to become to relaxed as for discipline. For example an inmate gets caught smoking drugs there's no seg time. Doing tattoos no seg time. Fighting a couple days. There needs to be harsher discipline
98. I hope y'all can help these prisons get better rather we going home or not. Someone in prison who may never go home can one day help a man or woman will go home one day
99. Please help us by letting ever one earn good time.
100. The transfer process in Illinois is terrible. Again, I need a certain course to start earning good time credit. My facility wont offer it and I never get news about the facility I need to go to (Taylorville). All these murders, rapists, arm dealers, thieves, etc. get more chances than I. I clicked a button on a phone. No one takes the time to get to know you or your case. my case has nothing to do with violence or pedophilia but they see the title and that's it. No chance to get a one on one visit or opportunity to do anything. I got **[3+]** years for clicking that phone button and I will serve every second of that **[3+]** years... and that's not fair when I'm compared to many, many more severe charges than mine. But these people will serve 1.5-2 years of time for more violent, serious charges. Get to know people, don't judge them by the title alone. I deserve to the same opportunities as all inmates. Stop discriminating.
101. Its the Dept of Corruption. Not Correction. Illinois prison is all about the Fed's \$\$\$\$. Money is all they worried about. Even tax the shit out of commissary. Double prices, for profit. Healthcare sucks at all the prisons. Dental sucks as well. They put you on waitlist intul you leave. So they don't have to fix or treat you.
102. You have officers, Sgt, + many others saying + I quote "I hate n*****s and even more than n*****s, you wiggers" (whites hanging out with black + brown individuals). Were being feed as if this is a concentration camp or were in a 3rd world country. No type of schooling for long term offenders. Have to be a snitch to get a job!
103. I would like someone to reach out to me if possible
104. C/O's are able to get away with retaliation. If a grievance is written, CCC sides with their C/O no matter how wrong their actions were. Example: I received a "video visit violation" during an in person visit! Upon grieving issue, CCC refused to rescind the violation, even though it was not a video visit. Violation was issued by a C/O one week after I filed a grievance on said C/O, clearly in retaliation.

105. If you have 2,000 inmates you should had 2,000 doing something good, you life is at mercy of a waiting list for months maybe years to study or do some productive. System is in desperate need of re-structure.
106. This place has not recovered from pre-covid times. TBD
107. I have been in at least 5 fights with past cellmates. Don't want or need the trouble cellmates bring. Need single cell. Cell small any way, need "some" privacy Im only human
108. I spent [20+] years in prison inside of maximum security prisons. Centralia is DISNEYLAND compared to Stateville circa 1997. No Prison is perfect, and staff members are human. Outside of Kewanee or Murphysboro, Centralia is probably one of the better prisons.
109. The complete legal system here in Illinois is flawed. This system is to condemn only not to help anyone better themselves. Everyday is nothing but pain and suffering.
110. Counselor **[REDACTED]** of Centralia is censuring the re-entry civics program -or- "Re-entering citizens civics education act." **[NAME REDACTED]** is scaling back the curriculum because he thinks there is too much talk of race. He is teaching the classes himself when they are by law to be lead by a peer educator. Moreover, the classes should take place over the course 6 hours in three days. He is only doing the classes for 1 1/2 hour in one day. Centralia CC and the IDOC is bound by law to teach this curriculum without imposing personal cultural beliefs.
111. We need a Doc or someway to get help with meds, healthcare sucks here
112. The only thing that I have to say is I pray that things will get better soon. Also to a lot of people feel like these questionnaire's are a waste of time. So I'm rooting for you to prove them wrong.
113. Will this survey mean anything in terms of changing Illinois prisons or did I just waste my time? Did you even get this or did the mail room keep it?
114. Wish there was more vegan and healthier options in the commissary. Also wish was a way to get natural drugs to help you sleep stead of having to take syke drugs that can harm you
115. I have reported "fear treatment" devices to the federal bureau of prisons, for a witness to the research of these devices call **[NUMBER REDACTED]**. I had my **[REALTIVE NAME REDACTED]** look up name and # off the device cover to discover they are "fear treatment" devices. One week after my call they changed their website to like they sell "fire-covers" I still want to remain anonymous, but these devices are real, I was on then as a child through DHHS. They are installed in each wing I believe in the back cells. Mental health has been made aware of them but no-one and the state doesn't want to investigate themselves. They are using inhumane high levels or PRF to try and silence me or to get to give up. I imagine this might not even reach you since I put this in here. Just looked at their computer systems in security-command. I trained against these devices in the national guard at IDOC facility called "the cavity" over the railroad tracks in Springfield. Someone must stop IDOC operating them.
116. I had a **[MEDICAL DETAILS REDACTED]** because the healthcare and lack of a doctor. Now I am **[MEDICAL DETAILS REDACTED]** and they don't care. Now I am stuck in here with **[MEDICAL DETAILS REDACTED]** and no real help or therapy to get better.
117. This prison is so unprofessional, we have food supervisor and had a counselor working in our unit on several occasions which is not suppose to happen. THANK YOU!

118. The survey was great if things change. My plan is to transfer out of this prison ASAP. This prison is ran poorly & needs someone that care to help people at the warden spot. People with 85% sentence should be able to get good time so they can be motivated to get home to their loved ones. Because a lot of people in the Illinois prison system are over sentenced or they are innocent.
119. Didn't ask too come to Centralia CC
120. It would be less stressful for both staff and prisoners if aloud to reside in single cell! According to Fed law two man cells are not legal. Why should state prisons be allowed to break fed law? I have been wanting to see a doctor since **[DATE REDACTED]** still have not seen him? The medical is one of the worst departments in this prison! I had single cell permit in last prison for over a year. I come here and permit not honored, so. A lot of people in prison all most every one of us just wants to be left alone to a certain degree, no one wants to be forced to live with a total stranger or any other person they dont like or have anything in common. No grown man wants to be told to wipe the seat off, wipe the sink out take a shower you stink you snor, you are a slob, you are a pig, don't do this, don't do that, —ect—fights break out and sometimes people get killed by those type of cell mates. You never know what's going to come threw the door? Also some type of interactive games would be helpful like sony play stations 1 or 2? Or controller with games built in plug and play? Driver games, alternative reality to escape into virtual world. Prison life that is more comfortable and less stressful, would make individuals in custody more docsile and easier to maintain no one wants there games taken away. So this would give insentive to follow rules and regs. Resulting in better prisons. (Because prison is not so bad it's the people in them that one is to tolerate that is.)
121. This was my first time and it will be my last.
122. We need better food they getting money off us feed us better please and thank you
123. Support and use your veterans in a positive way to enhance the quality of the facility.. I'm not sure how, but you all can think that up. Stop placating us with this useless mental health program. They do nothing for us except just prescribe pills! When my **[REALTIVE]** passed I went to see them, but really what could they do nothing. but say, "we're so sorry." What does that do for my mental health nothing. There just have to be better solutions for rehabing us that are incarcerated.
124. Good survey. Inmates also use other pin numbers to have access to phones to keep other inmates from using their phone time all day. Issue has been address but needs to be take care of. Dietary food - they need a better menu than what they have. The rope sausage is disgusting. We should have regular hot dogs w/ hot dog buns not sliced bread. Certain foods need to have condiments on the trays. They need their tilt grills fixed (kettles)
125. Less transgenders or none they should have there own facility. More helpful programs to prepare us for the real world more jobs more food better commissary cheaper electronics 1 15 inch TV is currently \$250 thats not including headphones cable cords or any other things u need for your TV. Better channels. A doctor on site this facility has no doctor all nurses. Taken more seriously when injured instead of given pain meds that do nothing. Allowed more visits allowed calling and visits on the tablet that \$130 to buy not including Link units. Good time for more things! Much more privacy from inmates and mainly C/Os
126. I have been incarcerated **[20+]** yrs, and I truly say for the last several years prison life has gotten a lot better. I am an individual with a life sentence with no possibility **[ILLEGIBLE]** of being released. I hope and pray that it **[ILLEGIBLE]** to be somewhat safe. Please I.D.O.C. keep moving forward with people like myself. Thank you!

127. This prison has a mission statement that does not fit!
128. Both medical staff and doctors always think that all prisoners lie. This is not true.
129. The centralia prison is a Joke Sex offenders are bullied, extorted daily. Staff puts their case on blast. That puts a target on their back. Sex offenders need their own housing unit/cluster. I have been bullied and beaten up over this issue. I have constant pain from my **[MEDICAL DETAILS REDACTED]**. I have to work to get a extra \$4.00 a month. I'm in a \$30.00 a month pay slot but I can only get \$17.00 a month because of my Tape **[TAFE]** score. I had a IEP in school because I was in special ed. I cant get into school because I have to much time left. How is this not a violation of 13th amendment and 14th amendment. I'm being discriminated against due to my disabilities of being able to learn. I was moved on **[DATE REDACTED]** because I was white and there was to many white people on one side of the house
130. stop giving all the f*****s good time and give it to the 50%
131. Medical care here is HORRIFIC. Healthcare unit is grossly under staffed. Medical staff are callous & indifferent to serious medical needs. There is no emergency medical mobile unit vehicle for staff to use when reaching & transporting inmates in a medical crisis. By contrast, maintenance works have several motorized vehicles to travel around the compound in a hurry.
132. the laundry maintenance sucks, its been over 3 months since I dryer went out and we still haven't receive a replacement
133. Send help.
134. please make available or help pass a law for the slaves to make more money to provide for there kids + family
135. people starving 85% of their time should get goodtime for going to school Please
136. A better healthcare system that can provide transport for surgeries for people serving more time hell time period. And actually provide treatments instead of wasting time. A more direct open door grievance policy
137. I know as a human ben, we make mistake, some greater then other but were still someone and we need this survey to help get the word out there, that prison is not about helping us to better us, but keeping the state pocket full with overpay and bonuses, there just babysitter
138. Please investigate this prison. They get away with abuse on all levels.
139. I have **[20+]** years @ 50% and cannot read or write and they tell me I cannot start school until 1 year before release and no school = pay restriction Also I am dyslexic with no help.
140. This prison is being ran as a personal ownership by staff, not professionally. State of Illinois has no control over this prison! (in **[20+]** years straight this is the worst prison I've seen.)
141. Thank you for your time hope it make **[ILLEGIBLE]**
142. I want to ask? Why dose good men as myself come to prison, for protecting himself. And have no lawyer to speak for them so they make you take a cop out in court. And in the long run. you are looked at as violent? Dose one has to stop defending himself to be killed by a friend or family member to see what is domestic and what is not?
143. Thank you so much for your concern and attention.
144. Have a good day
145. Centralia needs a lot of great improvement!
146. Be more specific. Ex Q8 Section, not all staff are the same & the rotate so Qs on trust, support, fairness & unit officers could be answered accurately. Staff response to incidents (q9) is not specific enough as staff don't know about all incidence. Q10, mental health treatment is available but far from adequate, it's about \$ + lawsuits

- with them + treatment decisions. As far as prison being better than to broad, there are many facets of prison life, some things (very few) improve, many get worse. See notes on Q10 & Q11 section.
147. None
 148. Prejudice treatment because of my case once I receive no help and am given the run-around when seeking answers or simply ignored. Zero regard for any sex offender and zero programs and assistance.
 149. Thank you for hole other people
 150. 6 months to a 1 year goodtime should be given to all 50% people like they did years ago.
 151. Our windows need to be sealed for winter. Our vents spew so much dust it crazy. You can see inside that the duct are coated with dust. Our house restroom ducts/vents don't work and are severely coated with dust and grime. The chow hall walls are coated with food. The fans in the chow hall are coated with dust. We have 4 phone for almost 100 people, we have 3 tables for almost 100 people to use. There's no counseling. No school good time for most inmates. The staff unions protect the staff for all things and the staff now it and act as if there are no repercussions to them. Our grievances are never take serious. They always award the prison or staff. And the staff are the one reviewing them. No wonder an inmate hardly ever wins. All the staff always has a preset answer to whatever you ask. that the reason we call them spin Dr's they tell you that they understand or act like they'll check on things and never do. are doing anything to help your situation.
 152. To have better food.
 153. Wardens and staff dep. to help us get our request done.
 154. I ben in this prison for 1Y and still don't have a job **[ILLEGIBLE]** I have not ben in school yet
 155. Too much complacency! Too many C/O & "standing around all the time, LT's too!" School staff unreliable!!! Dietary deficiency! Medical, Healthcare deficiencies! Commissary deficiencies unreliable! centralia cc 62801
 156. The Governor needs to appoint a Director who will meet and listen to the prisoners in their custody. Just because they have a "title" in front of their name; doesn't make them the smartest person in the room on meeting. We're all human beings and should justly be treated like human beings.
 157. x
 158. N/A
 159. spread the good jobs ground equally and to stop giving them to only white and Latino inmates. Treat straight inmates equal as they treat transgender inmates
 160. wish waiting lists for classes weren't so long...
 161. there is no doctor in healthcare, which is causing delays in treatment and neglect.
 162. Overall, this prison is very good—much better than county.
 163. Help me
 164. blank
 165. I suggestion putting phones on the tables, because the phone is by far the number one problem. Also everyone no matter how much time they have should be able to work all jobs for the most part and be allowed to go to school and not kept in a cell all day. How is that treating people like human. My dog wasnt kept locked in 23&1 or pretty much all day. What do you all expect for real? Then you all ask all these crazy questions like what have you did to better yourself? Nothing you all keep most of us locked up all day. I was one who use to be locked up all day for **[10+]** years. Now I

- am out but with nothing meaningful to do but call my family, and have to almost get in to it to do that!!
166. I appreciate this survey. Some responses were harder to give because specifics weren't asked for. Coming to actual prisons & asking individuals how their daily life is. It would be nice if you could send people in to observe what life is like without the admin knowing. The only way to get facts. Not opinions.
167. They need to change who can take classes because if you have a lot of time you cant take any classes.
168. I find that the intentions of this survey is a hinden and open misleading of an oppressed and most denied people in this country. I am talking about "black man and black woman." People are not born bad, they are made bad. You do not need to change the minds of a devil. But elevate the knowledge of the Black God's and that brings in a new way of thinking. So if you really trye to your help, be about it, stop talking about it.
169. I just think staff are for most of them are respectful a few not so much. I've been this prison for almost [10+] yrs, and this prison far worse with our dietary and just as bad or not worse with getting health needs done in a reasonable time.
170. fight with celly
171. Please take in considerations every prison its self and make sure to pressure that state to have Centralia C.C. to comply with a weekly basis transfers and to applied the same treatment for any individual no matter the time or changes Thank you. Personally i been approved for almost a year to be transferred to **[IDOC MINIMUM SECURITY PRISON REDACTED]** and I being getting all this excuses last one I had is that their transferring people with a sentence of 2 years or less but they keep on bringing people in is a never ending circle which pushed people who has more than 3 year sentence back in the waiting list I hope your office can do it something about this situation Thank you centralia C.C.
172. The Wardens here can do more to ensure all individuals in custody is receiving good healthcare and proper treatment from staff. Warden **[REDACTED]** does not ever respond to our grievances about our needs and neither does any other Warden here at the facility. The warden does not care about us and his actions proves it. **[NAME AND ID REDACTED]**
173. I would like to say to everyone at John Howard keep up to good work.
174. I have been to **[5+]** joints in **[10+]** years, **[2+]** bits. I never get tickets. I've gotten **[6+]** tickets in **[3+]** months here. Give someone a job. Their rule is 90 days, and I've been here **[3+]** months. If your on C-grade they give you no calls. B-Grade 2 per month.
175. C/O's should pay attention to what is going on more often. Too many are caught sleeping!
176. We NEED better healthcare, we wait months to see the doctors here
177. Allow people to have the cellies they wish if they both consent to it, allow people to be able to work anywhere, get better cable, and WiFi, put old timers 50+ together and the youngsters in there own spaces. I wanted my name on here to prove how things are going to be.
178. Only that I thank God for keeping me strong enough to do the **[20+]** years I've done. **[INITIALS REDACTED]**
179. Wardens and dept. heads walk around periodically and just spin you around. They don't ever get back to you.
180. You could of used this space for Q13
181. Older inmates should be released, "No longer a threat to society," Waste of TAX payer dollars—High medical bills

182. I was diagnosed at this prison 3 years ago All requested services + tests Denied.
183. Commissary issues need to be addressed. Diabetic issues must be addressed because there is no consistency on schedule for insulin or diabetic meals. Dietary menu could be better.
184. No comments because you all are not going to fix things or try to come up with any solutions, but thanks for getting me something to do in the meantime.
185. This prisons staff and programs need reform
186. don't put rapist with violent offenders because they don't match they bound to fight. Don't mix gay offenders w/ non gay offenders because the bound to fight or get raped. strictly those measures. **[NAME REDACTED]**
187. We as inmates need more than just a box to express what's happening in Centralia, this prison will never change is the higher ups don't get involved.
188. Staff in this prison loves to spread rumors about inmates to other inmates. This is a security threat because staff can get someone hurt. Also staff starts a lot of the conflict between staff and inmates by the way staff treat and talk to inmates.
189. Haven't been here long
190. I feel like this prison need to be pointed on having a doctor 24/7. I feel like this prison of Centralia, IL, needs to be more respectful of (LGBTQ) community in here b/c we always being targeted all the time! Not being able to get on the phone and others hogging the phone! There should be other way where we could have a phone in our cells where there would be less fights and trouble for others!
191. This prison give tickets for stupid stuff and lets real issues go unnoticed its not fair.
192. I have **[10+]** years left and I can't get in any programs because of how much time I have left. Maximizing trades in prison for individuals is to like right . Prison only help people who understand they have to change to get a better outcome in life. Prison is fun for the young guys because their not forced to get in programs, so they have fun and get out and come back.
193. Mail is always slow getting in: currently 2 1/2 weeks from postmark! And it is a constant problem having mail denied because they say it has a stain or substance on it! There is a huge problem here with inmates getting high on drug paper they get in through employees, it is a big money maker and you can smell guys smoking it constantly and no action is taken to get it eliminated.
194. They need more structure like most other facilities more programs for re-entry start now, inside, outside dad, anger management, drug treatment classes, any thing that could help you get released faster and better your well being for re-entering society. It sucks here they have no programs..
195. You need to talk to "us" in person and look at the conditions.
196. This facility has almost non-existent healthcare, the food is horrible & is usually not what is on the menu, the commissary is trash, you have to buy food items just to make up for meals provided and a man can't get decent socks, shoes/boots, underwear or toilet paper but they make sure there is plenty of bras, panties, + makeup for the so called Trans! Not to mention the video monitors hardly work and they like to cancel visits! I stay in my cell most of the time because my mental health keeps declining due to all these reasons & with **[10+]** years left it is all very hard to overcome.
197. My guess is anyone reading this is just a feeder bar for a food pellet twerp. Inept cogs in a machine you know not what. Its far too late to make any useful repairs. The machine must be scrapped and rebuilt. 70% of the inmates are in here because society failed us, either by being wrongly judged, or under educated or just plain discarded, fuck all of you compartmentalized negation puppets. You make me sick. I

- payed taxes for over [20+] yrs, in this shit sucking state, I voted for 20 years, ""waste of time."" Raised my kids proper, always worked hard. One mistake and a twit liberal judge. Sentences me based on current popular politics that have nothing to do with justice! I have been shown that this state bends or breaks its own laws and rules as it pleases. Why should anyone follow the laws of a hippocracy? The value of human life means shit to the IDOC. So Ill return the favor. So it no longer means shit to me either, what you dumbasses should consider is the consequences of putting MENSA level IQ offenders in prison at all. It makes for bad mojo. "A curse upon your houses" for what I've learned in here! Stupid bastards!
198. Sex offenders should get good time just like anyone else. It shouldn't be given to a certain few. Some of us didn't do what we were accused of. Me for one. But we have no way to prove it. We can't even get a polygraph test. I for one am going to die in here for something I know 1000% someone else did. But I can't even get the Innocent Project too help me! Because it seems from what I've seen that they mostly help Black inmates!
199. A lot of the staff members are very negative especially some of the white shirts; they only harass you; no help with anything.
200. We need phones on our tablets to prevent violence and fights. We need equal opportunity for jobs, school and programs, etc.
201. This healthcare unit at Centralia Corrections is by far the poorest I have ever witnessed & experienced. There is no prompt actions when dealing with major health issues. The wait list is absurd. Haven't seen dental since initial check & that was last year. I have requested to be seen multiple times since & nothing.
202. Prison life sucks I do not see how people do it in here over + over + over all there life, I just don't understand what is wrong with people. This is my 2nd time and I promise my last.
203. Basically everything in this world is run by computers, we need a computer programming class that teaches simple computer use. And feel that if we were able to have visits on our tablets, instead of the monitors here, that would improve this prison a whole lot!!! Thank you!
204. Centralia CC focuses only on the needs of its correctional officer staff. Even if it's state inmate funding is directed to them. They refused to pass out basic bedding annually or new clothes for years. This dietary never lives up to the state mandate. Commissary is too high. Never enough. Always without. The cable contract is a robbery. Misappropriation of funds on all levels.
205. to many fights over cell mates not getting along
206. 1. I was denied by Centralia CC to be transfer back to Dixon CC (STC). After I inform them that I withdraw to transfer to Centralia CC on [DATE REDACTED]. I have mental health issues. That the mental health declined to assist me with it, I've try to self harm number of times & did [3+] hunger strike. But no one declined to assist me. I don't feel safe here in Centralia CC.
207. Have trusting inmates work for money like chain gang's outside prisons cleaning along roads! Highways! Helping with disaster relief!!
208. I could write a ten page letter on everything but you wont believe it until you people truly investigate what is really going on here. I have trouble breathing and a lot of phlemb. I tried to get a c-pap machine Doctor [REDACTED] said that its not for breathing!!!!?? I shook my head and left.
209. This facility has too many punitive measures in place and not enough rehabilitative solutions to address incarcerated individual needs.

210. We need more ACTUAL counselors, teachers and not any more correctional staff. That way there's more classes, programs available and no long wait list. There would also be more options versus the 3 classes and 2 programs this facility has.
211. Mental health is not available at all times and when they are available they dont want to talk or care about what we have to say. Some of them do not care but there are few that does.
212. Please I just want to do my **[4+]** years and go home Thank you!
213. This is a sex offender facility but the staff is not willing to help those with sex offender cases with housing or the proper treatment so they can recieve the much needed help! PUSH for the transfers to "Treatment facilitys"!
214. Sound absorbment material to decrease volume of noise.
215. Thank you for taking this survey
216. This commissary does not even carry winter hats or gloves.
217. 98% of the fights that goes on in prison is due to the lack of being able to use the phone.
218. I will like you to really look into this Thanks
219. Work release, help with jobs housing getting back to life on outside I did **[10+]** years and was completely lost when I got out!
220. N/A
221. The commissary need worked on. The resources from helping convicted S/O's need to be better.
222. Counselors are really an issue at this facility.
223. Medical here is terrible take urine tests blood tests no one even tells me the results. I'm in pain daily in my **[BODY PARTS REDACTED]**. I have to constantly laydown. My quality of life is poor I cannot exercise or even walk do to severe pain daily. Constantly provide pain meds that don't work I've taken **[MEDICATIONS REDACTED]**, for years there destroying my kidneys and liver instead of truly finding out whats causing me pain. Try this that. I've had **[TESTS REDACTED]** that me and my family had to fight to get. I need an MRI there's no primary doctor here. 2 years now. I have my **[MEDICAL DETAILS REDACTED]**. I belong in health care. If attacked and **[AGGRAVATING MY MEDICAL CONDITION]** Id die in here. I'm in general population I explained to Dr. **[REDACTED]** he said well you have not been attacked yet. I'm temp. single celled only if they have room my **[RELATIVE]** contacts you ACLU no one does anything. **[NAMES AND PHONE #S REDACTED]** They will tell you.
224. Why do we all have to beg and beg just to earn good time as 50% individuals. Why is it so hard to earn/be able to earn and so hard to get in programming? It's sad.
225. In East 5 at Centralia Correctional Center they completely shut off the phones... We cant even call PREA...
226. Fuck this place period.
227. If a person's in for a non-violent offense allow them to go to work release, tell them why they're getting denied good time. Stop telling us the truth about things, rather than saying you don't know.
228. Nothing will be done regarding this survey.
229. My victom has come forward and told people that I did not do anything to her. And there is no way to get her or her statement back into court. I am innocent of this crime. And have to do this time knowing this.

OTHER MARGINALIA COMMENTS

Q2. Race or ethnicity (White, Black, Hispanic or Latino, or Other)

1. [White] caucasian
2. [Other] Asiatic
3. [Black] African American

Q3. Are you within two years of release? (Yes/No)

1. [No] **[20+]**
2. [Blank] working on going back to court.
3. [Yes] **[DATE REDACTED]**
4. [Blank] I do not know? God can work a miracle...
5. [Blank] unknown

Q5. What housing status are you on?

1. [Other] C grade house
2. [Other] C-grade house
3. [Other] E5 C grade house

Q7. Do you have a work or school assignment? (Work, School, Both, Neither)

1. [Neither] Not allowed
2. [School] Just started
3. [Work] Arbitrarily taken. Warden ignores the rules!

Q8. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

I receive support from staff when I need it.

1. [SD] On most issues

Staff here treat incarcerated people fairly when applying the rules.

1. [SD] Racist, Arrogance of Authority, Spin Masters
2. [SD] leverage/agenda

The best way to get things done is to go through official channels.

1. [SD] Spin Moves
2. [Blank] ??????
3. [Blank] I still don't know!

I have been helped significantly by a staff member with a particular problem.

1. [N] depends on the C/O

Overall, I am treated fairly by staff.

1. [D] Breathing still sooo...

Q9. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

I feel safe from being injured, bullied, or threatened by other incarcerated people

1. [SA] I was recently pushed and seen by staff and nothing done about it.

Staff have enough experience and expertise to deal with issues that matter to me.

1. [A] But don't spin moves

If you do something wrong, staff only use punishments if they have tried other options first.

1. [SD] first
2. [D] All I see is punishment

Staff are argumentative towards incarcerated people

1. [N] Some what

To get things done, you have to ask and ask and ask.

1. [SA] & not even then does it get done
2. [SA] Staff sleeps
3. [SA] and it still wont happen
4. [SA] and sometime still don't

The environment encourages me to think about and plan for my release.

1. [SD] Makes you worst
2. [SA & A] and plan for my safety here

Positive things only happen for a certain type of people.

1. [SA] Transgenders
2. [N] Stupid question, the tranny's are catered to
3. [SA] snitches

I can't improve my situation through good behavior.

1. [A] Its not looking like it

My experience of imprisonment in this particular prison has been stressful.

1. [A] VERY!

I have to be careful about everything I do, or it can be used against me.

1. [SA] Like walking on egg shells...

On the whole, I am just doing time rather than using my time.

1. [Blank] ??????
2. [A] 200+ years!
3. [N] Wish I could use my time

This prison is controlled by incarcerated people rather than staff.

1. [SA] Phone's Laundry
2. [A] In certain aspects

I feel that I am treated with respect by staff.

1. [D] depends on the C/O
2. [SD] Not even human.

When I need to get something done, I can normally get it done by talking to someone face to face.

1. [SD] Run around
2. [SD] file grievance after grievance
3. [Blank] It dont matter I still cant get anything done in anyway
4. [D] depends on the C/O

You never know the rules

1. [SA] Each day they change for them!
2. [A] They change daily!
3. [SA] They change
4. [SA] change all the time
5. [SA] never, writ in pencil

My experience in this prison is painful.

1. [A] Literally

There is a hierarchy among incarcerated people.

1. [SA] I'm at the very bottom
2. [A] Special treatment.

The disciplinary system is fair

1. [D] because some get better treatment regardless
2. [SD] Power Abusers

There are a few incarcerated people who run things on this unit.

1. [SA] Phone thugs, telephone gangsters...
2. [A] Receive privilege

I have to buy and sell things in order to get by.

1. [SD] Because the food is extremely poor the wardens don't care
2. [Blank] ??????
3. [SA] Can't have a job in Prism Program.
4. [A] food
5. [N] not me

Decisions are dominated by concerns about security.

1. [Blank] ??????
2. [SA] false manufactured security concerns
3. [A] I rarely feel safe

My time here seems like a chance to make positive changes.

1. [SD] hopeless here
2. [N & D] On my own I do this but not from this place at all
3. [D] Lack of resources

Q10. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

I am not being treated as a human being in here

1. [SA] They call chow line Feed line
2. [D] more like a UPS box

You have to be in a group or gang in order to get by.

1. [SD] use telephones
2. [Blank] ?????
3. [D] I refuse!
4. [N] \$

When important decisions are made about me, I am treated as an individual, not a number.

1. [SD] patronized

Drugs cause a lot of problems between incarcerated people.

1. [Blank] ?????

Bullying behavior by incarcerated people is not tolerated.

1. [SD] Happens all the time
2. [SD] I was attacked in the face of C/O
3. [Blank] It goes on I cant say

Anyone who harms themselves is considered by staff to be more of an attention seeker than someone who needs help.

1. [SA] Have over heard stuff saying as much

I am able to maintain meaningful contact with my outside supports.

1. [N] Barely that smh...
2. [SD] 0 calls for restricted housing!
3. [SD] no phones in E5
4. [D] Issues w/ Securus

This prison is poor at giving incarcerated people reasons for decisions.

1. [SA] or reasons that make no sense
2. [SA] Spin masters
3. [A] good ones

This is a humane prison.

1. [SD] Meal deficient
2. [N & D] I cant say so

Incarcerated people in this prison spend too long locked up in cells.

1. [A] Quarantine Issues
2. [A] Units, Not enough programs

This prison is safe for incarcerated people.

1. [SD] Depends on who you are
2. [SD] I don't feel safe

Mental health treatment is available.

1. [N] Barely
2. [D] Rarely
3. [D] Poor mental health staff
4. [N] N/A
5. [Blank] it is but they do nothing for me
6. [SD] Its a joke.

This prison is better now than it was last year.

1. [SA] Bad for Prism Program, but overall yes.
2. [A] I only ben here one year
3. [SD] Keep getting worse
4. [Blank] N/A
5. [N] just got here
6. [Blank] I cant say

Every effort is made by this prison to help people stop committing offenses on release from custody.

1. [Blank] IDK

I am satisfied with food from dietary.

1. [SA] Extremely poor. No salads, no peanut butter, no wheat bread, Help!
2. [A] Not enough time to eat but food yes.
3. [N & D] Special diets are kinda poor due to funds
4. [SD] To many substitute for hot dog or weird colored meat sandwich
5. [SD] Very very
6. [N] not enough food
7. [N] I don't care about it
8. [A] but not enough of it

I have the opportunity to go to yard at least twice a week

1. [D] due to assignment
2. [D] yard + gym restriction

Q11. Overall, on a scale of 1 to 10, mark the box this prison deserves in terms of quality of life/general treatment of the people incarcerated here.

1. [Blank] Centralia, Commissary - worst in the state. No real coffee in stock only Back County SWILL IT IS NOT COFFEE
2. [3] Overstaffed
3. [3] Could be a 4, not higher
4. [8] compared to some!
5. [Blank] The prison don't deserve a mark
6. [3] Dilapidated facility, exposure to rust everywhere, far short of 2000 calories per day, insolent lackadaisical staff, antiquated unreliable phone system, unavailable healthcare, delinquent mail services, psychopathic correctional officers!
7. [4] half
8. [4] as compared to intl. prisons
9. [1] 0

Miscellaneous Comments

1. Help us!!! They are abusing there power....
2. Re: Concerns Centralia. 1. Celly placement here puts many at risk for safety issues (Needs more thorough process to ensure safe environments.) 2. K2 is everywhere and I don't want to be exposed. 3. No jobs, education provided for individuals with long sentences, ex. Life, 40-60 years. 4. Fire hazard cell houses have no sprinkler systems. 5. Commissary not providing essential clothing per season. Forced to by junk shoes, not good for feet. (Springfield Policy needs changing.) 6. Clothing reissuing used boots, boxers to inmates. Health + sanitation issue.
3. Healthcare violates our rights and DOES NOT meet standard of care.
4. **[ID REDACTED]**
5. **[ID & HOUSING UNIT REDACTED]** Centralia C.C. Must speak truth to power!!
[DATE REDACTED]
6. Thanks
7. **[NAME, ID, & HOUSING UNIT REDACTED]** Centralia CC
8. We Need Help
9. A lot of guys I talked to said they were not going to fill these out because John Howard didn't address issues we put in our last surveys. Please actually read the surveys and address these issues. Thank you.
10. Centralia IL 62801
11. **[NAME & ID REDACTED]**
12. **[NAME & ID REDACTED]**
13. **[NAME & ID REDACTED]**
14. This one **[SD COLUMN]** is called (HELL NO)
15. WORST Health Care Ever



This report was compiled by JHA staff. Media inquiries should be directed to JHA's Executive Director Jennifer Vollen-Katz at (312) 291-9183 or jvollen@thejha.org

Incarcerated individuals can send privileged mail to report concerns and issues to the John Howard Association, P.O. Box 10042, Chicago, IL 60610-0042. JHA staff read every letter and track this information to monitor what is occurring behind prison walls and to advocate for humane policies and practices. Family and friends can contact JHA via our website www.thejha.org or by leaving us a voicemail at (312) 291-9183.

Since 1901, JHA has provided public oversight of Illinois' juvenile and adult correctional facilities. Every year, JHA staff and trained volunteers inspect prisons, jails, and detention centers throughout the state. Based on these inspections, JHA regularly issues reports that are instrumental in improving prison conditions. JHA humbly thanks everyone who graciously shared their experiences and insights with us.

