
**Survey Comment
Report**



**Sheridan 2022
MQPL Survey
Comments**

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Introduction

Sheridan Correctional Center is a medium-security male prison within the Illinois Department of Corrections (IDOC) that housed 1,049 people on June 13, 2022. The John Howard Association of Illinois (JHA) conducted a modified short [Measuring the Quality of Prison Life](#) (MQPL) survey by providing enough survey packets (consisting of the [MQPL survey](#), an informed consent notice/instruction sheet, and a privileged mail prepaid business reply envelope addressed to JHA) so that every person incarcerated at Sheridan had an opportunity to participate in the voluntary and anonymous survey if they chose to do so. JHA received 228 responses to the MQPL survey from people at Sheridan through the end of 2022, representing approximately 22% of the static population.

Below are the comments from the MQPL surveys for the open-ended survey questions followed by marginalia comments. Please note:

- All blank answers have been omitted
- Names and other personally identifying details have been redacted
- Spelling and grammar have been lightly edited for understanding and to account for possible transcriber typos

OPEN-ENDED SURVEY QUESTIONS

Q12. What are the most positive things about life in this prison?

1. only positive thing is we "general population" go to yard every day (Mon-Sat)
2. understanding my self-worth to others, while also, learning how to value my time.
3. Jobs, but they play favorites here at Sheridan CC
4. This prison is closer to Chicago, IL where most of my family lives
5. nothing
6. phone calls, visits, school, letters, jobs, weights
7. good time to go home
8. EPSC and group
9. only the thought of being released
10. You have all the time you want to think about what you did to be put hear

11. Nothing, it is horrible. You leave out worse than when you came in.
12. meeting certain individuals that can help better your life in the future
13. the TASC program only
14. the westcare employees actually try to help those who want the help
15. Westcare treatment and good time
16. westcare only
17. people get good time
18. that it's a lil open space than where I just came seeing grass and trees are good for a person who's been gone some years and being about to walk, that's about it, there with too much time is helpless
19. Location
20. there is not any
21. the drug program and some other programs they offer like aim higher
22. access to library and schooling except during quarantine
23. nothing
24. In population you get yard 6 times a week. That's literally the only good thing about this prison.
25. the drug program
26. the good time program
27. getting the treatment from westcare
28. looking forward to release
29. zero tolerance for violence and gangs and drugs
30. I have life
31. It's not none!
32. I have only been here 60 days, so I have been nothing I can claim as positive. Maybe my best recollection is that they keep the offender information channel up to date
33. I received great mental health treatment.
34. They gave guys with a lot of time the opportunity to come here
35. That is close from home.
36. I like being able to walk freely without constant supervision. It gives me a sense of freedom and I feel trusted. I like the window in my cell that allows me to have constant fresh air. I appreciate the respect I get from staff.
37. Somewhat tranquility
38. That it's closer to Chicago
39. **[ILLEGIBLE]** treatment **[ILLEGIBLE]** U.I.C., huge yard, nurse's helpful, doc's lazy, **[ILLEGIBLE]** longer to get things done, store needs much improvement, I'm safe, feel good & better
40. It is a secure place, I am by myself which I appreciate that being retirement; in stateville I had 2 different inmates who kept trying to get me to fight them so they could sue the Corr. Cem. I fought (not a physical) to get moved, gone thru psych. Dept. for months eventually they did move me. I do know how to take care of situation.
41. There is none here at Sheridan correctional center because (1) even among the correctional Officer it shows confusement and onesideness among them (2) the administration like clinical serv. supervisor and counselor supervisor makes up their

- own self made rules alot and covers their wrongness under IDOC protection, (2)
Medical staff is short-staffed
42. "By far it's been peaceful" I haven't seen any assault
 43. Some people can get additional good time
 44. Saved me from being a workaholic and pay better attention to my personal health, even with the very lousy health care provider and contractor
 45. Health
 46. It gives us time to reflect on our mistakes in life and how to over come them when we come home
 47. N/A
 48. Nothing
 49. Nothing is positive about prison
 50. 60 days of goodtime every 90 days
 51. None
 52. Work & drug program
 53. Education
 54. Law library functions well—general library does not
 55. U learn from your mistake
 56. The drug program
 57. It gives you time to think about what you want to do before your release
 58. Great mental health service/case workers. Good jobs, but they are only available for certain inmates. They provide state loan items if one cannot afford the cost.
 59. Other than looking at pictures of my children there are none
 60. No positive things
 61. I personally cannot say any
 62. I was all for this treatment program until I realized that the security here thinks it's all a joke and that the good time should stop. It has finally sunk in. I need to stay out of here. And Westcare has helped me some.
 63. Being able to self-reflect and getting an understanding on what you need to do upon release
 64. There's not much to say about positive in Sheridan.
 65. I learned how to communicate and figured out what I want to do in life.
 66. Change
 67. Westcare
 68. Nothing
 69. They have good teachers in the school
 70. Time don't stop
 71. There are none this is a bad prison on every aspect
 72. The good time and classes they offer—that's it!
 73. Some people get good time contracts
 74. The thought of leaving. Nothing
 75. When the staff that mistreat me leave
 76. The Westcare Program

77. This prison helps incarcerated people overcome their addiction through treatment and good time.
78. That according to your case you'll eventually go home. Also if you're 50% your case that is you can earn good time
79. Good time
80. I'm at Sheridan Correctional Center and I'm currently in the drug program, so there is room for positive change. But IDOC is using this Covid-19 to their advantage. So they are limiting our groups. When I think they don't have to. It's been 3 years since the start of Covid-19 and IDOC still can't get it right.
81. Reflection time
82. No drugs
83. Pretty much nothing outside of good time
84. Health care seems fairly well and my cell is nicer than the ones I've been in prior
85. The Westcare Program
86. They have a lot of programs, a lot of ways to earn good time for the inmates who are eligible. The prison has a lot of counselors and a lot of space on the yard.
87. The chance to get drug treatment good time
88. Nothing is positive about this prison
89. They offer so many programs
90. Group
91. The good time supposed to be, but they are cheating us on our days
92. The Westcare Program
93. Programs
94. You get good time
95. Nothing!
96. We have a good chance of getting back to our family early/westcare good time
97. Getting recovery inside this prison
98. I have a job and work as a law clerk
99. Nothing
100. You get to be sober. And you can find yourself again
101. The individuals in custody
102. ?
103. Being able to send letters out and talk to my family
104. Westcare and Good time
105. Nothing at all
106. Hopefully you can learn from your mistakes
107. When we do come out of our cell 1 hour a day I get to shower
108. Nothing I learn to be a better bullshit liar. Just bad shit
109. TV
110. The good time for the programs
111. I get good time
112. Good time and program
113. Good time
114. The programs to earn good time and learn skills

115. N/A
116. The drug treatment program, the schooling options, the job options and availability
117. That I won't come back
118. Nothing but you can see the cars in the parking lot.
119. Realizing that you don't want to ever go back.
120. Good time see family
121. Makes you want to do the right thing
122. Nothing! I have a release date
123. Nothing, Sheridan tortures inmates due to good time
124. The drug program help
125. The violence level is low
126. Westcare and education
127. There is nothing positive about this place. It feels like 1970 here.
128. Receiving good time
129. You have an outdate
130. School and drug treatment
131. Church service
132. None
133. To me the most positive things in this prison is the HBI Program. Very good skill building.
134. You get a lot of time to sleep
135. It's close to Chicago
136. Well coming from Menard and Stateville to here it is a big difference in the time out of the cell and movement in general is better.
137. Being able to get on the phone
138. Not all but some people really want you to do good. And there are some who want you to fail. But the most positive thing is phone calls, gym, and yard.
139. Knowing I'm going home
140. Nothing
141. get help if you really want it
142. There is no positive doing any time because I have to
143. You learn patience
144. Westcare Drug Treatment
145. I can gather my thoughts and plan for the future. Keeps me sober. I get to catch up on sleep.
146. The Recovery Program
147. The fact that they let you outside and you get to see the grass and you get to go to school/library and check books out and the way that you get mail that's it and you get to watch TV and that you can accumulate good time.
148. Westcare and the chance to change
149. The good time they provide
150. For me being 85%, the HBI program and the classes that are offered by LakeLand College are the most positive things, but for those that are 50%, the good time is a plus

151. Treatment, location to family
152. Nothing at all
153. The fact that violent criminals and gang members are locked away from society keeping our loved ones safe
154. You stay sober
155. Nothing, won't put me in school or give me a job
156. The Westcare program. We learn from it and the counselors have caring and positive attitudes and we earn good time from it.
157. Being kinda safe
158. Your release
159. Nothing there is no reasons to think of change
160. There are none
161. Nothing positive about this prison.
162. Treatment
163. The Drug program/Therapeutic Community and the good time they give out.
164. Drug treatment
165. They are none
166. The groups Westcare Program
167. Good time
168. Good time contracts
169. Some officers here are very respectable and helpful. There are a lot of educational opportunities.
170. Nothing
171. Good time
172. The drug good time that they pass out
173. N/A
174. Another chance to be released to society
175. About getting the help and support that you really need and life
176. The drug and criminal treatment program here is wonderful (Westcare) and the good time.
177. Getting treatment and good time so you could get out become a productive member of society
178. Nothing
179. My family lives close and I get to see them often
180. Nothing
181. There really are no positives except we go to yard often
182. Absolutely Nothing
183. Nothing really other than the good time but I can't get it no more
184. Nothing but the program so I can go faster to my family other its nothing positive in this prison
- 185. Seguir aprendiendo más cada día [Translated from Spanish: Continuing to learn more each day]**
186. Programs
187. I have a window

188. Nothing
189. Getting in shape
190. Outdate
191. N/A
192. The day you go home
193. Good time
194. Getting Westcare and washing up and getting on the phone
195. Nothing at all this is a horrible place and I have been to prison 4 times this is the worst place I have ever been in my life and it's destroying my mental health
196. Going to sleep to wake up knowing I'm another day closer to home.
197. Nothing here is positive
198. If you can deal with petty strict rules good time is available in order to get out sooner.
199. The time that I've done has given me a chance to focus on what I want out of life.
200. That I get to go home soon. They don't care about your education where you come from nothing.
201. That you can receive earned good time
202. I am in the drug treatment groups
203. I don't have one sorry
204. Yard
205. The good time
206. The chaplain is the only positive entity at this entire prison
207. Nothing is positive about this prison, we are locked up mainly all day
208. If it wasn't for me having a job, I would have walked myself. Goodtime and a job. I would say that the most rewarding thing I've done is Restorative Justice class with **[NAME REDACTED]**
209. The programs and working and school cause you get good time.

Q13. What are the most negative things about life in this prison?

1. treatment, good time (85%), clueless officers, support, good behavior changes nothing, incarcerated people hierarchy
2. the negative effects of incarceration
3. Officers has no communication skills to deal with us who is in general population from Stateville now
4. Food, commissary, work, school, correctional officers and staff
5. that the informants get all jobs
6. gangs, gays, gambling
7. can't see my people
8. yard, unorganized, favoritism, treatment of inmates

9. always noisy, no opportunity to thrive in areas that are relevant in society. Not being able to create memory with loved ones, being subjected to the personal beliefs of different staff members who are allowed to run rampant with the public trust and authority without a oversight group to step in as violations are committed against individuals in custody
10. You have all the time you want to think about what you did to be put hear
11. the way your treated, it's like your not a human and your life doesn't matter anymore
12. treatment, food, housing, everything
13. nothing happens when we need help. Food is bad. In the cell too much. No yard or gym. No programs open. No counselor help. Commissary is consistent. CO's treat us poorly and staff.
14. not enough rec time, yard time. Not enough classes. Staff hold good time against us. Staff treat us different from gen pop. Dietary isn't good. Commissary isn't good. Go once a month can't contact family enough. Not enough dayroom time.
15. The food in the chow hall is horrible, we don't come out of our cells enough, we only go to commissary once a month
16. they don't generate more job and school oppertunitys and they don't rotate the jobs enough for everyone to get a chance
17. I want real help, most don't and ruin it for me
18. they use anything to put us and our cells and nothing is available for anyone with over 5 years god forbited you have life your not going to school no good job or treat unfairly
19. lazy staff members, horrible healthcare, no heat, no AC, commissary always out of items
20. that IA run everything and let who they want to work or go to school
21. the mail and the way its ran in Sheridan Correctional Center is the most negative thing here. Then being locked in cell almost all day then the food would be the last thing
22. lock up during quarantine
23. no yard, lockdown status is constant, GP gets more privileges than drug treatment
24. staff treats you less then a person. They make your life miserable until you do what they want. Theres not a lot of programs for general population. The foods garbage we call it "cat food" because its slop you feed to your pet. CO's do anything and say anything without consequence
25. all the time we spend in the cell, medical treatment is shit
26. how we are constantly locked down even when there is no threat
27. not getting our 90 for 90 which is 7 days a week through our westcare contract. And being locked down 23 hours a day and not getting to come out on Sundays. Also only getting to use the phone 3 times a week
28. the day to day same thing
29. no jobs and you're locked in your cell 90% of the time. They run commissary when they want.
30. The phone's
31. Locked in your cell all day everyday

32. There is no accountability of staff. In June 2022, GP inmates ever shopped only once. No commissary supervisors were removed from their duty. Those conditions exist across other departments
33. Commissary is poor, some buildings are poor. Only treatment program people can get in ICI, etc.
34. They don't treat every incarcerated person as a individual
35. Still being treated as if I'm in a Stateville C.C.
36. It gets a little stuffy in summer, but not unbearable. Ice is passed out on warmer days which helps. Trying to use the phone is always a struggle because workers sell the phone lines or give it to their friends. The same for commissary.
37. "No" access to programs due to time
38. What's not negative about this prison! We deal with malicious staff who treat everybody life they are guilty, and not human beings.
39. Not getting a ride in van in pain to or from hospital from unit, potholes scary, I **[PERSONAL INFORMATION REDACTED]**.
40. Seeing most bldg. door sections falling apart, shingles on roofs deteriorating, the wood siding lack scraping and refinished, too much concrete deteriorating, and many areas that flood out around walk areas. These things bother me because it should not been left unintended and we should be allowed to refurbish...it is up to us to be busy of our skill it is a plus!
41. It's becoming to overcrowded with long time lifetime serving inmates as well as with those being incarcerated over 10,20,30,40 yrs with 10,20,30,40,50 yrs left to serve. As sheridan is not ready for such inmates.
42. Food, commissary, and gym exercise equipment could be improved
43. Not enough time out of the cells
44. Commissary never has enough items in "stock", little effort has been made to replenish clothing and health care products either, no longer sell a decent size fan to cool down a oversized person or even a small person, only offer a 6in fan, 2 speeds, slow and very SLOW SPEED rating, this will lead to H/C related issues soon enough
45. Not learning nothing
46. Everything
47. Your away to long from your children and loved ones
48. Locked down 23 hours a day even though its supposed to be therapeutic community drug treatment. Have around 30 people who come out for day room at once who all got to try to get a phone call and a shower within an hour its impossible
49. Everything
50. Everything
51. Only certain people that has a lot of years to do are eligable for jobs and schools, and only 3 visits per month and commissary once per month for only \$150.00. only 1 hour out our cell every day
52. Locked up a lot and not enough jobs
53. Not enough yard and being locked in your cell all the time
54. The living 2 to a small cell

55. Horrible healthcare—need real doctor, not crazy P.A. Mail room violating federal mail laws—outside mail only 1 day per week. Tablet messages sent and received only 1 day per week. Are discrimination. Understocked commissary. No respect for general population residents
56. U can't go to store how you should
57. The fact that its 90-100 degrees in the cells in Sheridan Correctional Center with no A/C and I don't have money for a fan and I have tried for 3 months to get a store loan plus I get only 1 hr a day out of my cell
58. Locked in this cell all day, you can't wash your clothes because the washer and dryer always broke, it's always dirty everywhere. Jobs don't hire people who have been here longer than others.
59. Staff conduct, living conditions, fair communication with family, lack of education for all inmates including dayroom time and jobs to prepare for release and reasonable punishment due to offenses
60. Everything
61. Commissary, staff, they scar us on our yard/dayroom time
62. General population gets no anger management, drug, stress management, or any actual classes set forth to prepare them to go home
63. The COs are lazy, pigheaded and spiteful. They take out the free world issues on us and do what they want because we get good time.
64. The time you're in the cell daily and the struggle with receiving an assignment for a lot of individuals in custody
65. 1 hour of dayroom per day is not enough—when you have 24 men trying to shower and use the phone—but Sheridan's administration does not care
66. I'm locked in a cell all day and they keep putting the jail on lockdown and staff are very disrespectful
67. Coming back
68. Yard, commissary, school
69. Only get to go to school when you only have 2 months left to go home that's messed up. They selling us state underwear/deodorant, toothbrush, toothpaste, that we get when we first come to prison. NO jobs: you gotta be a snitch to work that's not fair.
70. They lock us down for no reason and the IDOC counselors don't work with us on any situations we have and they don't answer my request slips
71. Always in your room
72. Hard to get a job. In your cell over 22 hours a day. Food is not enough and bad.
73. The treatment by staff. The over-aggressive poor attitude staff has. The complete and total instability of organization in this facility. The crazy amount of lockdown. There is a serious health problem going on in C6 and C2. Black mold in showers, asbestos and the air circulation system never works. Mold in cells, windows do not open. Buildings should be condemned by health dept.
74. The whole institution, living units, drinking water, rec. Time, dayroom time. The food, commissary out of stock, very limited selection. Staff plays favoritism with both staff and inmates.

75. Staff are rude, looking for reasons to escalate all things, aggressive and disrespectful. If you ask for anything it's considered annoyance/insolent. Nothing works. No one responds. Your in cell all the time. Food is barely edible or enough.
76. When staff feels that they are Gods
77. The Wardens and their staff of IDOC, Counselors
78. During the week, we only come out one time for an hour and this supposed to be a minimum prison, we get scarred on the days we have yard for recreation.
79. They don't give you enough recreation and the meals are horrible
80. They do what they want
81. Right now these Covid-19 lockdowns are pretty harsh they should give us some yard. Also I was on a medical or suicide watch for **[NUMBER REDACTED]** days and I was treated like a dog on that watch. They need to improve mental health fast!!!
82. No good reentry development
83. Staff being rude, and targeting inmates after a staff member has gotten written up by an inmate. No yard. Lack of LTS time
84. Everything
85. They only give guys with short sentences jobs and programs. I have **[20+]** years left but I have a good record and have taken every program I was able to at **[PRISON NAME REDACTED]**. Here they won't let me take any due to my time. I also can't have a job here. When in **[PRISON NAME REDACTED]** I worked almost every job they had there. Here I'm being warehoused and treated as a max inmate and they've also got a C-grade housing unit here. So if you go into here they isolate you from the rest of the population, which is a violation of our due process and is segregation without calling it that, which is a violation of our 14th and 8th Amendments. It's unlawful confinement for stuff that doesn't carry any seg time! They don't let you pick your cellie.
86. Everything besides the WestCare program
87. Not being treated equally and fair. Officers not being held accountable for their unprofessional ethics. No channels such as BET, VH1, MTV, FUSE nothing for black culture. No movies. Other prisons have more channels. Sheridan have 1, only on the weekend and even then nothing plays. The commissary is unhealthy. All sweets and pork and chips. No clothes, hygiene.
88. The ability to take time and/or put a person on C grade for little to no reason. There is no AC in any of the buildings but one. The trouble they give visiting family members of inmates. The mental health counselors do little to help those in need. How hard it is to get glasses for a person in need. Keep us in our cell more than 22 hours a day.
89. Not enough jobs or enough dayroom time or yard time
90. The programs are always given to the drug program guys first
91. Never get 2 yards a week, they always cancel at least one. We only come out to use the phone or for free time an hour a day only for an hour and a half on Sunday. And you have to work for IA to get a job. Majority of the jobs go to people that work for IA.
92. Everything
93. You only come out for dayroom one hour a day. Emails take too long to get approved and mail. Food in dietary is terrible. IF you catch a ticket they are quick to put you on C-grade to stop your contracts.

94. Food, staff conduct, lockdowns, Everything about it
95. How they treat you and how long you spend in a cell
96. The way they treat people of color
97. Schooling, job opportunity, mail, messages. We in the cell all day with no job opportunity. Cable, commissary. This place is ran horrible.
98. Doing time is hard
99. We are doing basically 23-1 or 22-2 in our cells
100. The phone
101. The food, the commissary, and no jobs
102. Warden, security, time spent in cells, mistreatment by staff
103. The staff and how they treat you.
104. Everything! But the way some prison staff treat us is inhumane
105. Food, staff
106. They pick and choose who they want working. Commissary is poor and yard is once a week. You are in cell 22 hours a day.
107. Everything else
108. 1 hour dayroom. My family doesn't get my mail, I can't call, can't message thru tablet cuz it will take 2 weeks to get there.
109. Staff changes so much. Rules change everyday. Can't get a routine.
110. Doing time with people that have life.
111. Everything here is not right
112. Being away from family and friends
113. The racism and favoritism that is shown!
114. We are locked up 23 hours per day, and legally we are supposed to get at least 5 hours a week of rec time and we only get 2 hours
115. Lockdown time, 1 yard per week
116. Trapped in my cell all day. Only get 2 or 3 20 minute phone calls a week. And only 1 hour of dayroom Monday through Friday. Plus 1 yard a week because I have to attend school.
117. All the time we spend locked in the cells, the fact that we only get 2 recs a week, but we have to watch GP go 5 times a week. The staff hang our opportunities over our head and treat us like shit.
118. We don't get treated fairly
119. Amount of time locked in cells
120. Being locked in the cells so much. Lack of yard time, lack of phone time.
121. Everything the mail, the tv channels, the video visits in the HCU and wifi. The commissary, the phone that's why there so many fights over them. They should be on the tablets?
122. Not being able to talk with loved ones everyday. Being locked up all day even though you're a minimum.
123. In cells one out time a day one yard
124. You can't be out there to support your loved ones that need you
125. Always being locked in a cell, can't get job, no life skills for being released, no skills for being released

126. Everything from all ranking officers
127. The way all of the CO treat us
128. It is a minimum security joint but they are treating us like a max or supermax
129. Not enough dayroom or yard, sometimes you don't get a chance to use the phone
130. Stuck in the cell all the time. Only 3 phone calls and 3 showers per week.
131. Only 2 hour yards a week, and one hour a dayroom each day. Also the food is terrible.
132. We get treated unfair here at sheridan CC bad food only get incoming mail once a week
133. They have us locked up in our cell 23 hours a day. When we are on quarantine they only allow us to shower 3 times a week.
134. Been lied too and deceived
135. You spend 24 hours in your cell, mental health treats you like you're an animal not understanding at all with you, you get no commissary and the state trays have barely enough food to feed a child on them.
136. The way a select few of the staff push you til you act out!
137. The way they treat you
138. Everything, can't get in school, job, they racist, don't turn phones on until after you come out for dayroom, can't frequently make your PREA calls, food nasty, adjustment committee finds you guilty no matter what, don't get shower/phone calls daily on quarantine, doesn't run commissary enough and doesn't have a lot of things, can't get video visits during the week, can't get video visits on B/C grade, doesn't give you cleaning supplies daily, doesn't run dayroom Sunday night, don't pass out mail except on Monday and only give us email on Saturdays.
139. The COs do not hold some of the prisoners accountable for their actions.
140. Not being heard and racism by the crew
141. The level of disrespect from some of these officers is over the top. Also you got 40 people trying to use the phone you only got 1 hour each call 20 mins.
142. Just being here
143. Everything
144. Can't speak to loved ones daily
145. Locked up like an animal
146. Being locked in a cell 23 hours a day
147. Time locked down
148. These is no real rehabilitation. Not enough time to stay in your loved ones life. We are treated like animals. The grievance process is a no win situation. It's corrupt. Never helps a person.
149. Lack of Business classes
150. They don't do nothing on time, they take your electronics. the most of the COs are aggressive they charge you for state issued items they delay commissary shop prices are higher then usual. they make you wait to go to school. I've been waiting for a year to start school. you have to fight for good time.
151. Being locked down all the time, mail, phone calls
152. Being lockdown for 23 hours a day

153. The incompetence of the administration, the inconsistency of daily operations, the lack of recreational time, the abuse and misuse of power, the inconsistency of the products in commissary, the dietary portions and lack of variety, there's more, lack of weights, black mold
154. Being in cells too much, not enough yard
155. We're locked down 23 hours when this is supposed to be medium security prison!
156. That Sheridan is giving good time to gang members that upon leaving brag about the ops they gonna shoot, the women they're gonna beat and rape or the kids they gonna molest, please stop giving good time to gang members.
157. While you are locked up it doesn't take long to lose everything (family, friends, property) you have.
158. Everything. Food sucks, sometimes you have to be aggressive to use the phone. They won't give me a job or put me in school.
159. Nothing usually goes how it's supposed to. Staff seems to have excuses for everything like not giving us yard, dayroom, gym and pushing back commissary. The mail system.
160. Getting treated like we not human beings
161. CO treat us like dogs
162. The staff and their treatment to a certain color and you can't even ask a question without attitude
163. Not being with your family. Watching the Lifers going to yard here 5-6 times a week! Then they say COVID related. Why we only get 1 yard a week
164. Dayroom, yard, commissary, phone time, laundry, COs, other staff
165. Way too much time in cell. Takes weeks for repairs to be done.
166. The way the prison is run. The lack of yard time. The amount of food. The time in the cell. It's a medium but we get basically only 1 hour out a day. The access to school and other programs is horrible. Commissary is always out of things but we can never shop enough. There is no AC anywhere except officer only areas.
167. The staff and the way they treat us
168. Being away from your family
169. How the staff treat you as a person
170. Trying to get in school and a job
171. Too many to list
172. We are locked down 22 to 23 hours a day, we get yard once a week and it's constantly canceled. There is minimal contact with IDOC counselors.
173. They do the back 'n forth thing a lot
174. Everything else
175. No money to buy things and they mix people up of different races and force them to live together, everybody should have a cell to themselves
176. No AC, we do not get yard when it's time, only 1 time a week, food is poor, we don't get what is supposed to be given
177. People's "poor me inmate" attitude
178. By not having your freedom
179. 23 (in cell) and 1 (dayroom) lockdown hours, food is beyond horrible, you hear staff all the time say how they would never eat it or even feed to animals

180. It's not enough jobs and it's a general population which hold lifers who work with people with short time
181. No yard and inmates can get you put in C-8
182. I feel like you have to snitch to get any jobs. The staff talk to us with no respect
183. Not being able to attend school if you don't have a short MSR date.
184. The staff, everything is a fight you have to fight for everything
185. The way we are treated by staff, being treated differently than general population, not being able to contact family and friends often, yards being cancelled for no reason, 55 min out of the cell a day, not being able to attend school or get a job fairly, staff not held accountable, only showering 3x a week during quarantine, no gym, no workout equipment, nothing gets fixed on the yard, tv channels always go out movie channel never works, food is bad and wasted everyday, staff enforces whatever rules they want depending on how they feel that day, it's not easy to make money.
186. We don't get what we got coming or what we entitled too. Commissary sucks.
187. Commissary treat us like animals they have poor attitude and also need to check on house porter they always hold the phones for their friends and that's getting too old.
188. De lunes a Viernes nomás salir una hora en la tarde al deirum **[Translated from Spanish: Monday through Friday we only get out for one hour for dayroom]**
189. Staff Conduct
190. I can't go to school, or work anywhere other than the kitchen. I can't get to the law library and when I do I only get an hour and I'm not allowed to look at books that aren't legal because I have to choose law library or library. Staff are very antagonistic and create a hostile environment.
191. Everything
192. Not enough time out of cells, Minimal phone use
193. The way they treat you, from general population
194. They make they own rules
195. Cells, phones, no time out of your cell, 23 and 1, staff, food, no air conditioning
196. Locked in cells constantly, yards always canceled, Unfair on inmates. If you have an issue you have to cause a scene to even get any help.
197. The way the officers treat you and only having only a hour out our cells
198. The constant lockdowns we receive one hour a day out of our cell, they will not allow us to transfer, not being able to reach my family, only getting mail once a week, only getting messages once a week, and only using the phone once a week.
199. The racist undertones and unconcern for Brown and Black people.
200. We are locked in our cells all day and we got to yard maybe twice a week
201. Lack of yard and gym time, and mental health support and not just results of sending you to "watch" rooms
202. The officers here will use whatever it is your going through to belittle you or disrespect you when you confront them or their Bullshit to justify their actions
203. They don't give fair hearing for tickets they don't treat everyone of equal value. They say racial slurs all the time in the LT laughs with the CO.

204. They treat us like animals we only come out our cell for one hour. The way they handle good time for good behavior is unfair. We get commissary once a month and the staff can be very prejudice.
205. Staff treats me like a dog since I'm getting good time
206. Everything is negative about this place
207. Everything except yard also we don't have indoor rec all year around. Other IDOC facilities Menard; Stateville and I believe Lawrence don't have restrictive housing, here inside it there's black mold which they probably painted over now, roaches, leaking ceilings, the hot water doesn't stay hot and it's treated like seg with no time out. This facility strictly does not follow the Admin code policies or guidelines of IDOC period at no times, we only clean once a week, on quarantine were only allowed shower 3 days a week and phone 3 times
208. The staff and being in the cell most of the day
209. They serve moldy food and fruit. Black mold in the cells and showers. This prison should be shut down.
210. The staff they disrespect us and don't care about anything that goes on, they disrespect us on the daily
211. Lockdown 23 hours a day every other week. No yard but one time a week. Bad food and we are around general population who are serving life sentences and don't get good time.
212. Officers don't know how to communicate

Q14. What suggestions do you have for improvement?

1. more programs for 85% incarcerated people. More chance for 85% incarcerated people to earn good time
2. began the "rehabilitation process" immediately with "restoring the offender to useful citizenship"
3. give us lifers good jobs too here at Sheridan
4. more transparency, accountability with staff
5. add more jobs, outside clearance
6. have yard more, get more time out our cell
7. yard everyday and send these officers to a prison where things really bad happen so they have an appreciation for how little things go on here
8. the protocols put in place to encourage prisoners to do the work that the staff are paid to do. A criteria needs to be set where the staff can't create a environment that allows compliant prisoners to have to compete with Confidential Informants for access to work assignments and education/vocational training opportunities. a oversight group or organization needs to have unrestricted access to institutional camera footage.
9. their is no incentive for lifers in prison. Nothing for good behavior.

10. more recreation time out of cell, we only have yard twice a week and dayroom 1 hour a day
11. allow more dayroom and yard time and stick to a schedule and don't change it. Add more TV channels.
12. more life programs. Better food. Better commissary. More yard and gym. Better CO's and staff. Counselors help more. Better living situation.
13. addressing all the above mentioned
14. fix everything I said in Q13
15. better education cordination and job cordination. Also staff should be held accountable just as much as us, when it comes to disrespect.
16. more time out of cell. More respect from CO's to inmates. More exercise time. Better and more food.
17. make sure everbody gets a fair shot no matter the time because for me my time don't make me like they say I have a life sentence but that means Live In Faith Every day
18. fire lazy incompetent abusive unprofessional staff and health care workers
19. treat everyone the same
20. get better staff to run the mail room
21. more religious and exercise programs
22. give treatment as much yard time as general population
23. It's so much negitive people, CO's, Staff, that I think it's too much for improvement.
24. more time out of cell, better medical treatment and better food
25. more time out of cells and more respect from CO
26. give us our day for day for the westcare contracts we have to program 24/7 we should get credit for 24/7 Monday through Friday no Monday through Monday. We can get wrote up and lose our westcare contract. Even on weekend when westcare staff aren't here we should get those days.
27. more time out the cell
28. they need more teachers, more day room time and a scheduled commissary
29. Put the phone on the tablet
30. The need to come around more and talk to the inmates more
31. Sheridan needs to better align themselves with Springfield edicts. Also a more uniform treatment of inmates should be encouraged no matter if they have 1 year or 50 years left. Some people have appeals and may be subject to a sooner than later release and they are ignored in rehabilitative programs
32. Give better jobs to population, & fix commissary.
33. Start treating everyone as a individual
34. They need to let us have jobs and school programs, officers need to be train better to deal with us, commissary, food from kitchen need to improve.
35. Organize phone usage better or add more phones. Stop allowing commissary workers to buy up all the food and then sell it at tripple the cost. Also, we need bigger fans for the summer hot season. Current fans are too small.
36. Every IIC treated equal, not by your time

37. Close it down, or place all new staff and wardens in this facility, make sure that counselors did not used to be correctional officers, as well as mental health staff, and that the video visit coordinator/GTL worker is not connected to IDOC.
38. More work for good time.
39. New roads, pathways, sidewalks, kit., lib., barber-shop, clothin'-area, better window sealed from winter [as] well as A/C, air flow, gym, store & better humans that is there
40. When I see the psychologist I actually feel offended, that he is more or less here only for those who might committ suicide and when I was punished into seg & suffered losses for something that the C/O knew I didn't cause an incident (I have PTSD and claustrophobia) by his words he made like I should accept the outcome and I shouldn't accept anything less, I am a person with mild manners
41. Correctional Officers need to stop being so judgmental and uncaring. And seek to not be racial like with uncareness and confusement among themselves and towards so many inmates
42. We need more "yard" and "gym" time. Also the mail is "horrible" bein delivered!
43. Better food—more activities
44. Replace the Windows in building C6 @ Sheridan CC, with ones that crank open, it has poor ventilation and no in house Ice Machine either, like the other Cell Houses have!
45. Better staff
46. Not
47. Give us more day room time so we can use the phones more than 20 mins a day to talk to our children and loved ones
48. None
49. To get out of prison
50. Commissary every week, 7 visits per month. More dayroom time out of our cells. And some gym time. And more good time
51. Staff who come to work and not bring in Covid
52. More yard better food more movement more phone
53. New staff
54. Fix all the above in Q13
55. More store and more dayroom
56. Get A/C in all sheridan Correctional centers housing units and give out State loans to people like me who can't afford it.
57. Give a job to people whom have been here longer than others give us more time out our cells instead of locking us down like some dogs
58. Living condition, fair communication, programs and education for all inmates. Portion amount of food to be greater. Fair and equal treatment no matter the individual in custody. Reasonable punishment due to offenses.
59. That Springfield or anyone else with the power to get this place in order get involved and get involved fast
60. Better cooperation, commissary, more jobs for inmates
61. Bring in programs for GP, treat GP as they should rather than the same as the day for day program, give c-grade dayroom

62. Find staff who understand it's a treatment program, and who themselves have been in recovery.
63. More time out and equal opportunity
64. A person shouldn't have to wait 2 weeks for sick call also if healthcare has an issue with you sometimes they disregard your sick call slip and there's no way to prove you put in a slip. It's your word against theirs. Who do you think the admin will believe.
65. Better food more time out my cell better channels for the tv
66. Get better staff
67. Better school programs I couldn't get a GED the whole time I was down here
68. Let us go to school when we first come to prison. Also with the job too. Treat us like human beings NOT like animals. Change 23 to 1 to 18 to 6 they running this like a max prison.
69. Better training for the officers and counselors on how to treat and talk to people
70. More time outside to get stress out
71. Get a new warden this is inhumane the worst prison I've ever been in.
72. None—Fuck this place it should be shut down.
73. Someone who really makes changes to do something, this place need real work done to it by someone who at least care halfway about the conditions of others
74. Staff sensitivity training, realistic grievance process free from retaliation. Better quality/quantity food. More contact with family. Things up to code. Better system for rewards/good time.
75. Train staff to not be "Dicks"
76. Remove the racist and bias officers and IDOC counselors and the corrupt wardens
77. Let us out our cells more, give more people opportunities to work or do trades, give us more than 3 in-person visits a month
78. Give more yard time, get the commissary in order, and give more good time to victimless crime offenders
79. Right from wrong by them
80. Professional staff that know how to run the prison and get better mental health care. And also to improve the disciplinary system.
81. Close it
82. Staff to be held responsible when done something wrong. For those of us in the Westcare program to get more yard or gym time out of our cells.
83. Everything
84. They need to follow the Gov/Director's memo pertaining to COVID. They have to stop this C-grade house they have it's illegal. I was quarantined for **[NUMBER REDACTED]** months and never came in contact with anyone that was positive! They need to let guys from 25 house get jobs and take vocational programs. It shouldn't matter how much time I have. I'm trying to better myself but they won't let me. Staff members are unqualified or very lazy. We should be allowed to request to be housed with someone if we get along, by forcing people to live in small space if they don't get along only causes problems and is dangerous.
85. More dayroom, more yard and gym, more tv channels, better food, better COs, better commissary, better living units

86. Add channels, hire officers that can communicate, and understand people in custody. Better access to law library. Better staff. Also the staff need better communication amongst each other.
87. Educate staff on how to properly talk to and treat the incarcerated population with respect as human beings. It may be hard, but try to encourage the staff not to bring their problems to work with them and to not treat us as punching bags. Remember we have to live here they get to go home everyday.
88. At least dayroom every Sunday night. Dayroom for 2 hours a day.
89. GP guys need more dayroom time
90. More dayroom time, more yards and more opportunities for people in the program with more time. I can't get into school because my outdate is in **[more than two years]** and I been down here a year and haven't gotten a job yet.
91. Be fair, stop leaving us in our cells all day, get better COs, and let us get the good time we deserve
92. Better food. Better treatment of inmates. More time for yard and dayroom. Instead of C-grade for first ticket offense should be warning then b-grade or yard or store restriction first.
93. More time out of cell we're locked up too long more dayroom time. Better food and staff conduct.
94. Treat people fairly, and let us out our cell more than 1 hour a day.
95. Treating everyone equal no matter skin/schooling opportunity not waiting til I'm a couple months away from outdate to put me in school. Mail always backed up even messages always late.
96. Having more programs
97. More recreation time, jobs, school, and be awarded our entire EPSC for substance abuse
98. More phones
99. Equal opportunities for jobs
100. Recreation, staff treat us like people, someone who advocates here for us
101. Don't come to Sheridan
102. Just give the staff a couple courses in people skills and that we are people even if we are in prison
103. Treating us like people and not in a cell
104. More yard time and dayroom time. The food is very bad at chow and commissary.
105. More free time out of the cell. Better treatment from staff members. Just better treatment in general.
106. Help us—this is supposed to rehabilitate us but it made me worse.
107. To put people that are compatible together instead of just throwing people together. Sheridan is real bad about that.
108. To let people get their GED here and take class right away and don't have to wait on your outdate.
109. Get new warden
110. Is this really helpful? Will this really change the way individuals in custody are viewed by society?

111. That they give jobs and assignments by a list and who signs up first instead of your race or favoritism.
112. More yard time and dayroom time and better food
113. More time out of cell, organization
114. A new warden, more yard and dayroom. We're treated like we're in a maximum prison.
115. They need a program warden and they should allow more people on the yard so we can have more recs a week. They need to hire CO that have better social skills and are people person.
116. Springfield need to talk to inmates
117. More privileges for model prisoners
118. More phone time. More yard time.
119. Fix the problems I just mentioned on Q13! The mail, put the phones on the tablet and video visits. I'm willing to promise that could ease the tension and stress in the joints and keep the inmates occupied.
120. Securus Tablets
121. Work around schedules
122. More help for the people that want it
123. Shut it down water is bad, staff is horrible, warden or white shirts don't communicate with us.
124. To have springfield come and evaluate
125. It need to be a change because it's not fair
126. Give everybody some privileges, the GP gets everything they want while programs get treated like shit
127. More dayroom, more yard, quicker GTL message response, get the securus phone on GTL tablets, longer video visit
128. Needs new administration, more staff, update procedures
129. More dayroom and recreation time
130. A new warden that will actually talk to inmates see many problems and try to fix them
131. Get rid of whoever runs this place. They run it like a maximum security prison
132. Is Springfield really know what going on here, and the games IDOC counselors are playing
133. Have better state food for us that can't go to commissary, better mental health staff, more time out your cell **[ILLEGIBLE]** have no tv or tablets
134. Sensitivity training. Mental health courses for all staff.
135. More rec yard
136. Let you get education no matter the outdate, get video visits daily, officers treat you human, get cleaning supplies daily, keep the phones turned on, get shower/phone call daily while on quarantine, get Sunday night dayroom, adjustment committee investigate instead of just believing the officer and finding you guilty, keep the commissary full, run commissary more frequently, get jobs more easily, get better food to serve, pass out mail Mon-Saturday like society, give us our emails as soon as they are sent.
137. I say on the overall it is ran a whole lot better than my two previous prisons.

138. We are all human everyone mess up but the way you treat others not okay respect go two ways. I wanna improve the lack of communication.
139. More yard, more dayroom, more gym, being able to get in to school early not wait til you're 40 days short.
140. Less time
141. Get new staff
142. Put the phone system on the tablet, yard everyday or 3 times a week
143. Nothing because it could be worse
144. More time on the yard to exercise and more exercise equipment
145. More TV channels and time out of the cell
146. Conjugal visits. No sure how to spell it. More guys would stay out of trouble if they could spend a night with their wife. More dayroom time. More yard time.
147. Add business classes
148. They need to start giving people good time so they can go outta this place and they need to break the school list down and let people go to school and they need to stop charging so much for electronics because some people can't afford certain things.
149. Open back up
150. Make educational/academic programs a bigger priority. Increase # of classes, class size or both.
151. Being treated right and with respect
152. Close it down and start over, fix and update the buildings, get competent staff and administration, if this is suppose to be a therapeutic community, let WestCare do it's job and allow more freedom for inmates to mature in that social construct, stop denying inmates home arrest, work release, and other transfers
153. Longer visits and more time out of cells, better commissary, more yard, better food
154. Allow WestCare inmates more time out of their rooms and yard daily like the inmates in C25
155. Quit giving good time to gang members/violent criminals!
156. Treat everyone the same whether they are in the drug program or in general population
157. Better supervision/staff. It feels as if this prison is ran by someone who is unexperienced. Also, our mail situation here is horrible and awfully backed up.
158. COs have to learn how to be more respect and professional
159. CO and other stuff need to be more professional
160. If they stop blocking grievances from being seen
161. More fairness with job and school placement. People are getting jobs and school contracts and can't even finish them because the year good time or work release everyone here should work together
162. Everything needs to change. They treat it like a Supermax
163. More time out of cells. More jobs for all races (not just Africans)
164. Better access to programs and schooling. Better reentry assistance. More yard time, more time out of cells. Better access to phones, more phones, we only get outside mail one day a week, more mail. More jobs. More Industries.
165. More yard better treatment more programs

166. More yard or gym more dayroom to call your family or the officers having to go through it before they work here to see how they like to be treating
167. They need to close it down
168. Not have it ran by inmates that work for IA
169. Shut it down
170. That we can at least get 2 hours of dayroom a day and something can be done to get more yard.
171. Try to be better people other then getting on the inmates level and tryna get back at them for the things they do
172. Close it down
173. No bunkbeds and single man rooms
174. Yard and dayroom
175. Work on self...Work on self
176. They need to have more for everybody when they first do get here at Sheridan prison
177. Better food, less time in cell, more communication between staff in certain place and inmate
178. Yard and rec time and getting jobs, more than one person working in mailroom, have AC
179. More time for yard work gym and dayroom
180. Stop letting inmates just tell something and you go to the hole
181. To hire more staff that will help us make our time less harder than it already is.
182. Let everyone attend school.
183. Just loosen up everybody is not against them
184. Retrain all staff, make them take classes on empathy, give everyone the same amount of yard, treat all inmates the same regardless of whether they get good time or not, more transparency, more dayroom, make staff take anger management, hold staff accountable for mistakes, remove staff or replace staff that are incompetent and insensitive, fix the cable, play movies, fix equipment at the yard and gym, give everyone a fair chance to get a job, give everyone a chance to finish school once they start.
185. Better COs that don't work off emotions
186. More staff preparation better people on commissary if you don't ask too many times to porters and staff you never get any answer of things you need as laundry
187. Queremos ir todos los días a la yarda y al guim porque nomas bamos a la yard 1 día a la semana y el resto de la semana estamos encerrados. **[Translated from Spanish: We want to go out every day to the yard and gym because we only go to yard one day a week and the rest of the week we are locked up.]**
188. More dayroom, recreation and programs made available for long term offenders
189. Have a better staffing unit. Treat us all equally. Fix the heat and AC. More access to law library, phones, classes, and healthcare. Take away the cruel medline and have more officers or officers who do their job on each gallery to stop the bullying.
190. More yard time and more phone usage
191. All of us should get the same treatment regardless of where we are placed throughout the facility

192. Shut this place down
193. Air conditioning, more dayroom time, more contracts
194. They need to evaluate how this place is ran.
195. More time out the cell and better treatment from the officers
196. Allowing us to transfer to other prisons with better opportunity after WestCare, allowing more dayroom time, allowing more yard, and giving us our mail everyday of the week, giving us our messages on the tablet more than once a week, and better staff conduct.
197. I don't think this environment can change. Those officers have been here too long doing what they've been doing.
198. Help people become something before they get out. This is a treatment prison, and since I've been here 2 people have died when they got out, and 3 others have been locked back up, because they had nothing when they got out.
199. Figuring out more ways to have more yard and gym time to help with mental health individuals that need it. Somehow have toilets face a different direction when being used so staff don't misinterpret the use of it, and be able to limit the ability to write you up with false accusations.
200. More personal people training cause with the right person at the wrong time I truly believe that a few officers' lives are in Danger...
201. Have someone investigate please
202. To be viewed by your organization. To be investigated by the governor and powerful people who can make a difference.
203. more yard/gym
204. they need improvement everything
205. Humane treatment to staff members to be held accountable for their actions. We request and demand grievance that video footage be reviewed for the facts but the counselors never do they rest everything on one statement "I act professionally at all times"
206. Being out the cell more, going to yard more, need better staff
207. The only way to improve this place is to shut it down completely.
208. To get better staff who can control there emotions
209. This is supposed to be ran like a Therapeutic Community like Southwestern. It's NOTHING like it!!! Southwestern gets 90 for 90 and we get 60 for 90. More school!
210. More dayroom and officers need better training so they can learn how to talk to grown men.

Q15. Please write any other comments or feedback on this survey below.

1. People that are approved for transfer should be able to transfer instead of sit around waiting while others are transferred into this prison

2. for all prison and for all cases regardless of % we should be rewarded good time for good behavior because we are discipline for bad behavior but not rewarded for good?
3. I hope you guys look into the matters here at Sheridan CC
4. don't get yard or out our cells enough
5. close this mf down
6. the **[ILLEGIBLE]** that protects the staff inside of correctional facilities needs to be re-assimilated in a way that gives more transparency in regards to what actually happens on a daily basis inside of IDOC facilities. Mental health made available in this prison, is basically a torture protocol, which is a blatant attempt to make mental health prisoners feel as though they deserve to be punished or treated less than human because of their mental health conditions. long term imprisonment is a waste of human potential, which takes away the opportunity from the prisoner to actually prove if they have been rehabilitated or not, which in itself is a waste of tax payer money over all. I know that I was told to not reveal my name in this survey. But in my mind this type of survey needs a name attached to it, in case certain individuals need to be communicated with who can actually add ideas that will help resolve or create new ways to combat criminal thinking/behavior which will lower the recidivism rates and protect prisoners who are already incarcerated from becoming worse while incarcerated. Due to unmonitored unrestricted torture protocols initiated and carried out by rogue staff members who utilize the cover of working inside of penal institutions as a way to fulfill a slave master mind state legally in this modern day and time. My name is **[REDACTED]**.
7. need more time for yard/day room. more food on our trays. Better commissary and our nurses are way over worked.
8. we are suppose to be in a privilege prison, a program prison. It feels worser than being in a prison like Shawnee. We come out 1 hour a day for dayroom, we only have yard twice a week. What if we can only reach our family during the day on the phone, but we only can come out 1 hour at night.
9. Tell the CO's they don't have to be lazy ass dickheads all the time and actually try to do some work.
10. this prison need to support inmates better with programs. We are in the cell to much like a max prison. Staff treats us poorly. Commissary never have anything we need always out of stock. This prison just need to improve all around. Thank you.
11. this is the worst prison I've been in and unfortunately I've been in most of Illinois prisons
12. I hope this really helps.
13. things here could be better with how they look at most of us if they give us a chance to show whats really on the inside, if we mess up then do what needs to be done but they start backwards and not chance first. Amen.
14. John Howard is paid by the State to "monitor" the state prisons. You are not an "independent" organization. That's why these prisons don't ever improve.
15. thank you for what y'all doing
16. I've been to **[5-10]** IDOC facilities. Every level—I've never been to a facility where I am minimum security, A grade, and None escape risk, and I am locked in my cell an

average of 21 1/2 hours per day and I have 2 yards per week, both on the same day. This is, undoubtedly, the worst facility i have been in...this facility violates DOC rules and our civil rights on a daily basis.

17. this prison is very unfair, the staff here abuse their authority. Internal affairs is included. The food is terrible. It's like our constitutional rights don't matter here they have their own rules.
18. 8 months now they have been saying in the dentist office, the air compressor is broke so they can't fill your teeth and the wait list to fill your teeth is 13 months. I have had **[several]** teeth pulled and need partials or dentures but can't because I can't get my fillings done. so there for I am having trouble eating and basically I am screwed til I go home.
19. to get 90 days for program 90-for-90 like other program institutions
20. this is a program joint but general population gets more than the inmates in the program just help us thank you and god bless sorry about the handwriting **[PERSONAL DETAILS REDACTED]**.
21. Please help us here at Sheridan Correctional Center
22. I would also like to see an improvement in the cable system. They still utilize analog signals and the channel line-up does not represent that of a basic cable package. I would like to see a new provider sought that could upgrade to a digital signal and expand the line-up to include but not limited to such channels as weather Channel, comedy central, paramount, WGN American (News Nation)
23. We went to commissary only once in June. Its been well over 30 days since our last shop.
24. Offer the prison programs to everyone no matter how much time you have
25. I would like to see more activities being offered for individuals who do not get the opportunity to work or go to school, perhaps because their case is at 85% instead of 50%. I'm 85%, but I enrolled myself into college. Not everyone can afford to do that. People also need hope. They need someone they can hear from and talk to about life (not mental health), other than a follow inmate or gang-member.
26. Need senior staff who cares about IIC, not just about safety + security of staff only.
27. Mail room staff, and Internal Affairs/Intel is opening all incoming and outgoing legal and privileged mail, giving the prosecutor, state attorney, and police a heads up/notice on people like me trying to prove their innocences. Anything that will expose the police or help prove my innocences is being destroyed in outgoing mail by the above. I have evidence to prove this from **[PRISON NAMES REDACTED]** and now Sheridan C.C. My name is **[NAME AND ID REDACTED]**. Now you also have received notice in which I've been reached out to you about Emergency Issues, and nothing never happened in which makes me think that John Howard Association works with the facility's. What good is us filling out these forms if nothing can't be done. I'm being hindered from communicating with my attorney, evidence concerning my wrongful conviction is being destroyed threw outgoing clearly marked legal mail/privileged mail due to mailroom staff and Internal Affairs/Intel at **[PRISON NAMES REDACTED]** and Sheridan Correctional Center is working with Police, State Attorney's, and Prosecutor's to keep people that was wrongfully convicted like me locked up. This is bigger than

what people on the outside know, or can even fathom. What's done in the dark always come to the light...Mail is only passed out on Mondays here, emails is delayed 15 to 20 days incoming and outgoing, video visits continue to be canceled cause staff don't want to work and etc!

28. Better improvements on yard, toilet, monkey bars, **[ILLEGIBLE]** swings, **[ILLEGIBLE]** merry go round, swimmin' pool, roller skatin' rink, there used to be a pool here in center of prison bi-cycles, go karts, trainin' dog's, horses, llama's, goats, hogs, gardenin', Gr. Hse's [greenhouses], clean work areas, better attitudes from C/O's, cow pasture we reside in needs levelin' out, pot holes scare me being I'm **[ILLEGIBLE]** & unlevel ground, better showers, better air flow window circulation, bugs, mice, creepy crawlys, roaches & sewer ones as large as your hand! Blk snakes or any types of species, Note: I'm in my **[40+ years]** in maximum
29. Thank you for this survey question form. I am a simple man, achieve for truth. I feel that the classes here are basically for short timers, we have to fight for getting art supplies, req. note book filler paper, type writing paper, we need a typist so we can apply to: executive Clemency (Parole Board won't accept it if not typed). I have lost friends and family thru death I have no way to get it done (if I remember right your office responded, can't do! Even Pritzker College the same, written to many other places (who say they help inmates) they send no reply. I stated I'd pay to have it done. I have been conspired against in 2 ways to be sent to guilt.
30. Sheridan Correctional Center under the Warden need to stop seeking to undermine wardens. **[NAME REDACTED]** and **[NAME REDACTED]** and other good officers that see the mess-up in the system here at Sheridan. Some of a lot of them do not really wanna work nor work here by their job title. Sheridan correctional center official say they can use anything against a inmate to classify a inmate security classification either if he's been convicted for it or not by a court of law. They make their own rules I got document to prove this about Sheridan C.C.
31. And, the dietary food needs improvement, the fruits are great
32. Wonder if this survey will make a difference on how the future of this will become.
Thank you
33. Not only are prisoners unable to submit health care requests on a daily basis but their requests when finally submitted are not triaged "with 24 hours as is the current standard of Care" in these United States of America. By Fed. Constitutional Stds. There are not enough Doctors on staff here to provide the little bit of care, you are finally able to get, if you are LUCKY ONE TO GET CARE PERIOD! The food Service AKA dietary has been under serving prisoners of Adult Ages through-out the Medical lockdowns sense I had been transfered here from Stateville CC Max Joint, go to chow hall hungry and leave there hangry still from lack of time given to eat the little food given here! They need to run the Law Library two shifts each day to allow longer time in law library to due proper case law and other Legal Research, for Court Access Necessary to navigate Civil law suits and for Post Conviction Appeals process. "Need change the property Policy on Property Boxes to allow for Paralegals to have Two Legal Correspondence Boxes too allow the extra room necessary for a greater amount

a legal books and case law files needed to help myself and others also, as I have the [ILLEGIBLE].

34. Would should be out of our cell more, and a chance to work a job
35. I really hope that this survey helps all corr. facility's become more leanent on their inmates as in more dayroom, reckreation, schooling, and rehabilitation programs
36. This prison should be closed
37. Thanks for actually caring and being concerned about what goes on in this prison. This prison is worse than **[PRISON NAMES REDACTED]** and those are disciplinary prisons. We only get 1 hour out our cells and we only get 60 days of good time for every 90 days we serve, when it should be 90 for 90...Please help us out down here please. I have **[NUMBER REDACTED]** kids I need to get home to.
38. Get better IDOC counselors
39. We need more yard
40. More resources to talk to family on the outside
41. This facility needs new leadership, as of right now they have none
42. I have **[DIAGNOSIS REDACTED]** I shouldn't have to write a medical slip to go to the medical office 3 days later after I drop the slip. I can have a heat stroke or my legs and arms can be in pain to the point where I can't walk. Please fix yall problems in this prison starting with your staff!
43. Limited privileges are revoked for minor/petty offenses when already we barely come out the cell and have limited contact with family. I have been severely burnt on pipes here in this building I am being housed in and yet nothing has been done. Conditions are poor. LTs and Majors don't do nothing about anything. I am being released in **[REDACTED]** and I was told that I can't use the phone or send messages/emails to keep in contact with family and figure out my parole plan and find placement, because of my grade level. I was burnt **[REDACTED]** on pipes here in this building **[BUILDING REDACTED]** and I wrote grievances but still nothing was done. I asked multiple times if I can get education or in programs, out my cell to interact socially to help me rehabilitate, exercise my mind and seek help for change before my release but I was denied. It's very hard to get things done. IA (Internal Affairs) bribe inmates for information due to their investigations in exchange for jobs or commissary items such as tvs etc. I have paperwork with responses from counselors and grievance officers. I would like to press this issue and seek help for a civil suit against Sheridan CC for their actions. Please and thank you.
44. What I can say is this prison treats general population like they are dogs as well make it impossible to get jobs omitting commissary, dietary and a porter job in a GP building. Their dietary is full of mice and roaches and they treat anyone on c-grade as if they are in seg as well house c-grade in a building infested with spiders, roaches, and leaded pipes and paint actually even the COs have stated that C8 is a condemned building.
45. I'm glad that finally after all the years of mental and physical abuse that the IDOC allows us inmates to suffer at the hands of the staff is coming to light! Thank you.
46. It's about time someone is asking what we think about the living conditions in this prison!!

47. I've been locked up now for **[NUMBER REDACTED]** years and because I was on parole **[NUMBER REDACTED]** years ago when I caught my case I was told that I am not eligible for EDSC but yet someone who has been down 4 times can get 1 year good time. Out of **[NUMBER REDACTED]** years I've received 2 minor tickets. I'm **[50+]** years old have health issues but yet can't get EDSC. Also, the staff doesn't drink the tap water. COs comment all the time on how harmful this drinking water is they claim it barely meets the standard, also in the mornings you have to let the water run due to chlorine smell and taste in the water.
48. I hope me doing this survey will changes things for the better
49. 75% of staff on drugs here or get drunk on the job on 1st shift. They have liquor in their water bottles on the job.
50. I really hope by doing this survey it will help improve this prison
51. I feel you need to allow people to put their names and number on the survey so you can see their record of behaviors and treatment here at Sheridan CC.
52. If you're in a program trying to better yourself at least give us jobs and 90-for-90 program they are cheating us plus racism is for real down here wow can't believe it in this day and age.
53. I hope this facility burns down but no inmates get hurt. This place should not be in operation.
54. 1) Staff are able to do anything and often do. They'll put their hands on you and charge you with an assault. Verbal disagreements will turn physical initiated by them. 2) there's no real "good time." I'm non-violent got locked up at **[under 25]**. No tickets or trouble min security and this is my second felony. I'm now **[AGE REDACTED]** and am denied for the EDSC saying I'm high risk to recidivate yet all these other guys are on their 6-9 bid, barely gone a year and are getting it. One guy got it and went home from seg. He had a firearm case, and I got **[10+ years]** for **[CONVICTION REDACTED]**. So me being a model inmate means nothing. My "reward" is they're not adding more to my sentence.
55. We fear for our lives here and are scared that the officers are using our good time against us. It's depressing and makes us not want to be here.
56. All in all, this prison picks and chooses on giving recreational time to offenders. People in custody with victimless crimes are denied good time from Springfield more than violent offenders. Their whole system here in this prison is race based.
57. I'm hoping you can help in anyway to improve these sometimes harsh conditions I'm not much of a complainer and prison ain't easy, but the people up top need to do a better job. Mental health really needs to be improved. Instead of isolating a person on a suicide watch they need to keep the person occupied with something to do to take their mind off of killing themselves. The naked room is a very harsh place to be.
58. The adjustment committee does not talk to witnesses. They will not give me a cellhouse move even though I got grievance in on **[multiple staff members]** in this housing unit. They won't let me make copies of grievances to send you or uptown law or Springfield. I fear for my safety, due to staff targeting me.
59. This prison is the most messed up since I've been doing time. "Every department" is rogue. Most of the staff are racist. And the Warden is totally incompetent.

60. Upon coming here I thought I'd be able to obtain skills and take programs, but due to my time I might get to take one in 10 years or so. I came in at **[under 25]** I'm **[AGE REDACTED]** now. I'm in court for new juvenile laws, so I'll probably be getting out in a year or 2, not the **[20+]** I have left. This place only let's guys with short 1-3 year sentences get jobs or take vocational programs; longterm offenders are being denied the opportunity to rehabilitate ourselves. We're secluded from the rest of the prison in a house surrounded by barbed wire fence. We are looked at and treated like maximum security housing unit even though they're not calling it that. They're using covid as a way to just lock us in our cells under the guise of quarantine. They quarantined my whole wing for 2 months without anyone coming into contact with any positive people, so why were we being quarantined/locked in our cells. They just unlawfully confined us! They only gave us 3 showers a week and 3 calls. They only pass out incoming world mail 1 day a week on Mondays here, the other 4 days they do institutional mail. Also, it takes 30-45 days for them to process our e-messages. They have security measures built into our tablets, so it shouldn't take any longer than 24 hours to send or receive a message which is supposed to be faster than regular mail. Here it's not, it takes longer. The mailroom is also opening our "legal mail." My attorney called down here asking about all of the things I've mentioned and they lied to **[them]**. IDOC staff are lazy, corrupt, 85% are unqualified to work in a prison. They're AFSCME union is no different then the mob ran labor unions in the 20s. AFSCME is a criminal organization and if investigated by the federal government or FBI they could/should be tried under the RICO statue, I just come from **[PRISON NAME REDACTED]** and there the staff committed everything from petty thefts to assaults all the way up to rape and murder. They killed **[multiple]** inmates there. They also stole millions of dollars from that prison. They never fixed anything so where did all of the \$ they were allotted each year go? they were given roughly **[number redacted]** to fix the kitchen, but no inmates even eat in the chow hall. They're fed in their cell. DO something about Sheridan and IDOC! Talk to people out there let them know how we're being treated in here. Have any news station or reporter come talk to me. I'll put a spotlight on all of IDOC. **[PERSONAL DETAILS REDACTED]** and I'm going to keep pushing to expose all of their corruption.
61. This joint is a bad experience for anybody who comes down here the joint is run differently from any joint I've ever been in
62. Officers come to work to enforce authority and collect a check. Do they 8 and leave the gate. Very few are actually involved in creating a difference. They only pass out ice if it's over 90 degrees. The commissary is horrible they never have any whites/clothes. All they sell is sweets, chips, cakes and pork.
63. Thank you for taking the time out to print and send these surveys to the prison population. We Need a voice! Thank you for attempting to speak for us. I hope this helps in anyway that it can. Thank you for your time.
64. They don't give you a prison job unless you work for IA or pay someone. They only give us outside mail once a week and we only get 1 hour a day out our cell. It's paying with my mental health.

65. GP guys need more jobs. Right now they only offer kitchen or commissary but nothings else
66. We need help down here in Sheridan CC
67. These COS treat us like S***. The food is bad. We're stuck in our cells all day. They play games with our mail. We Supposed to get 90/90 but we don't. We been getting commissary once a month. We only get 20 minutes on the phone every 3 days, not even that.
68. This prison is 23 hour lockdown this is not good for your mental health.
69. I feel this place is racist and isn't ran right at all!
70. This place is running my support system away we only get messages on Saturday phones twice a week. We only get letter and pictures on Mondays and state mail the whole week. If I had an emergency I couldn't get in contact with my family same day. I will have to wait days on my phone day to tell them what happened. I been here 10 months putting in for a job no help. No tickets no problems with staff. People coming after me get in way before me. It's sad when people on the outside say other prisons getting messages back in forth but here we get all these old messages on Saturdays. They use Covid for everything in this place I mean everything. Only thing that keep me fighting this battle in this place is the good time. Other than that I will be happy with sitting in seg til they get me out of this prison. Sadly this is not my first time in prison but I can truly say this is the first time I feel like racism is being showed. To be continued when I walk out of this place.
71. I am here for recovery so help me with it
72. We are being cheated on our day for day substance abuse contracts. Westcare signed a contract that states we are in treatment form Sunday til Saturday 8am-9pm. However we are only credited 60-65 days EPSC for that contract.
73. Mail is slow and unfair
74. More yard time here in Sheridan
75. This prison has many ways in which they treat us in barbaric living conditions, mental and emotional abuse, and unsanitary and unsafe living conditions where retaliation is SOP.
76. Help me
77. Change needs to happen bad.
78. I feel like there is a lot of things that need changing and this prison is one of the worst I've been to.
79. Help us!
80. Train the COs a lot better, quit hiring kids
81. This is the worst prison I been to. CO disrespectful. Medline is ridiculous.
82. They could upgrade the living conditions, example: it's very hot here and we'll get a half a cup of ice every other day if we're lucky. And we're stuck in our rooms all day except for an hour unless we have group or movement!
83. The COs are most of the time unfair and treat everyone poorly
84. They need face to face meetings with you guys so you'll be able to actually see the reactions and feel the energy from the inmates that way you'll know we are serious and there are a lot of problems in this prison.

85. A minimum security classification does not coincide with the level of security and privileges.
86. They are too lenient on the problem inmates.
87. Also a broader/big selection of commissary and help the guys who have been sentenced under 85% get good time. Also I'm quite sure they want to go home also?
88. Time for a change it was better back in 16-17-18
89. What's the point, you won't even do anything. No way.
90. Prison officials are scared of the Gen Pop guys coming from max prisons, so they get whatever they want, while the drug treatment (program) inmates are treated like shit and live under constant threat of disciplinary good time loss, jobs, etc. Inmates are not being treated equally especially when GP are Max getting treated like minimum and the program (minimum inmates) being treated like max security
91. I like the idea and hope to see more positive change
92. This is a drug treatment facility yet there's no community because of the time locked in the cell and not receiving any yard time 2 hours a week is not enough time out of the cell! Total time per week out of cell 9 hours at Sheridan.
93. I hope this facility at Sheridan get better treatment and better opportunity for us individuals in custody and food/yard treatment
94. This place is a joke and they don't know what they are doing.
95. I'm **[50+]** a small drug case **[PERSONAL DETAILS REDACTED]** and people with worse offenses get the earned credit time **[ILLEGIBLE]** with something serious, a child molester get lesser time, the system need over hauling from court system to prison system, the system is against black and brown people.
96. I went to my mental health to talk about what I am going through and some concerns I had and I got accused of being a homosexual and I am a straight man.
97. We shouldn't be locked down for Covid unless you test positive. We end up on 30-60-90 day quarantines and it becomes mentally draining and stressful.
98. Better food, better commissary
99. This prison needs a new warden and new staff. They are extremely racist. We need to get everything that we have coming. They need to put phone apps on the tablet, lexis nexis, sports betting, social media, video visits, videos, pictures. We need better medical staff, better mental health staff, mental health programs, more time out the cell, more school classes, better cleaning supplies, they need to pass out mail Monday through Sunday like society and they need to give us our emails everyday when our family/friends send them. We also need clothes, shoes and more food in commissary and we need to shop more frequently. We currently only shop once a month if that.
100. The inmate commissary here at Sheridan is very very poor. My big problem is how can my unit go to the store and not get certain items bought by the unit before us, and the one after us, and this is an ongoing situation all of the time here at Sheridan.
101. On **[DATE REDACTED]** someone was moved in my cell and this person was moved into my cell and was clearly agitated and we got ready to fight but I didn't want to fight because I was getting a work contract and a westcare contract and went to the CO told him everything and the LT moved me and the CO wrote me a ticket. I didn't do anything wrong, got C grade for minor ticket lost both contract and I never threw one

- punch I was treated unfairly and punished for following the no fight rule. This needs to change ASAP. This policy harms people.
102. I would like to thank John Howard Association for all their help with prison inmates
 103. The staff drink and do drugs on first shift while at work water bottles full of liquor smoke weed out of vape pens also while at work
 104. It's just fucked up you get in here you lose everything your life everything it's just the way it is.
 105. Please help us + God Bless
 106. Otherwise good job
 107. Every prison should have a committee of incarcerated people to address issues and/or concerns to the administration. We live here, they work here so it should be some type of compromise. The prison budget and how they spend it should be more visible.
 108. Some people don't have that much time but they have drug problems and they won't let them get in the drug program and they need to give people with Blue IDs the chance to work like everybody else it's not fair that they don't get the chance to work in certain places or the same place as everybody else. and they are supposed to give whites out every 6 months. It's been a whole year since I've got any whites and I really need some. They don't even have any underwear or socks or t-shirts on commissary and when you tell them that they still don't care I only have one pair of boxers and 2 pair of socks and I've been rotating these for 6 months. It's crazy. Because I've been asking for new ones and they keep telling me I have to buy them but commissary don't have any and they won't let you get all of your pictures from your family. It's sad it shouldn't matter what's in the pictures unless it's guns or drugs or gangbanging but pictures is how people get by and they only pass out mail from the outside on Mondays they hold our mail for a whole week before they pass it out and they only have certain channels on the TV they don't have Comedy Central, BET, VH1, MTV, MTV2, but other prisons have all those channels. Oh and they won't let you transfer if you want.
 109. I hope my answers help out.
 110. Getting a work or school assignment is a lengthy ordeal here (if one gets one at all). If not in work or school, the majority of time is spend in cell.
 111. You're asking all the right questions. I hope there is something being done about it. Thank you.
 112. If I marked neutral it's either because it don't affect me or it varies from officer to officer. In all my years I've never seen a survey like this so I am grateful to you! Even though I doubt you will receive this.
 113. When the parade shooting happened everyone in Sheridan cheered because they said it'll make it harder for good people to get guns to protect themselves which will decrease the chance that the person they are robbing will have a gun too. These are the gang members IDOC is helping get out early so they can commit these crimes.
 114. The drug program participants have access to all the jobs and general population inmates can only work as porters, kitchen workers, or commissary. All the other jobs such as industry, maintenance, grounds, warehouse and everything else are only for drug program participants. That is not right at all.

115. The mail process bothers me a lot about this place. For the longest we've only been receiving outside mail only on Mondays. Also we only been receiving our GTL messages on Saturdays. We don't get wifi reception from our cells to utilize our tablet subscriptions which are somewhat expensive. We have less TV channels than all the other IDOC facilities.
116. N/A
117. We barely can talk to family they only give messages on Saturday mail never gets to you on time I can only talk to most family thru GTL messages. Please try to help.
118. Just to be clear! I been here since **[DATE REDACTED, Late 2020]** not including when the whole prison is on lockdown! The people not in the drug program been getting 5-6 yards a week. The people in the drug program are only getting 1 day yard and 1 night yard a week. But 50% of the time they are canceling. On the outside I walk 5-6 miles a day sometimes more now I can't walk .5 half mile without catching my breath stopping few times I have been locked up between county and prison **[DATE REDACTED, a few years]** and gained over 100lbs because no exercise and it is going to take years of diet and exercise to maybe get my health back.
119. They also stole our weekends from us as far as Westcare program. We are engaged 24-7 in our community. But we only get credited 5 days out of 7. It never used to be this way...
120. Sell better fans for summer, give ice on days it's 80 degrees and up not 95 degrees and up; more yard; let people get into school who don't have less than a year to do (meaning here if your outdate is farther than a year away you are not allowed in school)
121. In the year that I've been here I've spent 80% of my time locked down 23 hours a day and I'm a medium/minimum classification. It has been times where we have been denied showers and phones for days because they were "short-staffed" this prison needs better administration focused on prisoner rehabilitation and not punishment and confinement.
122. Somebody need to come check this place out for they self jail is jail but this place is bogus for real we not getting what we got coming
123. This prison is nasty they only let us clean our cell once a week more times never
124. People should get paid for equal work not from their disability of IQ or say if they missing a hand or leg they all should get equal pay that's why it's called a disability
125. This facility is constantly understaffed and the officers are either very nice or very rude overall it's a very stressful environment to be a minimal level offender but live in a maximum security environment and once here it's near impossible to transfer out.
126. I think you guys should come down here in talk to us on the C-grade deck C-8 house
127. We get less time out than a supermax does. Our DOC counselors are worthless
128. Single man rooms, no bunkbeds and let people pick their celly. No mixture of races forced to live together in a cell and AC in the summer time.
129. We are supposed to get a minimum of 5 hours of yard and gym, we get 1 maybe 2, these buildings are poorly constructed, and we are unfairly put on lockdown
130. Thank you for your interest

131. We should all be able to have 2 mat to sleep on here at sheridan prison and we should be able to get into school faster at Sheridan.
132. Hopefully this does [not] fall on deaf ear and ok survey
133. We only come out for one hour a day that's not fair. I'm min see. We have one yard a week this place sucks only good thing is good time
134. How they expect us to change, when we get treated the same!
135. This prison does whatever they want, however they want, whenever they want. COs get away with anything and everything, general population gets treated better than inmates in the drug program because staff loves to hold good time over our head and uses it as leverage to treat us worse and to give us less than general population. we only get 55 min of dayroom every night, sometimes even less time, not enough time for everyone to shower or use the phone which causes animosity, fights, tension, and a dangerous environment.
136. Need to check more of porters holding the phones for their friends I been in different house units and it's the same thing everywhere I go so please check on that more close we need to go out of our cells more 1 hour its not enough
137. Que nos ayuden a que tengamos un poco más de Libertad fuera de la celdar
[Translated from Spanish: That they help us have a bit more time outside of the cell]
138. They are not taking mental health serious! Our communication with family and supporters on the outside is being intentionally interrupted by staff in the hopes of deterring our family
139. I have had bogus tickets put in my record and I can't do anything about it. The staff and their bosses lie a lot about everything.
140. N/A
141. Depending on your location in the facility/general population or (other) you're not going to be able to go to yard or be able to shop at commissary for the things you need such as soaps/noodles etc. etc. Everytime we shop they don't have the things we need to get by, and instead of restocking the store they shop us and restock before they shop general population. Also general populations go to yard at least 5 times a week, and the rest of us on[ly] go maybe twice. They also took our jobs in the kitchen after we signed a contract for (90) working days and gave our jobs to general population before the contract was even complete.
142. We're suppose to be here to get ready to go back into the world, yet we're treated as criminals locked in cages.
143. I came here for recovery but all I got was severe punishment The condition here at Sheridan are horrible, I've never been in anyplace where it was so hard to stay in touch with my family. The lockdown conditions and the way we are treated are cruel and unusual. They only time they attempt to hear our concerns is when important people come around then they become concerned but still nothing happens.
144. Surprise visits from authority figures are recommended. Don't give them a chance to cook chicken and act like everything is okay.
145. Illinois prisons are not going to help anyone better themselves because they don't give a fuck about nothing but their pay check. That's all.

146. Besides night yard during the summer, we only get a chance to go to yard 1 time a week, and if you're in program you're more than likely gonna miss the chance to go. If you have a job you don't have a chance to go to yard because you only have it once a week.
147. I want to do my time and come home a better person than I came in but most of the time I feel like I might not make it home cause I need to protect myself or the fact that I have a mental illness I feel like I might need to kill an officer to teach them how to respect people that have issues like me...The officers here need to open up their eyes cause sometimes by their action it's a good chance that they might not make it home...
148. They recently just took all inmates extra mats but they let the whites boy in **[LOCATION REDACTED]** keep the extra mats
149. This prison needs to be shut down I am constantly in pain and I suffer from being here. The staff can be very rude and racist. They love to take people good time away and they staff to give it to you. The food can lack nutrients and hard to see doctors.
150. thanks for asking these questions
151. The mail system here is ridiculous Mondays and Fridays they pass out outside correspondence between those days they issue state mail they send mail back without allowing you to grieve the situation there is no real Publication Review Board I sent out mail with a correct address and pseudonym and it was sent back saying correct intended addressee as if they knew them personally e-messaging takes weeks instead of days. There is no Sunday dayroom on 2nd shift with no valid reason, on other days on the same shift we only get a hour out that hour is suppose to account for 50 people trying to use the phone which they only have 8 and showering all in a hour. and thats not even the kicker they make medline which is outside the cellhouse mandatory so if youre using the phone you must get off whether youre finished or not and go no matter inclement weather and all it has been many times it was pouring down raining and freezing cold and our health and humanity never matter. We don't go we get a disciplinary ticket. How they run ADA accommodations takes 6 mos to a year to replace items hearing aid headphones, watch etc. ADA staff will ask you constantly if anything wrong with your ADA equipment and never correct it they do not follow the criteria set by IDOC and this facility assignment eligibility. I.A. caters to snitches to keep them telling so they get the jobs and being in **[HOUSING UNIT REDACTED]** they do not here allow many opportunities because the program unit hold a large majority of them. We can only work cellhouse, commissary and kitchen. There's no due process to the grievances if I say review camera footage to prove my claim they won't the camera is only used to substantiate claims against prisoners never staff the counselors always give favor to staff. everyone here is related theres nepotism to its highest degree. we are being literally starved in dietary we do not get 2,000 calories we're served Boiled eggs thats ice cold and small portions of food and commissary Dept always favor the program unit with new items by not putting them on the shelf when we go. There is a negative disposition held by staff towards **[HOUSING UNIT REDACTED]** constantly mail is never passed out promptly as the rule book states.
152. The jail is ok to be at, only thing is we need more time out the cell. We are only out a hour a day. That's not ok. We really havent been going to yard. The food is nasty

some of the staff is rude. They take people good time for no reason. They need to get rid of the naked room.

153. The teachers and staff are racist. The water taste like urine mixed with chlorine. Mold in all buildings and food. Mental and physical abuse are run rampant. Kitchen supervisor **[NAME REDACTED]** purposely serves moldy fruit and food and doesn't care. **[NAME REDACTED]** calls us animals and says we deserve mold. No CO's or staff wear masks. They laugh when we get lockdowned due to COVID infections. The WestCare program here is non-existent. The counselors tell us just to go through the motions and get through so you can go home. There is zero rehabilitation here. CO's here (female and male) have been accused of having intimate relations with inmates. A couple have been fired for this since I been here. I'm shocked this place is still open. I will do everything in my power to get this place shut down when I'm released.
154. Even though this is a medium security prison why do we only get 1 hour out of our cell
155. Thank you for caring and trying to help.

OTHER MARGINALIA COMMENTS

Q2. Race or ethnicity (White, Black, Hispanic or Latino, or Other)

1. [Other] AA
2. [Other] American

Q5. What housing status are you currently on? (General Population, Restrictive Housing, or Other)

1. [General Population and Other] C-grade
2. [Other] WestCare Program
3. [Other] Westcare program
4. [Other] WestCare program
5. [Other] Drug Treatment
6. [Other] Westcare
7. [Other] Program
8. [Other] Westcare drug treatment

Q6. Are you currently getting at least two hours a day out of your cell or sleeping area? (Yes or No)

1. [No] Some days
2. [Yes] only for school and dayroom
3. [No] Only get 1 Hour Day Room to use phone plus shower for over 30 people and only 4 phones 2 showers

4. [Other] Don't know what to call it, always on lockdown
5. [No] 1 hr rec per day except Sunday
6. [No] We only get 1 hour out of cell at night for dayroom shower use phone etc.
7. [Yes] only because of school/work
8. [No] (Besides for group and chow) Building C23 only comes out 1 hour a day Mon-Sat
9. [No] unless you count lunch and Dinner
10. [Yes] Only for group B walk to chow

Q7. Do you have a work or school assignment? (Work, School, Both, Neither)

1. [Neither] Corspond Course right now to Busi w/Law
2. [Blank] Program
3. [School] Drug treatment

Q8. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

Relationships between staff and incarcerated people are good.

1. [D] Some

Staff here treat incarcerated people fairly when applying the rules.

1. [SD] They do what they want

I get along well with the officers on my unit.

1. [A] some
2. [SD] only one
3. [SD] Racist

Q9. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

Positive things only happen for a certain type of people.

1. [SA] white

I can't improve my situation through good behavior.

1. [SA] I'm 85%

This prison is controlled by incarcerated people rather than staff.

1. [A] some what

The disciplinary system is fair.

1. [SD] Fuck no!!

There are a few incarcerated people who run things on this unit.

1. [N] Snitches

Q10. Mark response that best describes how you feel (Strongly Agree = SA, Agree = A, Neutral = N, Disagree = D, Strongly Disagree = SD)

Mental health treatment is available.

1. [D] with a price you got to go on watch

This prison is better now than it was last year.

1. [N] Wasn't here

Every effort is made by this prison to help people stop committing offenses on release from custody.

1. [SA] I guess if your in the Drug pg
2. [A] some what

I am satisfied with food from dietary.

1. [SD] I had a real roach in my food

I have the opportunity to go to yard at least twice a week

1. [SD] Some house's get 5x a week others only get once a week
2. [D] Security reasons they say

Q11. Overall, on a scale of 1 to 10, mark the box this prison deserves in terms of quality of life/general treatment of the people incarcerated here.

1. [1] They say we just a pay check
2. [Drew new box, labeled -100] Quality of life similar to North Korean hard labor camp.

Miscellaneous Comments

1. P.S. I want to believe that something could be done but I'm not counting on it—thanks and my name is **[NAME AND ID REDACTED]**
2. This is the drug program part



This report was written by JHA staff. Media inquiries should be directed to JHA's Executive Director Jennifer Vollen-Katz at (312) 291-9555 x205 or jvollen@thejha.org

Incarcerated individuals can send privileged mail to report concerns and issues to the John Howard Association, P.O. Box 10042, Chicago, IL 60610-0042. JHA staff are reading every letter and tracking this information to monitor what is occurring behind prison walls and to advocate for humane policies and practices. Family and friends can contact JHA via our website www.thejha.org or by leaving us a voicemail at (312) 291-9183.

Since 1901, JHA has provided public oversight of Illinois' juvenile and adult correctional facilities. Every year, JHA staff and trained volunteers inspect prisons, jails, and detention centers throughout the state. Based on these inspections, JHA regularly issues reports that are instrumental in improving prison conditions. JHA humbly thanks everyone who agreed to be interviewed for this report and who graciously shared their experiences and insights with us.

